



# ST BARNABAS

Apostle & Martyr



*28<sup>th</sup> February 2021*

## The Second Sunday in Lent

# Missa cantata

**Organ Prelude** Master Tallis's Testament (from 'Six Pieces')

*Herbert Howells (1892-1983)*

*Please stand for the entrance of the sacred ministers.*

## The Asperges

*As a cantor sings the Asperges me, the Celebrant sprinkles Holy Water.*

*Cantor* Thou shalt purge me, O Lord, with hyssop, and I shall be clean; thou shalt wash me, and I shall be whiter than snow. *Psalm 51:1* Have mercy upon me, O God, after thy great goodness. Glory be to the Father, and to the Son, and to the Holy Ghost: as it was in the beginning, is now, and ever shall be: world without end. Amen. Thou shalt purge me...

*Celebrant* O Lord, show thy mercy upon us.  
*People* **And grant us thy salvation.**

*Celebrant* O Lord, hear my prayer.  
*People* **An let my cry come unto thee.**

*Celebrant* The Lord be with you;  
*People* **And with thy spirit.**  
*Celebrant* Let us pray.

*People* Graciously hear us, O Lord, holy Father Almighty, everlasting God: and vouchsafe to send thy holy Angel from heaven; to guard and cherish, to protect and visit, and to defend all who dwell in thy holy habitation. Through Christ our Lord.

**Amen.**

**Introit** *Reminiscere miserationum* *Psalm 25:6,3,22*

Call to remembrance thy tender compassion and mercy, O Lord, and thy loving-kindnesses towards us, which have been ever of old: neither suffer our enemies to triumph against us; deliver us, O God of Israel, out of all our misery and trouble. *Ps.25:1-2* Unto thee, O Lord, do I lift up my soul: my God, in thee have I trusted, let me not be confounded. Glory be ... Call to remembrance ...

## Salutation and Collect for Purity

*Celebrant* The grace  of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Ghost, be with you all.

*People* **And with thy spirit.**

ALMIGHTY God, unto whom all hearts be open, all desires known, and from whom no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of thy Holy Spirit, that we may perfectly love thee, and worthily magnify thy holy Name; through Christ our Lord. **Amen.**

**Kyrie** *Service of Holy Communion* *John Merbecke (c. 1510 - c. 1585)*

Lord, have mercy upon us  
Christ, have mercy upon us  
Lord, have mercy upon us

## The Collect of the Day

*Celebrant* The Lord be with you;

*People* **And with thy spirit.**

*Celebrant* Let us pray.

*Celebrant* ALMIGHTY God, who seest that we have no power of ourselves to help ourselves: Keep us both outwardly in our bodies, and inwardly in our souls; that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord. **Amen.**

ALMIGHTY and everlasting God, who hatest nothing that thou hast made, and dost forgive the sins of all them that are penitent: Create and make in us new and contrite hearts, that we worthily lamenting our sins, and acknowledging our wretchedness, may obtain of thee, the God of all mercy, perfect remission and forgiveness; through Jesus Christ our Lord. **Amen.**

## THE LITURGY OF THE WORD

### Genesis 17:1-7, 15-16

When Abram was ninety-nine years old the Lord appeared to Abram and said to him, “I am God Almighty; walk before me, and be blameless, that I may make my covenant between me and you, and may multiply you greatly.” Then Abram fell on his face. And God said to him, “Behold, my covenant is with you, and you shall be the father of a multitude of nations. No longer shall your name be called Abram, but your name shall be Abraham, for I have made you the father of a multitude of nations. I will make you exceedingly fruitful, and I will make you into nations, and kings shall come from you. And I will establish my covenant between me and you and your offspring after you throughout their generations for an everlasting covenant, to be God to you and to your offspring after you.

And God said to Abraham, “As for Sarai your wife, you shall not call her name Sarai, but Sarah shall be her name. I will bless her, and moreover, I will give you a son by her. I will bless her, and she shall become nations; kings of peoples shall come from her.”

*Reader* The Word of the Lord

*People* **Thanks be to God.**

### Psalm 22:22-30 *Deus, Deus meus.*

I WILL declare thy Name unto my brethren; / in the midst of the congregation will I praise thee. O praise the LORD, ye that fear him: / magnify him, all ye of the seed of Jacob, and stand in awe of him, all ye seed of Israel.

For he hath not despised nor abhorred the low estate of the poor; / he hath not hid his face from him; but when he called unto him he heard him.

Of thee cometh my praise in the great congregation; / my vows will I perform in the sight of them that fear him.

The poor shall eat and be satisfied; they that seek after the LORD shall praise him; / may your heart live for ever.

ALL the ends of the world shall remember, and be turned unto the LORD; / and all the kindreds of the nations shall worship before him.

For the kingdom is the LORD’S / and he is the Governor among the nations.

Surely to him shall all the proud of the earth bow down; / and before him shall kneel all that go down into the dust, and he that cannot keep his soul alive.

Their posterity shall serve him; / it shall be told of the Lord unto a generation yet to come.

## Romans 4:13-25

For the promise to Abraham and his offspring that he would be heir of the world did not come through the law but through the righteousness of faith. For if it is the adherents of the law who are to be the heirs, faith is null and the promise is void. For the law brings wrath, but where there is no law there is no transgression.

That is why it depends on faith, in order that the promise may rest on grace and be guaranteed to all his offspring—not only to the adherent of the law but also to the one who shares the faith of Abraham, who is the father of us all, as it is written, “I have made you the father of many nations”—in the presence of the God in whom he believed, who gives life to the dead and calls into existence the things that do not exist. In hope he believed against hope, that he should become the father of many nations, as he had been told, “So shall your offspring be.” He did not weaken in faith when he considered his own body, which was as good as dead (since he was about a hundred years old), or when he considered the barrenness of Sarah's womb. No distrust made him waver concerning the promise of God, but he grew strong in his faith as he gave glory to God, fully convinced that God was able to do what he had promised. That is why his faith was “counted to him as righteousness”. But the words “it was counted to him” were not written for his sake alone, but for ours also. It will be counted to us who believe in him who raised from the dead Jesus our Lord, who was delivered up for our trespasses and raised for our justification.

*Reader  
People*

The Word of the Lord  
**Thanks be to God.**

**Gradual**

*Tribulationes cordis mei*

*Psalm 25:17,18*

The sorrows of my heart are enlarged: O bring thou me out of my troubles, O Lord. **V.** Look upon my adversity and misery: and forgive me all my sin.

**Tract**

*Confitemini Domino*

*Psalm 106:1-4*

O give thanks unto the Lord, for he is gracious: and his mercy endureth forever.  
**V.** Who can express the noble acts of the Lord, or shew forth all his praise: blessed are they that always keep judgement, and do righteousness.  
**V.** Remember me, O Lord, according to the favour that thou bearest unto the people: O visit me with thy salvation.

**The Gospel**

*St Mark 8:31-38*

*Celebrant  
People  
Celebrant  
People*

The Lord be with you.  
**And with thy spirit.**

**¶** The Holy Gospel is written in the eighth chapter of the Gospel according to St Mark, beginning at the thirty-first verse.

**Glory be to thee, O Lord.**

And he began to teach them that the Son of Man must suffer many things and be rejected by the elders and the chief priests and the scribes and be killed, and after three days rise again. And he said this plainly. And Peter took him aside and began to rebuke him. But turning and seeing his disciples, he rebuked Peter and said, “Get behind me, Satan! For you are not setting your mind on the things of God, but on the things of man.”

And calling the crowd to him with his disciples, he said to them, ‘If anyone would come after me, let him deny himself and take up his cross and follow me. For whoever would save his life

will lose it, but whoever loses his life for my sake and the gospel's will save it. For what does it profit a man to gain the whole world and forfeit his soul? For what can a man give in return for his soul? For whoever is ashamed of me and of my words in this adulterous and sinful generation, of him will the Son of Man also be ashamed when he comes in the glory of his Father with the holy angels.”

*Celebrant*      The Gospel of the Lord.  
*People*        **Praise be to thee, O Christ!**

## Sermon

Fr Stewart Murray

## Nicene Creed

Merbecke

*Celebrant* I BELIEVE in one God

*Cantor* the Father Almighty, Maker of heaven and earth, And of all things visible and invisible:

And in one Lord Jesus Christ, the only-begotten Son of God, Begotten of the Father before all worlds; God, of God; Light, of Light; Very God, of very God; Begotten, not made; Being of one substance with the Father; Through whom all things were made: Who for us men and for our salvation came down from heaven, And was incarnate by the Holy Ghost of the Virgin Mary, And was made man, And was crucified also for us under Pontius Pilate. He suffered and was buried, And the third day he rose again according to the Scriptures, And ascended into heaven, And sitteth on the right hand of the Father. And he shall come again with glory to judge both the quick and the dead: Whose kingdom shall have no end.

And I believe in the Holy Ghost, The Lord, The Giver of Life, Who proceedeth from the Father and the Son, Who with the Father and the Son together is worshipped and glorified, Who spake by the Prophets. And I believe One, Holy, Catholic, and Apostolic Church. I acknowledge one Baptism for the remission of sins. And I look for the Resurrection of the dead.

¶ And the Life of the world to come. Amen

THE INTERCESSION

*A server leads the prayers for the Church, ending each petition with:*

*Reader*  
*People*      Lord, in thy mercy,  
                  Hear our prayer.

## The Invitation to Confession and Absolution

*Celebrant* YE that do truly and earnestly repent you of your sins, and are in love and charity with your neighbours, and intend to lead the new life, following the commandments of God, and walking from henceforth in his holy ways: Draw near with faith, and take this holy Sacrament to your comfort; and make your humble confession to Almighty God, meekly kneeling upon your knees.

All ALMIGHTY God, Father of our Lord Jesus Christ, Maker of all things, Judge of all men: We acknowledge and confess our manifold sins and wickedness, Which we from time to time most grievously have committed, By thought, word, and deed, Against thy Divine Majesty. We do earnestly repent, And are heartily sorry for these our misdoings. Have mercy upon us, most merciful Father; For thy Son our Lord Jesus Christ's sake, Forgive us all that is past; And grant that we may ever hereafter Serve and please thee In newness of life, To the honour and glory of thy Name; Through Jesus Christ our Lord. Amen.

*Celebrant* ALMIGHTY God, our heavenly Father, who of his great mercy hath promised forgiveness of sins to all them that with hearty repentance and true faith turn unto him: Have mercy upon you; pardon and deliver you from all your sins; confirm and strengthen you in all goodness; and bring you to everlasting life; through Jesus Christ our Lord. **Amen.**

## THE OFFERTORY

**Offertory**    *Meditabor in mandatis*

*Psalm 119:47,48*

My delight shall be in thy commandments, which I have loved: my hands also will I lift up unto thy commandments, which I have loved.

**Offertory Hymn**

*Breslau*

1. TAKE up thy cross, the SAVIOUR said,  
If thou wouldest my disciple be;  
Deny thyself, the world forsake,  
And humbly follow after me.
2. Take up thy cross; let not its weight  
Fill thy weak spirit with alarm;  
His strength shall bear thy spirit up,  
And brace thy heart, and nerve thine arm.
3. Take up thy cross, nor heed the shame,  
Nor let thy foolish pride rebel;  
Thy LORD for thee the Cross endured,  
To save thy soul from death and hell.
4. Take up thy cross then in his strength,  
And calmly every danger brave;  
‘Twill guide thee to a better home,  
And lead to victory o’er the grave.
5. Take up thy cross and follow CHRIST,  
Nor think till death to lay it down;  
For only he who bears the cross  
May hope to wear the glorious crown.

**Secret** (Prayer over the Gifts)

*Celebrant*

WE beseech thee, O Lord, mercifully to have respect unto these our sacrifices: that they may increase our devotion and set forward our salvation; through Jesus Christ, thy Son our Lord, who liveth and reigneth with thee in the unity of the Holy Ghost, ever one God, world without end.  
**Amen.**

**Mass Intentions of the Day**

*Celebrant*

Pray, brethren, that my sacrifice and yours be acceptable unto God the Father Almighty.

*People*

**May the Lord receive the sacrifice at thy hands, to the praise and glory of His Name,  
to our benefit and to that of all His Holy Church.**

## THE CANON OF THE MASS

*Celebrant*

THE Lord be with you;  
**And with thy spirit.**

*Celebrant*

Lift up your hearts;  
**We lift them up unto the Lord.**

*Celebrant*

Let us give thanks unto our Lord God;  
**It is meet and right so to do.**

*Celebrant*

IT is very meet, right, and our bounden duty, that we should at all times, and in all places give thanks unto thee, O Lord, Holy Father, Almighty, Everlasting God, Creator and Preserver of all things.

Through Jesus Christ our Lord, who was in every way tempted as we are, yet did not sin; by whose grace we are able to triumph over every evil, and to live no longer unto ourselves, but unto him who died for us and rose again.

THEREFORE with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee and saying:

**Sanctus and Benedictus**

*Merbecke*

HOLY, Holy, Holy, Lord God of hosts, Heaven and earth are full of thy glory.  
Glory be to thee, O Lord Most High.

BLESSED ✕ is he that cometh in the Name of the Lord: Hosanna in the highest.

*Celebrant*

BLESSING and glory and thanksgiving be unto thee Almighty God, our heavenly Father, who of thy tender mercy didst give thine only Son Jesus Christ to take our nature upon him, and to suffer death upon the Cross for our redemption; who made there, by his one oblation of himself once offered, a full, perfect, and sufficient sacrifice, oblation, and satisfaction, for the sins of the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memorial of that his precious death, until his coming again.

Hear us, O merciful Father, we most humbly beseech thee; and grant that we receiving these thy creatures of bread and wine, according to thy Son our Saviour Jesus Christ's holy institution, in remembrance of his death and passion, may be partakers of his most blessed Body and Blood; who, in the same night that he was betrayed, took Bread; and, when he had given thanks, he brake it; and gave it to his disciples, saying, Take, eat; this is my Body which is given for you: Do this in remembrance of me. ✕ Likewise after supper he took the Cup; and, when he had given thanks, he gave it to them, saying, Drink ye all, of this; for this is my Blood of the new Covenant, which is shed for you and for many for the remission of sins: Do this, as oft as ye shall drink it, in remembrance of me. ✕

Wherefore, O Father, Lord of heaven and earth, we thy humble servants, with all thy holy Church, remembering the precious death of thy beloved Son, his mighty resurrection, and glorious ascension, and looking for his coming again in glory, do make before thee, in this sacrament of the holy Bread of eternal life and the Cup of everlasting salvation, the memorial which he hath commanded; And we entirely desire thy fatherly goodness mercifully to accept this our sacrifice of praise and thanksgiving, most humbly beseeching thee to grant, that by the merits and death of thy Son Jesus Christ, and through faith in his blood, we and all thy whole Church may obtain remission of our sins, and all other benefits of his passion; And we pray that by the power of thy Holy Spirit, all we who are partakers of this holy Communion may be fulfilled with thy grace and heavenly benediction; through Jesus Christ our Lord, by whom and with whom, in the unity of the Holy Spirit, all honour and glory be unto thee, O Father Almighty, world without end.

*People*

**Amen.**

**THE COMMUNION**

**The Lord's Prayer**

*Celebrant*

Let us pray. As our Saviour Christ hath commanded and taught us, we are bold to say,

*All*

**Our Father who art in heaven, Hallowed be thy Name, Thy kingdom come, Thy will be done, on earth as it is in heaven. Give us this day our daily bread; And forgive us our trespasses, As we forgive them that trespass against us; And lead us not into temptation, But deliver us from evil. For thine is the kingdom, the power, and the glory, For ever and ever. Amen.**

**The Fraction and Pax**

*Celebrant*

The Peace of the Lord be always with you.

*People*

**And with thy spirit.**

## The Prayer of Humble Access

All

We do not presume to come to this thy Table, O merciful Lord, Trusting in our own righteousness, But in thy manifold and great mercies. We are not worthy So much as to gather up the crumbs under thy Table. But thou art the same Lord, Whose property is always to have mercy: Grant us therefore, gracious Lord, So to eat the Flesh of thy dear Son Jesus Christ, And to drink his Blood, That our sinful bodies may be made clean by his Body, And our souls washed through his most precious Blood, And that we may evermore dwell in him, And he in us. Amen.

Agnus Dei

Merbecke

O LAMB of God, that takest away the sin of the world, have mercy upon us.  
O Lamb of God, that takest away the sin of the world, have mercy upon us.  
O Lamb of God, that takest away the sin of the world, grant us thy peace.

## Invitation to Communion

Celebrant

Behold the Lamb of God ...

All

**Lord, I am not worthy that Thou shouldest come under my roof,  
but speak the word only and my soul shall be healed.**

Communion *Intellige clamorem meum*

*Psalm 5:1,2*

Consider my meditation; O hearken thou unto the voice of my calling, my King and my God: for unto thee will I make my prayer.

## Music at Communion Lent Prose (“Attende Domine”)

Plainsong

*Hear us, O Lord, have mercy upon us:  
for we have sinned against thee.*

1. To thee, Redeemer, on thy throne of glory:  
Lift we our weeping eyes in holy pleadings:  
Listen, O Jesu, to our supplications. R
2. O thou chief Corner-stone, Right Hand of the Father  
Way of Salvation, Gate of Life Celestial:  
Cleanse thou our sinful souls from all defilement. R

3. God, we implore thee, in thy glory seated:  
Bow down and hearken to thy weeping children:  
Pity and pardon all our grievous trespasses. R
4. Sins oft committed now we lay before thee:  
With true contrition, now no more we veil them:  
Grant us, Redeemer, loving absolution. R
5. Innocent, captive, taken unresisting:  
Falsely accused, and for us sinners sentenced,  
Save us, we pray thee, Jesu our Redeemer. R

## Act of Spiritual Communion

*In Union, dear Lord, with the faithful at every altar of thy Church where thy blessed Body and Blood are being offered to the Father, I desire to offer thee praise and thanksgiving. I believe that thou art truly present in the Holy Sacrament. And since I cannot now receive thee sacramentally, I beseech thee to come spiritually into my heart. I unite myself unto thee, and embrace thee with all the affections of my soul. Let me never be separated from thee. Let me live and die in thy love. Amen.*

*May the Body and Blood of our Lord Jesus Christ preserve my body and soul unto everlasting life. Amen.*

## THANKSGIVING AND DISMISSAL

### Prayer after Communion

Celebrant ALMIGHTY and everliving God,

All

we most heartily thank thee that thou dost graciously feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Saviour Jesus Christ; assuring us thereby of thy favour and goodness towards us; and that we are living members of his mystical body, which is the blessed company of all faithful people; and are also heirs through hope of thy everlasting kingdom.

And here we offer and present unto thee, O Lord, ourselves, our souls and bodies, to be a reasonable, holy, and living sacrifice unto thee. And although we are unworthy, yet we beseech thee to accept this our bounden duty and service, not weighing our merits, but pardoning our offences; through Jesus Christ our Lord, to whom, with thee and the Holy Ghost, be all honour and glory, world without end. Amen.

### The Blessing

Celebrant

THE peace of God, which passeth all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord: And the blessing of God Almighty, **✠** the Father, the Son, and the Holy Ghost, be amongst you and remain with you always. **Amen.**

### The Dismissal

Celebrant

The Lord be with you.

People

**And with thy spirit.**

Celebrant

Let us depart in peace.

People

**Thanks be to God.**

### Post-Communion Hymn

1. LEAD us, heavenly FATHER, lead us  
O'er the world's tempestuous sea;  
Guard us, guide us, keep us, feed us,  
For we have no help but thee;  
Yet possessing every blessing,  
If our GOD our FATHER be.
2. SAVIOUR, breathe forgiveness o'er us;  
All our weakness thou dost know;  
Thou didst tread this earth before us,

*Mannheim*

- Thou didst feel its keenest woe;  
Lone and dreary, faint and weary,  
Through the desert thou didst go.
3. SPIRIT of our GOD, descending,  
Fill our hearts with heavenly joy;  
Love with every passion blending,  
Pleasure that can never cloy:  
Thus provided, pardoned, guided,  
Nothing can our peace destroy.

---

### Organ Postlude    Postlude in D minor, Op. 105, No. 6

C.V. Stanford (1852-1924)

RECTOR

The Rev. Canon Stewart Murray

ORGANIST AND CHOIRMASTER

Wesley Warren,

M.Mus., F.R.C.O.(Chm), A.R.C.T.

SERVER

Gary Rourke

CANTORS

Peggy Robinson, Elizabeth Brown

AUDIO/VIDEO TECHNICIAN

Devin Crawley

Music used with permission under ONE LICENSE 736715-A

70 JAMES STREET, OTTAWA, ON K1R 5M3

Phone: 613-232-6992 | e-mail: stbarnabas@primus.ca

[www.stbarnabasottawa.com](http://www.stbarnabasottawa.com)