



ST BARNABAS

Apostle & Martyr



Moses lifting up the serpent, 1889, All Saints Margaret Street, designed by William Butterfield (1814-1900)

14th March 2021

The Fourth Sunday in Lent

Missa cantata

Organ Prelude Adagio in A minor (BWV 564)

J.S. Bach (1685-1750)

Opening Hymn with Asperges

Abridge

Holy Water is sprinkled as a reminder that through the waters of baptism we are made members of Christ's Holy Catholic Church.

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|---|---|
| <p>1. BE thou my Guardian and my Guide, And hear me when I call; Let not my slippery footsteps slide, And hold me when I fall.</p> <p>2. The world, the flesh, and Satan dwell Around the path I tread; O save me from the snares of hell, And hold me lest I fall.</p> | <p>3. And if I tempted am to sin, And outward things are strong, Do thou, O LORD, keep watch within, And save my soul from wrong.</p> <p>4. Still let me ever watch and pray, And feel that I am frail; That if the tempter cross my way, Yet he may not prevail.</p> |
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Introit

Lætare, Jerusalem

Isaiah 66:10-11

Rejoice ye with Jerusalem; and be ye glad for her, all ye that delight in her: exult and sing for joy with her, all ye that in sadness mourn for her; that ye may suck, and be satisfied with the breasts of her consolations. *Ps.122:1* I was glad when they said unto me: We will go into the house of the Lord. Glory be ... Rejoice ye ...

Salutation and Collect for Purity

Celebrant The grace ✠ of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Ghost, be with you all.

People **And with thy spirit.**

ALMIGHTY God, unto whom all hearts be open, all desires known, and from whom no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of thy Holy Spirit, that we may perfectly love thee, and worthily magnify thy holy Name; through Christ our Lord. **Amen.**

Kyrie

Service of Holy Communion

John Merbecke (c. 1510 - c. 1585)

Lord, have mercy upon us
Christ, have mercy upon us
Lord, have mercy upon us

The Collect of the Day

Celebrant The Lord be with you;

People **And with thy spirit.**

Celebrant Let us pray.

Celebrant GRANT, we beseech thee, Almighty God, that we, who for our evil deeds do worthily deserve to be punished, by the comfort of thy grace may mercifully be relieved; through our Lord and Saviour Jesus Christ. **Amen.**

ALMIGHTY and everlasting God, who hatest nothing that thou hast made, and dost forgive the sins of all them that are penitent: Create and make in us new and contrite hearts, that we worthily lamenting our sins, and acknowledging our wretchedness, may obtain of thee, the God of all mercy, perfect remission and forgiveness; through Jesus Christ our Lord. **Amen.**

THE LITURGY OF THE WORD

Numbers 21:4-9

From Mount Hor they set out by the way to the Red Sea, to go round the land of Edom. And the people became impatient on the way. And the people spoke against God and against Moses, "Why have you brought us up out of Egypt to die in the wilderness? For there is no food and no water, and we loathe this worthless food." Then the Lord sent fiery serpents among the people, and they bit the people, so that many people of Israel died. And the people came to Moses and said, "We have sinned, for we have spoken against the Lord and against you. Pray to the Lord, that he take away the serpents from us." So Moses prayed for the people. And the Lord said to Moses, "Make a fiery serpent and set it on a pole, and everyone who is bitten, when he sees it, shall live." So Moses made a bronze serpent and set it on a pole. And if a serpent bit anyone, he would look at the bronze serpent and live.

Reader The Word of the Lord
People **Thanks be to God.**

Psalm 107: 1-3, 17-22 *Confitemini Domino.*

O GIVE thanks unto the LORD, for he is gracious, / and his mercy endureth for ever.
Let them give thanks whom the LORD hath redeemed, / and delivered from adversity;
And gathered them out of the lands, from the east and from the west, / from the north and from the south.

THEY that are foolish are afflicted for their offence, / and because of their wickedness.

Their soul abhorred all manner of meat, / and they were even hard at death's door.

So they cried unto the LORD in their trouble, / and he delivered them from their distress.

He sent his word and healed them, / and saved them from their destruction.

O that men would therefore praise the LORD for his goodness, / and declare the wonders that he doeth for the children of men!

That they would offer unto him the sacrifices of thanksgiving, / and tell out his works with gladness!

Ephesians 2:1-10

And you were dead in the trespasses and sins in which you once walked, following the course of this world, following the prince of the power of the air, the spirit that is now at work in the sons of disobedience— among whom we all once lived in the passions of our flesh, carrying out the desires of the body and the mind, and were by nature children of wrath, like the rest of mankind. But God, being rich in mercy, because of the great love with which he loved us, even when we were dead in our trespasses, made us alive together with Christ—by grace you have been saved— and raised us up with him and seated us with him in the heavenly places in Christ Jesus, so that in the coming ages he might show the immeasurable riches of his grace in kindness towards us in Christ Jesus. For by grace you have been saved through faith. And this is not your own doing; it is the gift of God, not a result of works, so that no one may boast. For we are his workmanship, created in Christ Jesus for good works, which God prepared beforehand, that we should walk in them.

Reader The Word of the Lord
People **Thanks be to God.**

Gradual *Lætatus sum* *Psalm 122:1,7*
I was glad when they said unto me: we will go into the house of the Lord.
✠ Peace be within thy walls: and plenteousness within thy palaces.

Tract *Qui confidunt* *Psalm 125:1-2*
They that put their trust in the Lord, shall be even as the mount Syon: which may not be removed, but standeth fast for ever.
✠ The hills stand about Jerusalem: even so standeth the Lord round about his people, from this time forth for evermore.

The Gospel *St John 3:14-21*

Celebrant The Lord be with you.

People **And with thy spirit.**

Celebrant ✠ The Holy Gospel is written in the third chapter of the Gospel according to St John, beginning at the fourteenth verse.

People **Glory be to thee, O Lord.**

And as Moses lifted up the serpent in the wilderness, so must the Son of Man be lifted up, that whoever believes in him may have eternal life.

“For God so loved the world, that he gave his only Son, that whoever believes in him should not perish but have eternal life. For God did not send his Son into the world to condemn the world, but in order that the world might be saved through him. Whoever believes in him is not condemned, but whoever does not believe is condemned already, because he has not believed in the name of the only Son of God. And this is the judgement: the light has come into the world, and people loved the darkness rather than the light because their works were evil. For everyone who does wicked things hates the light and does not come to the light, lest his works should be exposed. But whoever does what is true comes to the light, so that it may be clearly seen that his works have been carried out in God.”

Celebrant The Gospel of the Lord.

People **Praise be to thee, O Christ.**

Sermon

Fr Stewart Murray

Nicene Creed

Merbecke

Celebrant I BELIEVE in one God

Cantor the Father Almighty, Maker of heaven and earth, And of all things visible and invisible:

And in one Lord Jesus Christ, the only-begotten Son of God, Begotten of the Father before all worlds; God, of God; Light, of Light; Very God, of very God; Begotten, not made; Being of one substance with the Father; Through whom all things were made: Who for us men and for our salvation came down from heaven, And was incarnate by the Holy Ghost of the Virgin Mary, And was made man, And was crucified also for us under Pontius Pilate. He suffered and was buried, And the third day he rose again according to the Scriptures, And ascended into heaven, And sitteth on the right hand of the Father. And he shall come again with glory to judge both the quick and the dead: Whose kingdom shall have no end.

And I believe in the Holy Ghost, The Lord, The Giver of Life, Who proceedeth from the Father and the Son, Who with the Father and the Son together is worshipped and glorified, Who spake by the Prophets. And I believe One, Holy, Catholic, and Apostolic Church. I acknowledge one Baptism for the remission of sins. And I look for the Resurrection of the dead,

✠ And the Life of the world to come. Amen.

THE INTERCESSION

A server leads the prayers for the Church, ending each petition with:

Reader Lord, in thy mercy,
People **Hear our prayer.**

The Invitation to Confession and Absolution

Celebrant YE that do truly and earnestly repent you of your sins, and are in love and charity with your neighbours, and intend to lead the new life, following the commandments of God, and walking from henceforth in his holy ways: Draw near with faith, and take this holy Sacrament to your comfort; and make your humble confession to Almighty God, meekly kneeling upon your knees.

All **ALMIGHTY God, Father of our Lord Jesus Christ, Maker of all things, Judge of all men: We acknowledge and confess our manifold sins and wickedness, Which we from time to time most grievously have committed, By thought, word, and deed, Against thy Divine Majesty. We do earnestly repent, And are heartily sorry for these our misdoings. Have mercy upon us, most merciful Father; For thy Son our Lord Jesus Christ's sake, Forgive us all that is past; And grant that we may ever hereafter Serve and please thee In newness of life, To the honour and glory of thy Name; Through Jesus Christ our Lord. Amen.**

Celebrant ALMIGHTY God, our heavenly Father, who of his great mercy hath promised forgiveness of sins to all them that with hearty repentance and true faith turn unto him: Have mercy upon you; pardon and deliver you from all your sins; confirm and strengthen you in all goodness; and bring you to everlasting life; through Jesus Christ our Lord. **Amen.**

THE OFFERTORY

Offertory *Laudate Dominum*

Psalm 135:3,6

O praise the Lord, for the Lord is gracious; O sing praises unto his Name, for it is lovely: whatsoever the Lord pleased, that did he in heaven and in the earth.

Offertory Hymn

Puer nobis nascitur

1. O LOVE, how deep! how broad! how high!
It fills the heart with ecstasy,
That GOD, the SON of GOD, should take
Our mortal form for mortal's sake.
2. He sent no angel to our race
Of higher or of lower place,
But wore the robe of human frame
Himself, and to this lost world came.
3. For us he was baptized, and bore
His holy fast, and hungered sore;
For us temptations sharp he knew;
For us the tempter overthrew.
4. For us he prayed, for us he taught,
For us his daily works he wrought,

- By words, and signs, and actions, thus
Still seeking not himself but us.
5. For us to wicked men betrayed,
Scourged, mocked, in purple robe arrayed,
He bore the shameful Cross and death;
For us at length gave up his breath.
 6. For us he rose from death again,
For us he went on high to reign,
For us he sent his SPIRIT here
To guide, to strengthen, and to cheer.
 7. To him whose boundless love has won
Salvation for us through his SON,
To GOD the FATHER, glory be
Both now and through eternity.

Secret (Prayer over the Gifts)

Celebrant WE beseech thee, O Lord, mercifully to have respect unto these our sacrifices: that they may increase our devotion and set forward our salvation; through Jesus Christ, thy Son our Lord, who liveth and reigneth with thee in the unity of the Holy Ghost, ever one God, world without end.
Amen.

Mass Intentions of the Day

Celebrant Pray, brethren, that my sacrifice and yours be acceptable unto God the Father Almighty.
People **May the Lord receive the sacrifice at thy hands, to the praise and glory of His Name, to our benefit and to that of all His Holy Church.**

THE CANON OF THE MASS

Celebrant THE Lord be with you;
People **And with thy spirit.**

Celebrant Lift up your hearts;
People **We lift them up unto the Lord.**

Celebrant Let us give thanks unto our Lord God;
People **It is meet and right so to do.**

Celebrant IT is very meet, right, and our bounden duty, that we should at all times, and in all places give thanks unto thee, O Lord, Holy Father, Almighty, Everlasting God, Creator and Preserver of all things.

Through Jesus Christ our Lord, who was in every way tempted as we are, yet did not sin; by whose grace we are able to triumph over every evil, and to live no longer unto ourselves, but unto him who died for us and rose again.

THEREFORE with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee and saying:

Sanctus and Benedictus

Merbecke

HOLY, Holy, Holy, Lord God of hosts, Heaven and earth are full of thy glory.
Glory be to thee, O Lord Most High.

BLESSED ✠ is he that cometh in the Name of the Lord: Hosanna in the highest.

Celebrant BLESSING and glory and thanksgiving be unto thee Almighty God, our heavenly Father, who of thy tender mercy didst give thine only Son Jesus Christ to take our nature upon him, and to suffer death upon the Cross for our redemption; who made there, by his one oblation of himself once offered, a full, perfect, and sufficient sacrifice, oblation, and satisfaction, for the sins of the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memorial of that his precious death, until his coming again.

Hear us, O merciful Father, we most humbly beseech thee; and grant that we receiving these thy creatures of bread and wine, according to thy Son our Saviour Jesus Christ's holy institution, in remembrance of his death and passion, may be partakers of his most blessed Body and Blood; who, in the same night that he was betrayed, took Bread; and, when he had given thanks, he brake it; and gave it to his disciples, saying, Take, eat; this is my Body which is given for you: Do this in remembrance of me. ✠ Likewise after supper he took the Cup; and, when he had given thanks, he gave it to them, saying, Drink ye all, of this; for this is my Blood of the new Covenant, which is shed for you and for many for the remission of sins: Do this, as oft as ye shall drink it, in remembrance of me. ✠

Wherefore, O Father, Lord of heaven and earth, we thy humble servants, with all thy holy Church, remembering the precious death of thy beloved Son, his mighty resurrection, and glorious ascension, and looking for his coming again in glory, do make before thee, in this sacrament of the holy Bread of eternal life and the Cup of everlasting salvation, the memorial which he hath commanded; And we entirely desire thy fatherly goodness mercifully to accept this our sacrifice of praise and thanksgiving, most humbly beseeching thee to grant, that by the merits and death of thy Son Jesus Christ, and through faith in his blood, we and all thy whole Church may obtain remission of our sins, and all other benefits of his passion; And we pray that by the power of thy Holy Spirit, all we who are partakers of this holy Communion may be fulfilled with thy grace and heavenly benediction; through Jesus Christ our Lord, by whom and with whom, in the unity of the Holy Spirit, all honour and glory be unto thee, O Father Almighty, world without end.

People **Amen.**

THE COMMUNION

The Lord's Prayer

Celebrant Let us pray. As our Saviour Christ hath commanded and taught us, we are bold to say,
All **Our Father who art in heaven, Hallowed be thy Name, Thy kingdom come, Thy will be done, on earth as it is in heaven. Give us this day our daily bread; And forgive us our trespasses, As we forgive them that trespass against us; And lead us not into temptation, But deliver us from evil. For thine is the kingdom, the power, and the glory, For ever and ever. Amen.**

The Fraction and Pax

Celebrant The Peace of the Lord be always with you.
People **And with thy spirit.**

The Prayer of Humble Access

All **We do not presume to come to this thy Table, O merciful Lord, Trusting in our own righteousness, But in thy manifold and great mercies. We are not worthy So much as to gather up the crumbs under thy Table. But thou art the same Lord, Whose property is always to have mercy: Grant us therefore, gracious Lord, So to eat the Flesh of thy dear Son Jesus Christ, And to drink his Blood, That our sinful bodies may be made clean by his Body, And our souls washed through his most precious Blood, And that we may evermore dwell in him, And he in us. Amen.**

Agnus Dei

Merbecke

O LAMB of God, that takest away the sin of the world, have mercy upon us.
O Lamb of God, that takest away the sin of the world, have mercy upon us.
O Lamb of God, that takest away the sin of the world, grant us thy peace.

Invitation to Communion

Celebrant Behold the Lamb of God ...
All **Lord, I am not worthy that Thou shouldst come under my roof, but speak the word only and my soul shall be healed.**

Communion *Jerusalem, quæ ædificatur*

Psalm 122:3-4

Jerusalem is built as a city that is at unity in itself: for thither the tribes go up, even the tribes of the Lord, to give thanks unto the Name of the Lord.

Act of Spiritual Communion

In Union, dear Lord, with the faithful at every altar of thy Church where thy blessed Body and Blood are being offered to the Father, I desire to offer thee praise and thanksgiving. I believe that thou art truly present in the Holy Sacrament. And since I cannot now receive thee sacramentally, I beseech thee to come spiritually into my heart. I unite myself unto thee, and embrace thee with all the affections of my soul. Let me never be separated from thee. Let me live and die in thy love. Amen.

THANKSGIVING AND DISMISSAL

Prayer after Communion

Celebrant ALMIGHTY and everliving God,

All we most heartily thank thee that thou dost graciously feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Saviour Jesus Christ; assuring us thereby of thy favour and goodness towards us; and that we are living members of his mystical body, which is the blessed company of all faithful people; and are also heirs through hope of thy everlasting kingdom.

And here we offer and present unto thee, O Lord, ourselves, our souls and bodies, to be a reasonable, holy, and living sacrifice unto thee. And although we are unworthy, yet we beseech thee to accept this our bounden duty and service, not weighing our merits, but pardoning our offences; through Jesus Christ our Lord, to whom, with thee and the Holy Ghost, be all honour and glory, world without end. Amen.

The Blessing

Celebrant THE peace of God, which passeth all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord: And the blessing of God Almighty, ✠ the Father, the Son, and the Holy Ghost, be amongst you and remain with you always. Amen.

The Dismissal

Celebrant The Lord be with you.

People **And with thy spirit.**

Celebrant Let us depart in peace.

People **Thanks be to God.**

Post-Communion Hymn

Hyfrydol

- | | |
|---|---|
| 1. LOVE Divine, all loves excelling, Joy of heaven, to earth come down, Fix in us thy humble dwelling, All thy faithful mercies crown. | 4. Thee we would be always blessing, Serve thee as thy hosts above; Pray, and praise thee, without ceasing, Glory in thy perfect love. |
| 2. JESU, thou art all compassion, Pure unbounded love thou art; Visit us with thy salvation, Enter every trembling heart. | 5. Finish then thy new creation, Pure and spotless let us be; Let us see thy great salvation, Perfectly restored in thee; |
| 3. Come, almighty to deliver, Let us all thy grace receive; Suddenly return, and never, Never more thy temples leave. | 6. Changed from glory into glory, Till in heaven we take our place, Till we cast our crowns before thee, Lost in wonder, love, and praise. |

Happy Mothering Sunday



St. Barnabas, Apostle and Martyr

The Anglo-Catholic Parish in the Diocese of Ottawa
Celebrating 132 years of worship and service: 1889-2021

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