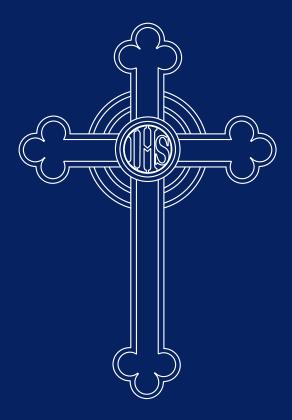
# The Order of the Holy Sacrifice of the Mass



Including The Order for Evening Prayer and The Order for the Benediction of the Blessed Sacrament





## Welcome

This booklet contains the unchanging parts of the Mass as it is practised at St Barnabas. The text is drawn from the Book of Common Prayer (1962), the Book of Alternative Services and other texts of traditional Catholic worship. The accompanying handout, the bulletin, contains the readings, prayers, hymn references and musical passages that change throughout the liturgical year.

St Barnabas is an Anglo-Catholic church, or an Anglican church in the Catholic tradition, popularly known as "high church." Here at St Barnabas, we believe that our worship engages us in the fullness of who we are as human beings, by means of ritual processions, bows, signs of the cross, singing and incense. We invite you to take part as fully as you wish; this booklet is intended to help you follow the flow of the liturgy and to provide guidance on what to do and when. At the back of the booklet beginning on page 41 you will find additional background on our traditions and a glossary of terms you may not have heard before.

Selections from the Book of Common Prayer and Book of Alternative Services are Copyright © 2004 by the General Synod of the Anglican Church of Canada. All rights reserved. Reproduced under license from ABC Publishing, Anglican Book Centre, a ministry of the General Synod of the Anglican Church of Canada, from Anglican Liturgical Library. Further copying is prohibited.

## Contents

The Holy Sacrifice of the Mass	1
The Order for Evening Prayer	25
The Order for the Benediction of the Blessed Sacrament	35
An Introduction to the Mass	41
Glossary	44
List of Illustrations	46
Acknowledgements	46

Our Church stands on the unceded traditional territory of the Anishinabe Algonquin Nation.

# The Holy Sacrifice of the Mass

An organ prelude may be played.

# The Gathering of the Community

When the bell sounds, please stand for the entrance of the sacred ministers.

#### OPENING HYMN/MUSIC

When there is no procession, an opening hymn, the <u>Asperges Me</u>, or the <u>Vidi Aquam</u> during Eastertide, will begin the Mass. The sprinkling of holy water reminds us that through the waters of baptism we are made members of Christ's Holy Catholic Church.

Underlined terms are defined in a glossary at the end of this booklet on page 44.

The full texts of the Asperges Me and Vidi Aquam can be found in this booklet on page 22.

#### INTROIT PROPER

Consult the bulletin.

During the singing of the <u>Introit</u>, the Altar and the celebrant will be censed, as part of the preparation for the offering of the Mass.

### Outside of Eastertide:

The symbol of the Cross (\*) indicates that you may make the sign of the cross.

The grace ★ of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Ghost, be with you all.

And with thy spirit.

During Eastertide (Easter through Pentecost):

Responses to be said aloud are indicated in bold. Alleluia! Christ is risen.

The Lord is risen indeed. Alleluia! May his grace and peace be with you.

May he fill our hearts with joy.

ALMIGHTY God, unto whom all hearts be open, all desires known, and from whom no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of thy Holy Spirit, that we may perfectly love thee, and worthily magnify thy holy Name; through Christ our Lord. **Amen.** 

#### KYRIE

Kyrie eleison Christe eleison Kyrie eleison Lord, have mercy upon us Christ, have mercy upon us Lord, have mercy upon us

#### GLORIA

(Omitted during Advent and Lent)

GLORY be to God on high,

and in earth peace, good will towards men. We praise thee, we bless thee, [bow] we worship thee, we glorify thee, we give thanks to thee for thy great glory, O Lord God, heavenly King, God the Father Almighty. O Lord, the only-begotten Son, [bow] Jesu Christ; O Lord God, Lamb of God, Son of the Father, that takest away the sin of the world, have mercy upon us. Thou that takest away the sin of the world, receive our prayer. Thou that sittest at the right hand of God the Father, have mercy upon us. For thou only art holy; thou only art the Lord; thou only, O Christ, with the Holy Ghost, \*\* art most high in the glory of God the Father. Amen.

COLLECT

The Lord be with you. **And with thy spirit.** Let us pray.

Please kneel.

Consult the bulletin for the text of the day's Collect.

The Collect establishes the theme of the day's Mass.

## The Liturgy of the Word

#### FIRST READING

Consult the bulletin.

Please be seated.

At the conclusion of the first reading:

The Word of the Lord. Thanks be to God.

PSALM

Consult the bulletin.
Please remain seated.

SECOND READING

Consult the bulletin.

At the conclusion of the second reading:

The Word of the Lord. Thanks be to God.

GRADUAL HYMN

Consult the bulletin or the hymn boards.

Please stand.

#### GRADUAL PROPER

Consult the bulletin.

During the Gradual Proper the Gospel Procession takes place.

The Gospel is proclaimed among the people as a reminder that we are sent into the world to live out the message of the Gospel.

It is customary to turn towards the Gospel book, which is censed as a sign of the sacred nature of the Word of God.

#### GOSPEL

The Lord be with you.

And with thy spirit.

<b>★</b> T	he Holy Gospel is written in the	chapter
of tl	he Gospel of our Lord Jesus Christ	according to
St_	, beginning at thev	verse.

Glory be to thee, O Lord.

At the conclusion of the Gospel:

The Gospel of Christ.

Praise be to thee, O Christ.

You may make a sign of the cross on your forehead, lips and heart – a prayer asking that the Gospel of Christ may be in our minds, on our lips and in our hearts.

#### SERMON

#### Please he seated.

#### NICENE CREED

Please stand.

I BELIEVE in one God,

the Father Almighty, Maker of heaven and earth, And of all things visible and invisible:

And in one Lord Jesus Christ, the only-begotten Son of God, Begotten of the Father before all worlds; God, of God; Light, of Light; Very God, of very God; Begotten, not made; Being of one substance with the Father; Through whom all things were made: Who for us men and for our salvation came down from heaven, And was incarnate by the Holy Ghost of the Virgin Mary, And was made man, And was crucified also for us under Pontius Pilate. He suffered and was buried, And the third day he rose again according to the Scriptures, And ascended into heaven, And sitteth on the right hand of the Father. And he shall come again with glory to judge both the quick and the dead: Whose kingdom shall have no end.

customary to kneel throughout the phrase "And was incarnate by the Holy Ghost of the Virgin Mary, And was made man" in thanksgiving for the

Incarnation.

It is

And I believe in the Holy Ghost, The Lord, The Giver of Life, Who proceedeth from the Father and the Son, Who with the Father and the Son together is [bow]

worshipped and glorified, Who spake by the Prophets.

And I believe One, Holy, Catholic, and Apostolic Church. I acknowledge one Baptism for the remission of sins. And ★ I look for the Resurrection of the dead, And the Life of the world to come. Amen.

PRAYERS OF THE PEOPLE

Please kneel or sit.

A Deacon or lay member of the community may lead the Prayers of the People. Unless otherwise instructed, the following will be the common response:

Lord, in thy mercy, **Hear our prayer.** 

Prayers for the faithful departed may conclude as follows:

Rest eternal grant unto them, O Lord, And let light perpetual shine upon them.

#### CONFESSION AND ABSOLUTION

YE that do truly and earnestly repent you of your sins, and are in love and charity with your neighbours, and intend to lead the new life, following the commandments of God, and walking from henceforth in his holy ways: draw near with faith, and take this holy Sacrament to your comfort; and make your humble confession to Almighty God, meekly kneeling upon your knees.

ALMIGHTY God, Father of our Lord Jesus Christ, Maker of all things, Judge of all people: we acknowledge and confess our manifold sins and wickedness, which we from time to time most grievously have committed, by thought, word, and deed, against thy Divine Majesty. We do earnestly repent, and are heartily sorry for these our misdoings. Have mercy upon us, most merciful Father; for thy Son our Lord Jesus Christ's sake, forgive us all that is past; and grant that we may ever hereafter serve and please thee in newness of life, to the honour and glory of thy Name; through Jesus Christ our Lord. Amen.

ALMIGHTY God, our heavenly Father, who of his great mercy hath promised forgiveness of sins to all them that with hearty repentance and true faith turn unto him: Have mercy upon you; ▶ pardon and deliver you from all your sins; confirm and strengthen you in all goodness; and bring you to everlasting life; through Jesus Christ our Lord. Amen.

#### THE PEACE

Please stand.

The peace of the Lord be always with you. **And with thy spirit.** 

The members of the community may briefly greet one another in the name of the Lord, as an outward sign of our unity in Christ.

During the Offertory, representatives of the people present the gifts to the Celebrant before the Altar.

The Altar, gifts, sacred ministers, servers and the congregation are censed by the <u>thurifer</u> as a sign that we are offering ourselves through the Mass, to our heavenly Father, in thanksgiving for the gift of Jesus' life, death and resurrection.

#### OFFERTORY MOTET

An Offertory motet may be sung; consult the bulletin.

Please he seated.

OFFERTORY PROPER

Consult the bulletin.

#### OFFERTORY HYMN

Consult the bulletin or the hymn boards.

Please stand.

#### PRAYER OVER THE GIFTS

Consult the bulletin.

#### MASS INTENTIONS OF THE DAY

The Celebrant will announce the Mass intentions for the day, concluding:



Pray, brothers and sisters, that this, our sacrifice, will be acceptable unto God the Father Almighty.

May the Lord receive this sacrifice at your hands, to the praise and glory of His Name, both to our benefit and to that of all His Holy Church.

## Canon of the Mass

THE Lord be with you;
And with thy spirit.
Lift up your hearts;
We lift them up unto the Lord.
Let us give thanks unto our Lord God;
It is meet and right so to do.

IT is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, Holy Father, Almighty, Everlasting God, Creator and Preserver of all things.

Consult the bulletin for any proper preface that might be appointed for the day.

THEREFORE with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee and saying:

#### SANCTUS AND BENEDICTUS

#### Please kneel.

HOLY, Holy, Holy, Lord God of hosts, Heaven and earth are full of thy glory. Glory be to thee, O Lord Most High. BLESSED ★ is he that cometh in the Name of the Lord: Hosanna in the highest.

BLESSING and glory and thanksgiving be unto thee Almighty God, our heavenly Father, who of thy tender mercy didst give thine only Son Jesus Christ to take our nature upon him, and to suffer death upon the Cross for our redemption; who made there, by his one oblation of himself once offered, a full, perfect, and sufficient sacrifice, oblation, and satisfaction, for the sins of the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memorial of that his precious death, until his coming again.

As the Body of Christ and the chalice containing the Blood of Christ are lifted up, you may make the sign of the cross and say in your heart, "My Lord and My God!" Hear us, O merciful Father, we most humbly beseech thee; and grant that we receiving these thy creatures of bread and wine, according to thy Son our Saviour Jesus Christ's holy institution, in remembrance of his death and passion, may be partakers of his most blessed Body and Blood; who, in the same night that he was betrayed, took Bread; and, when he had given thanks, he brake it; and gave it to his disciples, saying, "Take, eat; this is my Body which is given for you: Do this in remembrance of me." ★ Likewise after supper he took the Cup; and, when he had given thanks, he gave it to them, saying,

"Drink ye all, of this; for this is my Blood of the new Covenant, which is shed for you and for many for the remission of sins: Do this, as oft as ye shall drink it, in remembrance of me."

Wherefore, O Father, Lord of heaven and earth, we thy humble servants, with all thy holy Church, remembering the precious death of thy beloved Son, his mighty resurrection, and glorious ascension, and looking for his coming again in glory, do make before thee, in this sacrament of the holy Bread of eternal life and the Cup of everlasting salvation, the memorial which he hath commanded.

And we entirely desire thy fatherly goodness mercifully to accept this our sacrifice of praise and thanksgiving, most humbly beseeching thee to grant, that by the merits and death of thy Son Jesus Christ, and through faith in his blood, we and all thy whole Church may obtain remission of our sins, and all other benefits of his passion; and we pray that by the power of thy Holy Spirit, all we who are partakers of this holy Communion may be fulfilled with thy grace and heavenly benediction; through Jesus Christ our Lord, by whom and with whom, in the unity of the Holy Spirit, all honour and glory be unto thee, O Father Almighty, world without end. Amen.

#### THE LORD'S PRAYER

And now, as our Saviour Christ hath commanded and taught us, we are bold to pray:

Our Father who art in heaven,
Hallowed be thy Name,
Thy kingdom come,
Thy will be done,
On earth as it is in heaven.
Give us this day our daily bread;
And forgive us our trespasses,
As we forgive them that trespass against us;
And lead us not into temptation,
But deliver us from evil.
For thine is the kingdom,
The power, and the glory,
For ever and ever. Amen.

The Celebrant may choose to say a private prayer at this point, at the end of which may said or sung aloud:

World without end.

#### PRAYER OF HUMBLE ACCESS

We do not presume to come to this thy Table, O merciful Lord, Trusting in our own righteousness, But in thy manifold and great mercies. We are not worthy So much as to gather up the crumbs under thy Table. But thou art the same Lord, Whose property is always to have mercy: Grant us therefore, gracious Lord, So to eat the flesh of thy dear Son Jesus Christ, And to drink his Blood, That our sinful bodies may be made clean by his Body, And our souls washed through his most precious Blood, And that we may evermore dwell in him, And he in us. Amen.

#### AGNUS DEI

O LAMB of God, that takest away the sin of the world, have mercy upon us.

O Lamb of God, that takest away the sin of the world, have mercy upon us.

O Lamb of God, that takest away the sin of the world, grant us thy peace.

#### INVITATION TO COMMUNION

Behold the Lamb of God ...

Lord, I am not worthy that Thou shouldest come under my roof, but speak the word only and my soul shall be healed.

Please he seated.

All baptized Christians are welcome to receive the Holy Eucharist, in either one or both kinds.

When the bell sounds, at the direction of the sidespeople,

please come forward to the Altar rail. At the conclusion of the communion, silence is kept.

#### COMMUNION PROPER

Consult the bulletin.

#### MUSIC AT COMMUNION

A motet or hymn may be sung; consult the bulletin.

#### MUSIC AT ABLUTIONS

A motet may be sung; consult the bulletin.

#### PRAYER AFTER COMMUNION

Consult the bulletin.

The Lord be with you; And with thy spirit. Let us pray.

Then may follow one of the following:

Glory to God,

Whose power, working in us, can do infinitely more than we can ask or imagine. Glory to God from generation to generation, in the Church and in Christ Jesus, for ever and ever. Amen. Or:

### ALMIGHTY and everliving God,

We most heartily thank thee that thou dost graciously feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Saviour Jesus Christ; assuring us thereby of thy favour and goodness towards us; and that we are living members of his mystical Body, which is the blessed company of all faithful people; and are also heirs through hope of thy everlasting kingdom.

And here we offer and present unto thee, O Lord, ourselves, our souls and bodies, to be a reasonable, holy, and living sacrifice unto thee. And although we are unworthy, yet we beseech thee to accept this our bounden duty and service, not weighing our merits, but pardoning our offences; through Jesus Christ our Lord, to whom, with thee and the Holy Ghost, be all honour and glory, world without end. Amen.

#### BLESSING

THE peace of God, which passeth all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord: And the blessing of God Almighty, ★ the Father, the Son, and the Holy Ghost, be amongst you and remain with you always. Amen.

#### DISMISSAL

The Lord be with you. **And with thy spirit.** 

Outside of Eastertide:

Let us depart in peace. Thanks be to God.

During Eastertide (Easter through Pentecost):

Let us depart in peace. Alleluia.

Thanks be to God. Alleluia.

POST-COMMUNION HYMN

Consult the bulletin or the hymn boards.

Please stand.

#### ANNOUNCEMENTS

Please be seated.

The Celebrant will share any announcements for the week.

#### ANGELUS OR REGINA CAELI

Please stand.

### Outside of Eastertide:

#### ANGELUS

The Angel of the Lord brought tidings unto Mary; And she conceived by the Holy Ghost.

Hail, Mary, full of grace: the Lord is with thee; Blessèd art thou amongst women, and blessèd is the fruit of thy womb, Jesus.

Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death.

Behold the handmaid of the Lord; Be it unto me according to thy word.

Hail, Mary ...

Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death.

And the Word was made flesh. **And dwelt among us.** 

Hail, Mary ...

Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death.

Pray for us, O holy Mother of God; That we may be made worthy of the promises of Christ. It is customary to genuflect (kneel briefly) in honour of the Incarnation. We beseech thee, O Lord, pour Thy grace into our hearts; that as we have known the Incarnation of Thy Son Jesus Christ by the message of an angel, so by His ♣ Cross and Passion we may be brought unto the glory of His Resurrection; through the same Jesus Christ our Lord. Amen.



The Lord be with you; And with thy spirit.

Let us bless the Lord; Thanks be to God.

May the Divine assistance remain with us always and may the souls ★ of the faithful departed, through the mercy of God, rest in peace. **Amen.** 

During Eastertide (Easter through Pentecost):

REGINA CAELI

Joy to thee, O Queen of heaven, alleluia! He, whom thou wast meet to bear, alleluia! As He promised, hath arisen, alleluia! Pour for us to Him thy prayer, alleluia!

Rejoice and be glad, O Virgin Mary, alleluia! For the Lord hath risen indeed, alleluia!

O God, who by the resurrection of thy Son, our Lord Jesus Christ, hath vouchsafed to give joy to the whole world: Grant, we beseech thee, that with the help of his mother, the Virgin Mary, we may obtain the joys of everlasting life; through the same Christ our Lord. **Amen.** 

The Lord be with you; **And with thy spirit.** 

Let us bless the Lord; Thanks be to God.

May the Divine assistance remain with us always and may the souls ★ of the faithful departed, through the mercy of God, rest in peace. Amen.

An organ postlude may be played. Consult the bulletin.

## Asperges Me

For both the
Asperges Me
and Vidi
Aquam
you are
encouraged
to kneel and
make the
sign of the
cross when
sprinkled
with holy
water by the
Celebrant..

Thou shalt purge me, O Lord, with hyssop, and I shall be clean:

thou shalt wash me, and I shall be whiter than snow. Have mercy upon me, O God: after thy great goodness. Glory be to the Father, and to the Son, and to the Holy Ghost:

As it was in the beginning, is now, and ever shall be: world without end. Amen.

Thou shalt purge me, O Lord, with hyssop, and I shall be clean:

thou shalt wash me, and I shall be whiter than snow.

## Vidi Aquam

I beheld water which proceeded from the temple on the right side thereof, alleluia:

and all they to whom that water came out were healed everyone, and they say: alleluia, alleluia.

O give thanks unto the Lord for he is gracious; Because

his mercy endureth forever.

Glory be to the Father, and to the Son, and to the Holy Ghost.

As it was in the beginning, is now, and ever shall be; world without end. Amen.

I beheld water...

Following either the Asperges Me or the Vidi Aquam:

Outside of Eastertide:

O Lord, show thy mercy upon us. **And grant us thy salvation.** 

During Eastertide (Easter through Pentecost):

O Lord, show thy mercy upon us. Alleluia. **And grant us thy salvation. Alleluia.** 

Then follows:

O Lord, hear my prayer.

And let my cry come unto thee.

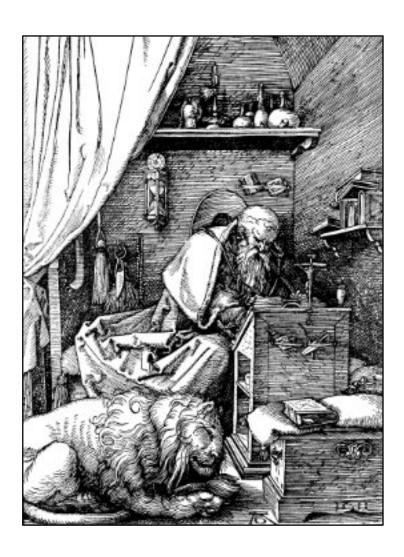
The Lord be with you.

And with thy spirit.

Let us pray.

Graciously hear us, O Lord, holy Father Almighty, everlasting God: and vouchsafe to send thy holy Angel

from heaven; to guard and cherish, to protect and visit, and to defend all who dwell in thy holy habitation. Though Christ our Lord. **Amen.** 



# The Order for Evening Prayer

An organ prelude may be played. Consult the bulletin.

When the bell sounds, please stand for the entrance of the sacred ministers.

#### OPENING SENTENCES

The Celebrant may read aloud one or more Sentences of the Scriptures.

During Advent and Lent, the Minister, turning to the people, shall say the Exhortation.

#### EXHORTATION

DEARLY beloved brethren, the Scripture moveth us in sundry places to acknowledge and confess our manifold sins and wickedness; and that we should not dissemble nor cloke them before the face of Almighty God our heavenly Father; but confess them with an humble, lowly, penitent, and obedient heart; to the end that we may obtain forgiveness of the same, by his infinite goodness and mercy.

And although we ought at all times humbly to acknowledge our sins before God; yet ought we most

chiefly so to do, when we assemble and meet together to render thanks for the great benefits that we have received at his hands, to set forth his most worthy praise, to hear his most holy Word, and to ask those things which are requisite and necessary, as well for the body as the soul.

Wherefore I pray and beseech you, as many as are here present, to accompany me with a pure heart and humble voice unto the throne of the heavenly grace.

A general Confession to be said of the whole Congregation with the Celebrant, all kneeling.

#### CONFESSION

ALMIGHTY and most merciful Father, We have erred and strayed from thy ways like lost sheep, We have followed too much the devices and desires of our own hearts, We have offended against thy holy laws, We have left undone those things which we ought to have done, And we have done those things which we ought not to have done; And there is no health in us. But thou, O Lord, have mercy upon us, miserable offenders. Spare thou them, O God, which confess their faults. Restore thou them that are penitent; According to thy promises declared unto mankind in Christ Jesu our Lord. And grant, O most merciful Father, for his sake, That we may hereafter live a godly, righteous, and sober life, To the glory of thy holy Name. Amen.

The Absolution, or Remission of sins, to be pronounced by the Celebrant alone, standing: the people still kneeling.

#### ABSOLUTION

ALMIGHTY God, the Father of our Lord Jesus Christ, who desireth not the death of a sinner, but rather that he may turn from his wickedness, and live, hath given power and commandment to his Ministers, to declare and pronounce to his people, being penitent, the Absolution and Remission of their sins.

He ▶ pardoneth and absolveth all them that truly repent and unfeignedly believe his holy Gospel.

Wherefore we beseech him to grant us true repentance and his Holy Spirit, that those things may please him which we do at this present, and that the rest of our life hereafter may be pure and holy; so that at the last we may come to his eternal joy; through Jesus Christ our Lord. **Amen.** 

#### PRECES AND RESPONSES

▲ O Lord, open thou our lips; And our mouth shall show forth thy praise.

▲ O God, make speed to save us; O Lord, make haste to help us. At the words "Lord open thou our lips" it is customary to make the sign of the cross on the lips.

Here, all standing up, the Celebrant shall say:

GLORY be to the Father, and to the Son, and to the Holy Ghost;

As it was in the beginning, is now, and ever shall be, world without end. Amen.

Praise ye the Lord;

The Lord's Name be praised.

PSALM

Consult the bulletin.

Please remain seated.

#### FIRST LESSON

Consult the bulletin.

Please remain seated. At the conclusion of the first lesson:

Here endeth the first lesson.

Thanks be to God.

OFFICE HYMN

Consult the bulletin or the hymn boards.

Please stand.

#### MAGNIFICAT

- ▶ MY soul doth magnify the Lord, / and my spirit hath rejoiced in God my Saviour.
- For he hath regarded / the lowliness of his handmaiden.
- For behold, from henceforth / all generations shall call me blessed.
- For he that is mighty hath magnified me; / and holy is his Name.
- And his mercy is on them that fear him / throughout all generations.
- He hath showed strength with his arm; / he hath scattered the proud in the imagination of their hearts.
- He hath put down the mighty from their seat, / and hath exalted the humble and meek.
- He hath filled the hungry with good things; / and the rich he hath sent empty away.
- He remembering his mercy / hath holpen his servant Israel;
- As he promised to our forefathers, / Abraham and his seed for ever.
- GLORY be to the Father, and to the Son, / and to the Holy Ghost;
- As it was in the beginning, is now, and ever shall be, / world without end. Amen.

#### SECOND LESSON

Please be seated. Consult the bulletin for the text of the lesson. At the conclusion of the second lesson:

Here endeth the second lesson.

Thanks be to God.

#### NUNC DIMITTIS

LORD, now lettest thou thy servant depart in peace, / according to thy word.

For mine eyes have seen thy salvation, / which thou hast prepared before the face of all people;

To be a light to lighten the Gentiles, / and to be the glory of thy people Israel.

GLORY be to the Father, and to the Son, / and to the Holy Ghost;

As it was in the beginning, is now, and ever shall be, / world without end. Amen.

#### APOSTLES' CREED

Please stand.

I BELIEVE in God the Father Almighty, Maker of heaven and earth:

And in Jesus Christ his only Son our Lord, Who was

conceived by the Holy Ghost, Born of the Virgin Mary, Suffered under Pontius Pilate, Was crucified, dead, and buried: He descended into hell; The third day he rose again from the dead; He ascended into heaven, And sitteth on the right hand of God the Father Almighty; From thence he shall come to judge the quick and the dead.

I believe in the Holy Ghost; The holy Catholic Church; The Communion of Saints; The Forgiveness of sins; The Resurrection of the body, And the Life everlasting. Amen.

VERSICLES AND RESPONSES

The Lord be with you; And with thy spirit.

Let us pray.

Lord, have mercy upon us. Christ, have mercy upon us. Lord, have mercy upon us.

OUR Father who art in heaven, Hallowed be thy Name, Thy kingdom come, Thy will be done, on earth as it is in heaven. Give us this day our daily bread; And forgive us our trespasses, As we forgive them that trespass against us; And lead us not into temptation, But deliver us from evil. Amen.

O Lord, show thy mercy upon us; **And grant us thy salvation.** 

O Lord, save the King; And mercifully hear us when we call upon thee.

Endue thy Ministers with righteousness; And make thy chosen people joyful.

O Lord, save thy people; And bless thine inheritance.

Give peace in our time, O Lord; And evermore mightily defend us.

O God, make clean our hearts within us; And take not thy Holy Spirit from us.

COLLECTS

The Lord be with you. **And with thy spirit.** Let us pray

Consult the bulletin for the text of the day's Collect.

O GOD, from whom all holy desires, all good counsels, and all just works do proceed: Give unto thy servants that peace which the world cannot give; that our hearts may be set to obey thy commandments, and also that by thee we being defended from the fear of our enemies

may pass our time in rest and quietness; through the merits of Jesus Christ our Saviour. **Amen.** 

LIGHTEN our darkness, we beseech thee, O Lord; and by thy great mercy defend us from all perils and dangers of this night; for the love of thy only Son, our Saviour Jesus Christ. **Amen.** 

### ANTHEM

An anthem may be sung; consult the bulletin.

### PRAYERS

Here prayers may be said, ending with the Prayer of St Chrysostom and the Grace.

ALMIGHTY God, who hast given us grace at this time with one accord to make our common supplications unto thee; and dost promise that when two or three are gathered together in thy Name thou wilt grant their requests: Fulfil now, O Lord, the desires and petitions of thy servants, as may be most expedient for them; granting us in this world knowledge of thy truth, and in the world to come life everlasting. **Amen.** 

THE grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Ghost, be with us all evermore. **Amen.** 

### SERMON

Please be seated.

### ANNOUNCEMENTS

The Celebrant will share any announcements for the week with the congregation.

### OFFERTORY HYMN

Consult the bulletin or the hymn boards. Please stand.



# The Order for the Benediction of the Blessed Sacrament

Please kneel as the Sacred Ministers kneel on the bottom of the Altar steps.

The deacon will raise and uncover the Monstrance before going to the Aumbry to bring the Blessed Sacrament to the Altar. When the deacon returns to kneel with the other sacred ministers, the O Salutaris Hostia is sung.

### O SALUTARIS HOSTIA

O saving Victim, opening wide The gate of heaven to man below, Our foes press on from every side, Thine aid supply, thy strength bestow.

During the second verse the Blessed Sacrament is censed.

All praise and thanks to thee ascend For evermore, blest One in Three; O grant us life that shall not end, In our true native land with thee. Amen.

### MOTET AT BENEDICTION

Consult the bulletin.

If there is no motet, the following is said by all:

I adore you, Jesus, true God and true Man, here present in the Holy Eucharist, humbly kneeling before you, and united in spirit with all the faithful on earth and the blessed in heaven. In deepest gratitude for so great a blessing, I love you, my Jesus, with my whole heart, for you are all perfect and worthy of all love. Give me grace never more to offend you, and grant that I, being refreshed by your Eucharistic presence here on earth, may be found worthy to come to the enjoyment, with all your saints, of your eternal and ever blessed presence in heaven. Amen.

### TANTUM ERGO

Therefore we, before him bending,
This great Sacrament revere;
Types and shadows have their ending,
For the newer rite is here;
Faith, our outward sense befriending,
Makes our inward vision clear.

Glory let us give and blessing To the Father and the Son, Honour, might, and praise addressing, While eternal ages run; Ever too his love confessing, Who from both with both is one. Amen.

Remain kneeling.

Outside of Eastertide:

Thou gavest them bread from Heaven. Containing in itself all sweetness.

During Eastertide (Easter through Pentecost):

Thou gavest them bread from Heaven. Alleluia. Containing in itself all sweetness. Alleluia.

The Celebrant puts on the <u>humeral veil</u> and with the Deacon goes up to the Altar. Assisted by the Deacon, the Celebrant receives the Monstrance and, holding it with the humeral veil, turns and blesses the congregation with the Blessed Sacrament.

As the blessing is given, the people make the sign of the Cross (\*). After Benediction, the Celebrant and Deacon return to kneel on the bottom Altar step. The Divine Praises are then recited by the Celebrant alone or in alternation with the Deacon.

Let us pray.

O God, who in a wonderful sacrament has let unto us a memorial of thy passion: grant us so to venerate the sacred mysteries of thy Body and Blood, that we may ever perceive within ourselves the fruits of thy redemption; who livest and reignest with the Father and the Holy Ghost, ever one God, world without end.

Amen.

### DIVINE PRAISES

Blessed be God.

Blessed be God.

Blessed be His Holy Name. Blessed be His Holy Name.

Blessed be Jesus, true God and true Man. Blessed be Jesus, true God and true Man.

Blessed be the name of Jesus. Blessed be the name of Jesus.

Blessed be His most sacred heart.

Blessed be His most sacred heart.

Blessed be Jesus in the most holy sacrament of the Altar.

Blessed be Jesus in the most holy sacrament of the Altar.

Blessed be the Holy Spirit, the comforter. Blessed be the Holy Spirit, the comforter.

Blessed be the great mother of God, Mary most holy. Blessed be the great mother of God, Mary most holy.

Blessed be her holy and Immaculate Conception. Blessed be her holy and Immaculate Conception.

Blessed be her glorious Assumption. Blessed be her glorious Assumption.

Blessed be the name of Mary, virgin and mother. Blessed be the name of Mary, virgin and mother.

Blessed be Saint Joseph, her most chaste spouse. Blessed be Saint Joseph, her most chaste spouse.

Blessed be God in his angels and in his saints. Blessed be God in his angels and in his saints.

Blessed be God.
Blessed be God.

During the <u>antiphon</u> and the psalm, the Deacon will rise and proceed to the Altar, remove the Blessed Sacrament from the Monstrance, and replace it in the Aumbry. Returning to the Altar, the Deacon will cover and move the Monstrance to the Gospel side of the Altar.

### PSALM II7

Let us adore Christ the Lord In the most Holy Sacrament.

O praise the Lord, all ye nations: / laud him, all ye peoples.

For his merciful kindness is ever more and more towards us: / and the truth of the Lord endureth for ever. Praise the Lord.

Glory be to the Father, and to the Son, / And to the Holy Ghost.

As it was in the beginning, is now and ever shall be: / World without end. Amen.

Let us adore Christ the Lord In the most Holy Sacrament.

CLOSING HYMN

Consult the bulletin or the hymn boards.

An organ postlude may be played. Consult the bulletin.

# An Introduction to the Mass

For 2,000 years Christian life has been centred in the intimate relationship between the individual and Jesus Christ. We live out this relationship daily in the midst of the world, in union with all of our sisters and brothers in Christ. Sacraments such as the Mass are the visible and tangible means by which Jesus touches us and deepens our relationship with him and one another. After Baptism, the principal means by which we receive the love and grace of Christ is in and through the Mass, which is also the key to our growth in Christ. In response to Christ's love, we offer our love and worship through our participation in the Liturgy. Using all the senses God has given us – sight, hearing, touch and taste – we enter into the mystery of the encounter between Christ and us, his people. The ceremonies used at St Barnabas are an outward expression of the faith and hope we share in Christ and are never to be seen as an end in themselves, but as a means to a more reverential state of mind and heart as we seek to know Christ more fully.

### HIGH ALTAR

The High Altar, with its glorious icons and rich decorations, reminds us that our life in Christ is rooted in his sacrifice. For this reason the Mass is also referred to as the Holy Sacrifice.

### VESTMENTS

The special garments worn by the clergy are a visible reminder of the long and living tradition of the Church. They signify that the Celebrant, as well as being a representative of the people of God, is also, by virtue of the Sacrament of Ordination, an instrument of God's grace.

#### INCENSE

The use of incense is rooted in the worship of the Old Testament. The Lord instructed Moses to build a golden altar for the burning of incense (Exodus 30:1-10), which was placed in front of the veil to the entrance of the meeting tent where the Ark of the Covenant was kept. The incense as it rises is a vivid illustration of our prayers ascending: "Let my prayer come like incense before you; the lifting up of my hands, like the evening sacrifice" (Psalm 141). Incense is a powerful sign of the blessing and purification of people and objects.

### BELLS

The bells rung during the Mass are called Sanctus bells. Sounding the bells during the most solemn parts of the Mass, and especially at the moment Christ becomes present in the Eucharistic bread and wine, is an audible sign of our joyous praise and thanksgiving.

### HOLY WATER

The small bowls at the entrances to the Church, called Holy Water Stoups, allow those entering the Church to make the sign of the cross with fingers dipped in the Holy Water. This is a reminder that by the Waters of Baptism we are made members of the Body of Christ. For the same reason, the congregation is sprinkled with Holy Water at the beginning of the Mass during the opening hymn. On special occasions, the Hymn Asperges Me (from the Latin "Thou shalt purge me") is sung; during the Easter season, the Hymn is Vidi Aquam ("I beheld water").

## Glossary

**Angelus**: a prayer commemorating the Incarnation of Christ.

**Antiphon**: a scriptural verse sung before and after a canticle, psalm or psalm verse as part of the liturgy.

**Asperges Me:** the rite of sprinkling a congregation with holy water.

**Aumbry**: a recessed cabinet in the Sanctuary used to store the Blessed Sacrament.

**Humeral Veil**: a liturgical vestment used to cover the hands during the blessing of the congregation during Benediction so they do not touch the Monstrance, as a mark of respect for the sacred vessel.

**Introit**: The Introit (from Latin: *introitus*, "entrance") is part of the opening of the liturgical celebration of the Eucharist.

**Monstrance**: a vessel used to display the consecrated Eucharistic Host during the Benediction of the Blessed Sacrament. Derived from the Latin word *monstrare*, to demonstrate.

O Salutaris Hostia: a hymn written by St Thomas Aquinas for the feast of Corpus Christi in the 13th century.

- **Proper:** The Propers of the Mass include the scriptural texts that change with the liturgical calendar. The Proper texts are sung by the choir and include the Introit, Gradual, Alleluia or Tract, Sequence, Offertory and Communion.
- **Regina Caeli**: a musical antiphon addressed to the Blessed Virgin Mary that is used during the Easter season.
- **Tantum Ergo**: the last two verses of Pange lingua, a Medieval Latin hymn generally attributed to St Thomas Aquinas, c. 1264.
- **Thurifer**: the Altar Server who carries a Thurible, a metal censer suspended from chains, in which incense is burned during worship services.
- **Vidi Aquam**: Latin for "I beheld water," the antiphon that accompanies the sprinkling of Holy Water on the congregation during Eastertide.

### List of Illustrations

- 10 The Four Ends of the Mass, from My Catholic Faith: A Catechism in Pictures by Bp Louis Morrow, 1949
- 20 Albrecht Dürer (1471–1528): *The Annunciation*, from The Life of the Virgin c. 1503
- 24 Albrecht Dürer: Saint Jerome in His Study, 1514
- 34 Artist unknown: *Ecce Panis Angelorum* (illustration from *Lauda Sion*), c. 1900

# Acknowledgements

The Rector and Wardens on behalf of the parish would like to thank the volunteers who prepared and guided this booklet: Devin Crawley and Estelle Duez (layout and typesetting), Peggy Robinson, Wesley Warren and Barbara Schultz (proofreading and editing), Fr Stewart Murray, Diane Roussel, Brian Wehrle and Wendy Warren (suggestions and encouragement). Printed by Elephant Print, Ottawa.



# Property of St Barnabas. Please do not remove.

