

WELCOME TO
ST BARNABAS
APOSTLE & MARTYR



We are an Anglo-Catholic Parish in the Diocese of Ottawa, celebrating 137 years of worship and service: 1889-2026.

Please use this bulletin with:



Mass Booklet & Hymn Book



Licht unter dem Scheffel (Lamp under a basket),
attributed to Hans Weiditz (1495-1537)

Fifth Sunday After Epiphany

February 8, 2026, 10:30 a.m.

Solemn High Mass

Our Church stands on the unceded traditional territory of the Anishinaabe Algonquin Nation.

Organ Prelude

Diapason Movement

John Keeble (1711-1786)

Mass Setting

Mass Brevis

Antonio Lotti (1667-1740)

Gloria and Creed: Merbecke

THE GATHERING OF THE COMMUNITY

Opening Hymn

363 *Lord of Beauty, Thine the Splendour* Regent Square

Introit Proper

All ye angels of God, fall down, and worship before him : Syon heard, and was exceeding joyful, and the daughters of Juda were glad. *Ps. The Lord is King, the earth may be glad thereof : yea, the multitude of the isles may be glad thereof. Glory be ...*
All ye angels ...

Opening Greeting

p.2

Kyrie

p.2

Gloria

p.3

Collects

Merciful Lord, grant to your faithful people pardon and peace, that we may be cleansed from all our sins and serve you with a quiet mind; through Jesus Christ our Lord, who is alive and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

Gracious God, by whose Spirit the whole body of your faithful people is governed and sanctified, send your guidance upon us as we prepare to elect a bishop for our diocese. Grant wisdom to those discerning a call, to those who are candidates, to

Members of Synod, and to our diocesan administrator, Bishop Michael Bird; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

THE LITURGY OF THE WORD

First Reading Isaiah 58:1-9

Shout out, do not hold back! Lift up your voice like a trumpet! Announce to my people their rebellion, to the house of Jacob their sins. Yet day after day they seek me and delight to know my ways, as if they were a nation that practised righteousness and did not forsake the ordinance of their God; they ask of me righteous judgements, they delight to draw near to God. “Why do we fast, but you do not see? Why humble ourselves, but you do not notice?” Look, you serve your own interest on your fast day, and oppress all your workers. Look, you fast only to quarrel and to fight and to strike with a wicked fist. Such fasting as you do today will not make your voice heard on high. Is such the fast that I choose, a day to humble oneself? Is it to bow down the head like a bulrush, and to lie in sackcloth and ashes? Will you call this a fast, a day acceptable to the Lord?

Is not this the fast that I choose: to loose the bonds of injustice, to undo the thongs of the yoke, to let the oppressed go free, and to break every yoke? Is it not to share your bread with the hungry, and bring the homeless poor into your house; when you see the naked, to cover them, and not to hide yourself from your own kin? Then your light shall break forth like the dawn, and your healing shall spring up quickly; your vindicator shall go before you, the glory of the Lord shall be your rear guard. Then you shall call, and the Lord will answer; you shall cry for help, and he will say, Here I am.

The Word of the Lord
Thanks be to God.



¹ Blessed is the man that *fear-eth* the Lord, / **that hath great delight in his com-mänd-ments.**

² **His seed shall be *migh-ty*[^]up-on earth; / the generation of the faithful *shall* be blëss-ed.**

³ Riches and plenteousness shall *be* in his house; / and his righteousness *en-dur-eth* for èv-er.

⁴ **Unto the upright there ariseth up *light* in[^]the dark-ness; / he is merciful, *lov-ing*,[^]and *righ-teous*.**

⁵ It is well with the man that is *merci-ful* and *lend-eth*, / and ordereth his *af-fairs* with jüs-tice.

⁶ **For he shall *nev-er*[^]be *mov-ed*:/ and the righteous shall be had in *ever-last-ing*[^]*re-mëm-brance*,**

⁷ He will not be afraid of any *e-vil* *ti-dings*; / for his heart standeth fast and *be-iev-eth* in the[^]Lord.

⁸ **His heart is established *and* will not shrink, / until he see his desire up-on his *ën-e*[^]mies.**

⁹ He hath dispersed abroad and *giv-en* to[^]the poor, / **and his righteousness remaineth for ever; his horn shall be ex-alt-ed**[^]*with* *hön-our*.

Second Reading 1 Corinthians 2:1-12

When I came to you, brothers and sisters, I did not come proclaiming the mystery of God to you in lofty words or wisdom. For I decided to know nothing among you except Jesus Christ, and him crucified. And I came to you in weakness and in fear and in much trembling. My speech and my proclamation were not with plausible words of wisdom, but with a demonstration of the Spirit and of power, so that your faith might rest not on human wisdom but on the power of God.

Yet among the mature we do speak wisdom, though it is not a wisdom of this age or of the rulers of this age, who are doomed

to perish. But we speak God's wisdom, secret and hidden, which God decreed before the ages for our glory. None of the rulers of this age understood this; for if they had, they would not have crucified the Lord of glory. But, as it is written, "What no eye has seen, nor ear heard, nor the human heart conceived, what God has prepared for those who love him" – these things God has revealed to us through the Spirit; for the Spirit searches everything, even the depths of God. For what human being knows what is truly human except the human spirit that is within? So also no one comprehends what is truly God's except the Spirit of God. Now we have received not the spirit of the world, but the Spirit that is from God, so that we may understand the gifts bestowed on us by God.

**The Word of the Lord
Thanks be to God.**

Gradual Hymn

440 Be Thou My Vision

Slane

Gradual Proper

The nations shall fear thy Name, O Lord : and all the kings of the earth thy majesty. *V.* When the Lord shall build up Syon : and when his glory shall appear. Alleluia. Alleluia. *V.* The Lord is King, the earth may be glad thereof : yea, the multitude of the isles may be glad thereof. Alleluia.

Gospel Matthew 5:1-2,13-20

**The Lord be with you.
And with thy spirit.**

✠ The Holy Gospel is written in the fifth chapter of the Gospel of our Lord Jesus Christ according to St Matthew, beginning at the first verse.

Glory be to thee, O Lord.

When Jesus saw the crowds, he went up the mountain; and after

he sat down, his disciples came to him. Then he began to speak, and taught them, saying: “You are the salt of the earth; but if salt has lost its taste, how can its saltiness be restored? It is no longer good for anything, but is thrown out and trampled under foot. You are the light of the world. A city built on a hill cannot be hid. No one after lighting a lamp puts it under the bushel basket, but on the lampstand, and it gives light to all in the house. In the same way, let your light shine before others, so that they may see your good works and give glory to your Father in heaven.

“Do not think that I have come to abolish the law or the prophets; I have come not to abolish but to fulfil. For truly I tell you, until heaven and earth pass away, not one letter, not one stroke of a letter, will pass from the law until all is accomplished. Therefore, whoever breaks one of the least of these commandments, and teaches others to do the same, will be called least in the kingdom of heaven; but whoever does them and teaches them will be called great in the kingdom of heaven. For I tell you, unless your righteousness exceeds that of the scribes and Pharisees, you will never enter the kingdom of heaven.”

The Gospel of the Lord.

Praise be to thee, O Christ.

Sermon	The Reverend Canon Jim Beall
Nicene Creed	p.6
Prayers of the People	p.7
Confession and Absolution	p.8
The Peace	p.9
Offertory Proper	

The right hand of the Lord hath the pre-eminence; the right hand of the Lord bringeth mighty things to pass : I shall not die

but live, and declare the works of the Lord.

Offertory Hymn

612 Christ Is the World's True Light Nun Danket Alle Gott

Prayer over the Gifts

God of compassion and forgiveness, receive our offering this day, and make us one with him who is our peace, Jesus Christ our Saviour. **Amen.**

THE CANON OF THE MASS

Sursum Corda	p.11
Sanctus and Benedictus	p.12
Eucharistic Prayer	pp.12-13
The Lord's Prayer	p.14
Prayer of Humble Access	p.14
Agnus Dei	p.15
Invitation to Communion	p.15

Communion Proper

All wondered at the gracious words : which proceeded out of his mouth.

Communion Hymn

368 Alleluia, Sing to Jesus Hyfrydol

Ablutions Motet

God grant with grace Thomas Tallis (c.1505-1585)

Prayer after Communion

Eternal God, in you we find peace beyond all telling. May we who share in this heavenly banquet be instruments of your peace on earth, in the name of Jesus Christ the Lord. **Amen.**

Doxology p.16

Blessing and Dismissal pp.17-18

Post-Communion Hymn

556 Praise to the Lord Lobe Den Herren

The Angelus p.19

Organ Postlude

Voluntary in G Henry Heron (1730-1795)

ASSISTING WITH THE SERVICE

Celebrant	The Reverend Canon Roger Young
Homilist	The Reverend Canon Jim Beall
Organist and Choirmaster	Shawn Potter
Deacon	The Reverend Canon George Kwari
Subdeacon	Ellery Furlong
Reader	Jennifer Veitch

This service is being live-streamed on YouTube.