

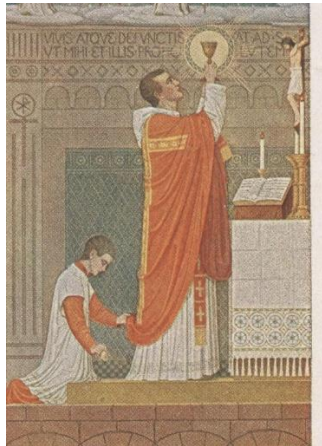


We are an Anglo-Catholic Parish in the Diocese of Ottawa, celebrating 137 years of worship and service: 1889-2026.



Please use this bulletin with:

Mass Booklet & Hymnbook



*Beuron School of Art: Holy Mass with Consecration Candle on the Altar, 19th century*

*I will lift up the Cup of Salvation and call upon the Name of the Lord.  
Psalm 116:13*

## *Seventh Sunday after Pentecost (Trinity VI)*

Sunday, July 12, 2026, 10:30 a.m.

Solemn High Mass

Our Church stands on the unceded traditional territory of the Anishinaabe Algonquin Nation.

## **Organ Prelude**

## **Mass Setting**

Service of Holy Communion

John Merbecke (c.1510-c.1585)

---

### **THE GATHERING OF THE COMMUNITY**

## **Opening Hymn**

**598** *In Christ There is No East or West*

**St. Bernard**

## **Introit Proper**

The Lord is the strength of his people, and a stronghold of salvation to his Anointed One: O Lord, save thine own people, and give thy blessing unto thine inheritance; O feed them also, and set them up for ever. Ps. Unto thee will I cry, O Lord; my God, be not silent unto me: lest, if thou make as though thou hearest not, I become like them that go down into the pit. Glory be ...  
The Lord is the strength of his people ...

## **The Opening Greeting**

**p.2**

## **Kyrie**

**p.2**

## **Gloria**

**p.3**

## **The Collect**

Almighty God, you have made us for yourself, and our hearts are restless until they find their rest in you. May we find peace in your service, and in the world to come, see you face to face; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever.

**Amen**

---

## THE LITURGY OF THE WORD

### **The First Reading:** Genesis 25:19-34

These are the descendants of Isaac, Abraham's son: Abraham was the father of Isaac, and Isaac was forty years old when he married Rebekah, daughter of Bethuel the Aramean of Paddanaram, sister of Laban the Aramean. Isaac prayed to the Lord for his wife, because she was barren; and the Lord granted his prayer, and his wife Rebekah conceived.

The children struggled together within her; and she said, "If it is to be this way, why do I live?" So she went to inquire of the Lord. And the Lord said to her, "Two nations are in your womb, and two peoples born of you shall be divided; the one shall be stronger than the other, the elder shall serve the younger."

When her time to give birth was at hand, there were twins in her womb. The first came out red, all his body like a hairy mantle; so they named him Esau. Afterward his brother came out, with his hand gripping Esau's heel; so he was named Jacob. Isaac was sixty years old when she bore them.

When the boys grew up, Esau was a skillful hunter, a man of the field, while Jacob was a quiet man, living in tents. Isaac loved Esau, because he was fond of game; but Rebekah loved Jacob.

Once when Jacob was cooking a stew, Esau came in from the field, and he was famished. Esau said to Jacob, "Let me eat some of that red stuff, for I am famished!" (Therefore he was called Edom.) Jacob said, "First sell me your birthright." Esau said, "I am about to die; of what use is a birthright to me?"

Jacob said, "Swear to me first." So he swore to him, and sold his birthright to Jacob. Then Jacob gave Esau bread and lentil stew, and he ate and drank, and rose and went his way. Thus Esau despised his birthright.

The Word of the Lord

**Thanks be to God.**

**Psalm 119** Part 14. *Lucerna pedibus meis.*

II.1.



<sup>105</sup> Thy word is a lantern unto my *feet*, / **and a light un-to my path.**

<sup>106</sup> **I have sworn, and am stedfastly *pur-pos*^ed, / to keep thy righ-*teous* judge-ments.**

<sup>107</sup> I am troubled above *mea-sure*: / quicken me, O Lord, accord-*ing* to^ thy word.

<sup>108</sup> **Let the free-will offerings of my mouth please thee, O Lord, / and teach me *thy* judge-ments.**

<sup>109</sup> My life is always in my *hand*; / yet do I not *for-get*^ thy law.

<sup>110</sup> **The ungodly have laid a *snare* for^ me; / but yet I swervèd not from *thy* pre-cepts.**

<sup>111</sup> Thy testimonies have I claimèd as mine heritage for *ev-er*; / and why? they are the very joy *of* my heart.

<sup>112</sup> **I have applièd my heart to fulfil thy *sta-tutes*, / always, even un-*to* the end.**

**The Second Reading:** Romans 8:1-11

There is therefore now no condemnation for those who are in Christ Jesus. For the law of the Spirit of life in Christ Jesus has set you free from the law of sin and of death. For God has done what the law, weakened by the flesh, could not do: by sending his own Son in the likeness of sinful flesh, and to deal with sin, he condemned sin in the flesh, so that the just requirement of the law might be fulfilled in us, who walk not according to the flesh but according to the Spirit. For those who live according to the flesh set their minds on the things of the flesh, but those who live according to the Spirit set their minds on the things of the Spirit. To set the mind on the flesh is death, but to set the mind on the Spirit is life and peace. For this reason the mind that is set on the flesh is hostile to God; it does not submit to God's law indeed it cannot, and those who are in the flesh cannot please God.

But you are not in the flesh; you are in the Spirit, since the Spirit of God dwells in you. Anyone who does not have the Spirit of Christ does not belong to him. But if Christ is in you, though the body is dead because of sin, the Spirit is life because of righteousness. If the Spirit of him who raised Jesus from the dead dwells in you, he who raised Christ from the dead will give life to your mortal bodies also through his Spirit that dwells in you.

The Word of the Lord

**Thanks be to God**

**Gradual Hymn**

**605 *We Have a Gospel to Proclaim***

**Fulda**

**Gradual Proper**

Turn thee again, O Lord, at the last: and be gracious unto thy servants. Lord, thou hast been our refuge: from one generation to another. Alleluia. Alleluia. O deliver me from mine enemies, O God: defend me from them that rise up against me. Alleluia.

**The Gospel:** Matthew 13:1-9, 18-23

The Lord be with you.

**And with thy spirit.**

✠ The Holy Gospel is written in the thirteenth chapter of the Gospel of our Lord Jesus Christ according to St. Matthew, beginning at the first verse.

**Glory be to thee, O Lord.**

That same day Jesus went out of the house and sat beside the sea. Such great crowds gathered around him that he got into a boat and sat there, while the whole crowd stood on the beach. And he told them many things in parables, saying: "Listen! A sower went out to sow. And as he sowed, some seeds fell on the path, and the birds came and ate them up. Other seeds fell on rocky ground, where they did not have much soil, and they sprang up quickly, since they had no depth of soil. But when the sun rose, they were scorched; and since they had no root, they withered away. Other seeds fell among thorns, and the thorns grew up and choked them.

Other seeds fell on good soil and brought forth grain, some a hundredfold, some sixty, some thirty. Let anyone with ears listen!

Hear then the parable of the sower. When anyone hears the word of the kingdom and does not understand it, the evil one comes and snatches away what is sown in the heart; this is what was sown on the path. As for what was sown on rocky ground, this is the one who hears the word and immediately receives it with joy; yet such a person has no root, but endures only for a while, and when trouble or persecution arises on account of the word, that person immediately falls away. As for what was sown among thorns, this is the one who hears the word, but the cares of the world and the lure of wealth choke the word, and it yields nothing. But as for what was sown on good soil, this is the one who hears the word and understands it, who indeed bears fruit and yields, in one case a hundredfold, in another sixty, and in another thirty."

The Gospel of the Lord.

**Praise be to thee, O Christ.**

**The Sermon**

The Reverend Canon George Kwari

**The Nicene Creed**

**p.6**

**The Prayers of the People**

**p.7**

**The Confession and Absolution**

**p.8**

**The Peace**

**p.9**

**Offertory Proper**

O hold thou my goings in thy paths, that my footsteps slip not; incline thine ear unto me, and hearken unto my words: show thy marvellous loving-kindness: thou that art the Saviour of them which put their trust in thee, O Lord.

**Offertory Hymn**

**484 *How Sweet the Name of Jesus Sounds***

**St Peter**

## **Prayer over the Gifts**

Father, your word creates in us a yearning for your kingdom. Receive all we offer you this day, and keep us in your peace; for the sake of Jesus Christ the Lord. **Amen**

## **The Mass Intentions of the Day**

---

### **THE CANON OF THE MASS**

**The Sursum Corda** p.11

**The Sanctus and Benedictus** p.12

**The Eucharistic Prayer** pp.12-13

**The Lord's Prayer** p.14

**Prayer of Humble Access** p.14

**Agnus Dei** p.15

**Invitation to Communion** p.15

### **Communion Proper**

I will offer in his dwelling an oblation with great gladness: I will sing, and speak praises unto the Lord.

### **Communion Hymn**

**384 *Jesu, Thou Joy of Loving Hearts*** Eisenach

**Post Communion Prayer** p.17

**The Blessing** p.17

**The Dismissal** p.18

### **Post-Communion Hymn**

**359 *All Creatures of Our God and King*** Lasst Uns Erfreuen

**Organ Postlude**

---

**ASSISTING WITH THE SERVICE**

Celebrant and Homilist  
Deacon  
Subdeacon  
Reader

The Reverend Canon George Kwari  
The Reverend Canon Jim Beall  
Connor Hanley  
Brian Beavan

---

This service is being live-streamed on YouTube.

**CHURCH OF ST BARNABAS,  
APOSTLE AND MARTYR**

70 James Street,  
Ottawa ON K1R 5M3

613-232-6992  
parish.office@stbarnabasottawa.com  
www.stbarnabasottawa.com

**FOLLOW US**

Facebook: [https://facebook.com/  
StBarnabasOttawa](https://facebook.com/StBarnabasOttawa)  
Bluesky: [https://bsky.app/profile/  
stbarnabasmusic.bsky.social](https://bsky.app/profile/stbarnabasmusic.bsky.social)  
YouTube: [https://youtube.com/  
@st.barnabasapostlemartyrottawa](https://youtube.com/@st.barnabasapostlemartyrottawa)

**TO DONATE:**



**PRIMATE OF THE ANGLICAN  
CHURCH OF CANADA**

Archbishop Shane Parker

**BISHOP OF OTTAWA**

The Right Reverend Kathryn Otley

**INCUMBENT**

The Rev. Canon George Kwari  
613-854-7630  
rector@stbarnabasottawa.com

**ORGANIST AND CHOIRMASTER**

Shawn Potter  
organist@stbarnabasottawa.com

**WARDENS**

William Hallett  
Diane Roussel

**DEPUTY WARDEN**

Ellery Furlong

**TREASURER**

treasurer@stbarnabasottawa.com