



# ST BARNABAS

Apostle & Martyr



*Noah offering sacrifice, (mosaic, Keble College, Oxford), William Butterfield (1814-1900)*

*21<sup>st</sup> February 2021*

# The First Sunday in Lent

# The Great Litany and Missa cantata

Organ Prelude Choral Dorien

Jehan Alain (1911-1940)

*Please stand for the entrance of the sacred ministers.*

## The Great Litany

*All Kneel*

*Celebrant*  
*People*

O GOD the Father, Creator of heaven and earth: have mercy upon us.

**O God the Father, Creator of heaven and earth: have mercy upon us.**

O God the Son, Redeemer of the world: have mercy upon us.

**O God the Son, Redeemer of the world: have mercy upon us.**

O God the Holy Ghost, Sanctifier of the faithful: have mercy upon us.

**O God the Holy Ghost, Sanctifier of the faithful: have mercy upon us.**

O holy, blessed, and glorious Trinity, three Persons and one God: have mercy upon us.

**O holy, blessed, and glorious Trinity, three Persons and one God: have mercy upon us.**

Saint Mary Mother of God our Saviour, Jesus Christ:

**Pray for us.**

All ye holy Angels and Archangels, and all ye holy orders of blessed spirits:

**Pray for us.**

All ye holy patriarchs and prophets, apostles and martyrs, confessors, virgins and all the blessed company of Heaven:

**Pray for us.**

REMEMBER not, Lord, our offences, nor the offences of our forefathers; spare us, good Lord, spare thy people, whom thou hast redeemed with thy most precious blood.

**Spare us, good Lord.**

FROM all evil and mischief; from sin, from the crafts and assaults of the devil; from thy wrath, and from everlasting condemnation,

**Good Lord, deliver us.**

From all blindness of heart; from pride, vainglory, and hypocrisy; from envy, hatred, and malice, and all uncharitableness,

**Good Lord, deliver us.**

From all uncleanness in thought, word, and deed; and from all the deceits of the world, the flesh, and the devil,

**Good Lord, deliver us.**

From lightning and tempest; from earthquake, fire, and flood; from plague, pestilence, and famine; from battle and murder, and from sudden death,

**Good Lord, deliver us.**

From all sedition, conspiracy, and rebellion; from all false doctrine, heresy, and schism; from hardness of heart, and contempt of thy Word and Commandment,

**Good Lord, deliver us.**

BY the mystery of thy holy Incarnation; by thy holy Nativity; by thy Baptism, Fasting, and Temptation,

**Good Lord, deliver us.**

By thine Agony and bloody Sweat; by thy Cross and Passion; by thy precious Death and Burial,

**Good Lord, deliver us.**

By thy glorious Resurrection and Ascension; by thy sending of the Holy Spirit; by thy heavenly Intercession; and by thy Coming again in glory,

**Good Lord, deliver us.**

In all times of tribulation; in all times of prosperity; in the hour of death, and in the day of judgement,

**Good Lord, deliver us.**

WE sinners do beseech thee to hear us, O Lord God: and that it may please thee to rule and govern thy holy Church universal in the right way.

**We beseech thee, good Lord.**

To keep and strengthen in the true worshipping of thee, in holiness of life, and in devotion to her people, thy servant ELIZABETH, our most gracious Queen and Governor,

**We beseech thee, good Lord.**

To be her defender and keeper, giving her the victory over all her enemies,

**We beseech thee, good Lord.**

To bless and preserve Philip, Duke of Edinburgh, Charles, Prince of Wales, William, Duke of Cambridge, George, Prince of Cambridge, and all the Royal Family,

**We beseech thee, good Lord.**

To give to all Bishops, Priests, and Deacons, true knowledge and understanding of thy Word; and that both by their preaching and living they may set it forth and show it accordingly,

**We beseech thee, good Lord.**

To send forth labourers into thy harvest; to prosper their work by thy Holy Spirit; to make thy saving health known unto all nations; and to hasten thy kingdom,

**We beseech thee, good Lord.**

To bless the people of our Country and the Commonwealth, and to endue those set in authority with grace, wisdom, and understanding,

**We beseech thee, good Lord.**

To bless and guide the Judges and Magistrates, giving them grace to execute justice, and to maintain truth,

**We beseech thee, good Lord.**

To bless and keep the Queen's forces by sea, and land, and air, and to shield them in all dangers and adversities,

**We beseech thee, good Lord.**

To give to all nations unity, peace, and concord, that they may serve thee without fear,

**We beseech thee, good Lord.**

To bless and protect all who serve mankind by their labour and learning,

**We beseech thee, good Lord.**

To preserve all that travel, all women labouring of child, all sick persons and young children;  
and to show thy pity upon all prisoners and captives,  
**We beseech thee, good Lord.**

To defend, and provide for, all widows and orphans, and all who are desolate and oppressed,  
**We beseech thee, good Lord.**

To bless and keep all thy people,  
**We beseech thee, good Lord.**

To give to all thy people increase of grace, to hear meekly thy Word, and to receive it with pure  
affection, and to bring forth the fruit of the Spirit,  
**We beseech thee, good Lord.**

To bring into the way of truth all who have erred and are deceived,  
**We beseech thee, good Lord.**

To strengthen such as do stand; to encourage the faint-hearted; to raise up those who fall; and  
finally to beat down Satan under our feet,  
**We beseech thee, good Lord.**

To succour, help, and comfort all that are in danger, necessity, and tribulation,  
**We beseech thee, good Lord.**

To have mercy upon all men,  
**We beseech thee, good Lord.**

To give and preserve to our use the kindly fruits of the earth, so that in due time we may enjoy  
them,  
**We beseech thee, good Lord.**

To forgive our enemies, persecutors, and slanderers, and to turn their hearts,  
**We beseech thee, good Lord.**

To give us true repentance; to forgive us all our sins, negligences, and ignorances; and to endue  
us with the grace of thy Holy Spirit, to amend our lives according to thy holy Word,  
**We beseech thee, good Lord.**

SON of God, we beseech thee to hear us.  
**Son of God, we beseech thee to hear us.**

O Lamb of God, that takest away the sin of the world;  
**Have mercy upon us.**  
O Lamb of God, that takest away the sin of the world;  
**Grant us thy peace.**

O Christ, hear us.  
**O Christ, hear us.**

Lord, have mercy upon us.  
**Christ, have mercy upon us.**  
Lord, have mercy upon us.

**OUR Father who art in heaven, Hallowed be thy Name, Thy kingdom come, Thy will be done, on earth as it is in heaven. Give us this day our daily bread; And forgive us our trespasses, As we forgive them that trespass against us; And lead us not into temptation, But deliver us from evil. Amen.**

*Celebrant*

O LORD, who for our sake didst fast forty days and forty nights: Give us grace to use such abstinence, that, our flesh being subdued to the Spirit, we may ever obey thy godly motions in righteousness and true holiness, to thy honour and glory; who livest and reignest with the Father and the Holy Spirit, one God, world without end. **Amen.**

ALMIGHTY and everlasting God, who hatest nothing that thou hast made, and dost forgive the sins of all them that are penitent: Create and make in us new and contrite hearts, that we worthily lamenting our sins, and acknowledging our wretchedness, may obtain of thee, the God of all mercy, perfect remission and forgiveness; through Jesus Christ our Lord. **Amen.**

## **THE LITURGY OF THE WORD**

### **Genesis 9:8-17**

Then God said to Noah and to his sons with him, "Behold, I establish my covenant with you and your offspring after you, and with every living creature that is with you, the birds, the livestock, and every beast of the earth with you, as many as came out of the ark; it is for every beast of the earth. I establish my covenant with you, that never again shall all flesh be cut off by the waters of the flood, and never again shall there be a flood to destroy the earth." And God said, "This is the sign of the covenant that I make between me and you and every living creature that is with you, for all future generations: I have set my bow in the cloud, and it shall be a sign of the covenant between me and the earth. When I bring clouds over the earth and the bow is seen in the clouds, I will remember my covenant that is between me and you and every living creature of all flesh. And the waters shall never again become a flood to destroy all flesh. When the bow is in the clouds, I will see it and remember the everlasting covenant between God and every living creature of all flesh that is on the earth." God said to Noah, "This is the sign of the covenant that I have established between me and all flesh that is on the earth."

*Reader  
People*

The Word of the Lord  
**Thanks be to God.**

### **Psalm 25:1-9** *Ad te, Domine, levavi.*

UNTO thee, O LORD, do I lift up my soul; / my God, I have put my trust in thee.

O let me not be confounded, / neither let mine enemies triumph over me.

For all they that hope in thee shall not be ashamed; / but such as transgress without a cause shall be put to confusion.

Show me thy ways, O LORD, / and teach me thy paths.

Lead me forth in thy truth and teach me: / for thou art the God of my salvation; in thee is my hope all the day long.

Call to remembrance, O LORD, thy tender mercies, / and thy loving-kindnesses, which have been ever of old.

O remember not the sins and offences of my youth; / but according to thy mercy think thou upon me, O LORD, for thy goodness.

GRACIOUS and righteous is the LORD; / therefore will he teach sinners in the way.

Them that are meek shall he guide in judgement; / and such as are gentle, them shall he teach his way.

## 1 Peter 3:18-22

For Christ also suffered once for sins, the righteous for the unrighteous, that he might bring us to God, being put to death in the flesh but made alive in the spirit, in which he went and proclaimed to the spirits in prison, because they formerly did not obey, when God's patience waited in the days of Noah, while the ark was being prepared, in which a few, that is, eight persons, were brought safely through water. Baptism, which corresponds to this, now saves you, not as a removal of dirt from the body but as an appeal to God for a good conscience, through the resurrection of Jesus Christ, who has gone into heaven and is at the right hand of God, with angels, authorities, and powers having been subjected to him.

*Reader  
People*

The Word of the Lord  
**Thanks be to God.**

**Gradual**

*Angelis suis Deus*

*Psalm 91:11,12*

He shall give his Angels charge over thee: to keep thee in all thy ways. *℟*. They shall bear thee in their hands: that thou hurt not thy foot against a stone.

**Tract**

*Qui habitat*

*Psalm 91:1-7,11-16*

Whoso dwelleth under the defence of the Most High: shall abide under the shadow of the Almighty.

*℟*. I will say unto the Lord, Thou art my hope and my stronghold: my God, in him will I trust.

*℟*. For he shall deliver thee from the snare of the hunter: and from the noisome pestilence.

*℟*. He shall defend thee under his wings: and thou shalt be safe under his feathers; his faithfulness and truth shall be thy shield and buckler.

*℟*. Thou shalt not be afraid for any terror by night: nor for the arrow that flieth by day;

*℟*. For the pestilence that walketh in darkness: nor for the sickness that destroyeth in the noonday.

*℟*. A thousand shall fall beside thee, and ten thousand at thy right hand: but it shall not come nigh thee.

*℟*. For he shall give his Angels charge over thee: to keep thee in all thy ways.

*℟*. They shall bear thee in their hands: that thou hurt not thy foot against a stone.

*℟*. Thou shalt go upon the lion and adder: the young lion and the dragon shalt thou tread under thy feet.

*℟*. Because he hath set his love upon me, therefore will I deliver him: I will set him up, because he hath known my Name.

*℟*. He shall call upon me, and I will hear him: yea, I am with him in trouble; I will deliver him, and bring him to honour.

*℟*. With long life will I satisfy him, and shew him my salvation.

**The Gospel**

*St Mark 1:9-15*

*Celebrant  
People*

The Lord be with you.  
**And with thy spirit.**

*Celebrant*

✠ The Holy Gospel is written in the first chapter of the Gospel according to St Mark, beginning at the ninth verse.

*People*

**Glory be to thee, O Lord.**

In those days Jesus came from Nazareth of Galilee and was baptized by John in the Jordan. And when he came up out of the water, immediately he saw the heavens being torn open and the

Spirit descending on him like a dove. And a voice came from heaven, "You are my beloved Son; with you I am well pleased."

The Spirit immediately drove him out into the wilderness. And he was in the wilderness forty days, being tempted by Satan. And he was with the wild animals, and the angels were ministering to him.

Now after John was arrested, Jesus came into Galilee, proclaiming the gospel of God, and saying, "The time is fulfilled, and the kingdom of God is at hand; repent and believe in the gospel."

*Celebrant  
People*

The Gospel of the Lord.  
**Praise be to thee, O Christ.**

**Sermon**

Fr Stewart Murray

**Nicene Creed**

*John Merbecke (c.1510-c.1585)*

*Celebrant  
Cantor*

I BELIEVE in one God

the Father Almighty, Maker of heaven and earth, And of all things visible and invisible:

And in one Lord Jesus Christ, the only-begotten Son of God, Begotten of the Father before all worlds; God, of God; Light, of Light; Very God, of very God; Begotten, not made; Being of one substance with the Father; Through whom all things were made: Who for us men and for our salvation came down from heaven, And was incarnate by the Holy Ghost of the Virgin Mary, And was made man, And was crucified also for us under Pontius Pilate. He suffered and was buried, And the third day he rose again according to the Scriptures, And ascended into heaven, And sitteth on the right hand of the Father. And he shall come again with glory to judge both the quick and the dead: Whose kingdom shall have no end.

And I believe in the Holy Ghost, The Lord, The Giver of Life, Who proceedeth from the Father and the Son, Who with the Father and the Son together is worshipped and glorified, Who spake by the Prophets. And I believe One, Holy, Catholic, and Apostolic Church. I acknowledge one Baptism for the remission of sins. And I look for the Resurrection of the dead,

✠ And the Life of the world to come. Amen.

## THE OFFERTORY

**Offertory** *Scapulis suis*

*Psalms 91:4*

He shall defend thee under his wings, and thou shalt be safe under his feathers: his faithfulness and truth shall be thy shield and buckler

**Offertory Hymn**

*Walton*

1. JESUS, thy Blood and righteousness  
My beauty are, my glorious dress;  
Midst flaming worlds, in these arrayed,  
With joy shall I lift up my head.
2. Bold shall I stand in thy great day;  
For who aught to my charge shall lay?  
Fully absolved through these I am  
From sin and fear, from guilt and shame.
3. When from the dust of death I rise  
To claim my mansion in the skies,  
Even then this shall be all my plea,  
JESUS hath lived, hath died, for me.
4. JESUS, be endless praise to thee,  
Whose boundless mercy hath for me –  
For me a full atonement made,  
And everlasting ransom paid.
5. O let the dead now hear thy voice;  
Now bid thy banished ones rejoice;  
Their beauty this, their glorious dress,  
JESUS, thy Blood and righteousness.

## Secret (Prayer over the Gifts)

*Celebrant* WE solemnly offer unto thee, O Lord, this sacrifice in the beginning of Lent, beseeching thee: that, while we abstain from carnal feastings, we may likewise refrain from hurtful pleasures; through Jesus Christ, thy Son our Lord, who liveth and reigneth with thee in the unity of the Holy Ghost, ever one God, world without end. **Amen.**

## Mass Intentions of the Day

*Celebrant* Pray, brethren, that my sacrifice and yours be acceptable unto God the Father Almighty.  
*People* **May the Lord receive the sacrifice at thy hands, to the praise and glory of His Name, to our benefit and to that of all His Holy Church.**

## THE CANON OF THE MASS

*Celebrant* THE Lord be with you;  
*People* **And with thy spirit.**

*Celebrant* Lift up your hearts;  
*People* **We lift them up unto the Lord.**

*Celebrant* Let us give thanks unto our Lord God;  
*People* **It is meet and right so to do.**

*Celebrant* IT is very meet, right, and our bounden duty, that we should at all times, and in all places give thanks unto thee, O Lord, Holy Father, Almighty, Everlasting God, Creator and Preserver of all things.

Through Jesus Christ our Lord, who was in every way tempted as we are, yet did not sin; by whose grace we are able to triumph over every evil, and to live no longer unto ourselves, but unto him who died for us and rose again.

THEREFORE with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee and saying:

## Sanctus and Benedictus

*Merbecke*

HOLY, Holy, Holy, Lord God of hosts, Heaven and earth are full of thy glory.  
Glory be to thee, O Lord Most High.

BLESSED ✠ is he that cometh in the Name of the Lord: Hosanna in the highest.

*Celebrant* BLESSING and glory and thanksgiving be unto thee Almighty God, our heavenly Father, who of thy tender mercy didst give thine only Son Jesus Christ to take our nature upon him, and to suffer death upon the Cross for our redemption; who made there, by his one oblation of himself once offered, a full, perfect, and sufficient sacrifice, oblation, and satisfaction, for the sins of the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memorial of that his precious death, until his coming again.

Hear us, O merciful Father, we most humbly beseech thee; and grant that we receiving these thy creatures of bread and wine, according to thy Son our Saviour Jesus Christ's holy institution, in remembrance of his death and passion, may be partakers of his most blessed Body and Blood; who, in the same night that he was betrayed, took Bread; and, when he had given thanks, he brake it; and gave it to his disciples, saying, Take, eat; this is my Body which is given for you: Do this in remembrance of me. ✠ Likewise after supper he took the Cup; and, when he had given thanks, he gave it to them, saying, Drink ye all, of this; for this is my Blood of the new Covenant, which is shed for you and for many for the remission of sins: Do this, as oft as ye shall drink it, in remembrance of me. ✠

Wherefore, O Father, Lord of heaven and earth, we thy humble servants, with all thy holy Church, remembering the precious death of thy beloved Son, his mighty resurrection, and glorious ascension, and looking for his coming again in glory, do make before thee, in this sacrament of the holy Bread of eternal life and the Cup of everlasting salvation, the memorial which he hath commanded; And we entirely desire thy fatherly goodness mercifully to accept this our sacrifice of praise and thanksgiving, most humbly beseeching thee to grant, that by the merits and death of thy Son Jesus Christ, and through faith in his blood, we and all thy whole Church may obtain remission of our sins, and all other benefits of his passion; And we pray that by the power of thy Holy Spirit, all we who are partakers of this holy Communion may be fulfilled with thy grace and heavenly benediction; through Jesus Christ our Lord, by whom and with whom, in the unity of the Holy Spirit, all honour and glory be unto thee, O Father Almighty, world without end.

*People* **Amen.**

## **THE COMMUNION**

### **The Lord's Prayer**

*Celebrant* Let us pray. As our Saviour Christ hath commanded and taught us, we are bold to say,  
*All* **Our Father who art in heaven, Hallowed be thy Name, Thy kingdom come, Thy will be done, on earth as it is in heaven. Give us this day our daily bread; And forgive us our trespasses, As we forgive them that trespass against us; And lead us not into temptation, But deliver us from evil. For thine is the kingdom, the power, and the glory, For ever and ever. Amen.**

### **The Fraction and Pax**

*Celebrant* The Peace of the Lord be always with you.  
*People* **And with thy spirit.**

### **The Prayer of Humble Access**

*All* **We do not presume to come to this thy Table, O merciful Lord, Trusting in our own righteousness, But in thy manifold and great mercies. We are not worthy So much as to gather up the crumbs under thy Table. But thou art the same Lord, Whose property is always to have mercy: Grant us therefore, gracious Lord, So to eat the Flesh of thy dear Son Jesus Christ, And to drink his Blood, That our sinful bodies may be made clean by his Body, And our souls washed through his most precious Blood, And that we may evermore dwell in him, And he in us. Amen.**

### **Agnus Dei**

*Merbecke*

O LAMB of God, that takest away the sin of the world, have mercy upon us.  
O Lamb of God, that takest away the sin of the world, have mercy upon us.  
O Lamb of God, that takest away the sin of the world, grant us thy peace.

### **Invitation to Communion**

*Celebrant* Behold the Lamb of God ...  
*All* **Lord, I am not worthy that Thou shouldst come under my roof, but speak the word only and my soul shall be healed.**

### **Communion** *Sed aqua quam dabo*

*John 4:14*

Whoso drinketh of the water that I shall give him, saith the Lord: it shall be in him a well of water springing up unto life eternal.

### **Music at Communion** O kind Creator, bow thine ear

*Plainsong*

## Act of Spiritual Communion

*In Union, dear Lord, with the faithful at every altar of thy Church where thy blessed Body and Blood are being offered to the Father, I desire to offer thee praise and thanksgiving. I believe that thou art truly present in the Holy Sacrament. And since I cannot now receive thee sacramentally, I beseech thee to come spiritually into my heart. I unite myself unto thee, and embrace thee with all the affections of my soul. Let me never be separated from thee. Let me live and die in thy love. Amen.*

*May the Body and Blood of our Lord Jesus Christ preserve my body and soul unto everlasting life. Amen.*

## THANKSGIVING AND DISMISSAL

### Prayer after Communion

*Celebrant* The Lord be with you;

*People* **And with thy spirit.**

*Celebrant* Let us pray.

*Celebrant* MAY the holy partaking of thy sacrament, O Lord, in such wise restore us: that we, being cleansed from our former nature, may enter into the fellowship of this saving mystery; through Jesus Christ, thy Son our Lord, who liveth and reigneth with thee in the unity of the Holy Ghost, ever one God, world without end. **Amen.**

### The Blessing

*Celebrant* THE peace of God, which passeth all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord: And the blessing of God Almighty, ✠ the Father, the Son, and the Holy Ghost, be amongst you and remain with you always. **Amen.**

### The Dismissal

*Celebrant* The Lord be with you.

*People* **And with thy spirit.**

*Celebrant* Let us depart in peace.

*People* **Thanks be to God.**

### Post-Communion Hymn

*Heinlein*

- |   |  |
|---|--|
| 1. FORTY days and forty nights<br>Thou wast fasting in the wild;<br>Forty days and forty nights<br>Tempted, and yet undefiled:              | 4. And if Satan, vexing sore,<br>Flesh or spirit should assail,<br>Thou, his vanquisher before,<br>Grant we may not faint nor fail.    |
| 2. Sunbeams scorching all the day:<br>Chilly dew-drops nightly shed;<br>Prowling beasts about thy way;<br>Stones thy pillow, earth thy bed. | 5. So shall we have peace divine;<br>Holier gladness ours shall be;<br>Round us too shall Angels shine,<br>Such as ministered to thee. |
| 3. Shall not we thy watchings share,<br>And from earthly joys abstain,<br>Fasting with unceasing prayer,<br>Glad with thee to suffer pain?  | 6. Keep, O keep us, Saviour dear,<br>Ever constant by thy side;<br>That with thee we may appear<br>At the eternal Eastertide.          |

**Organ Postlude** Prelude and Fugue in G minor

*Healey Willan (1880-1968)*

## *In memoriam*

The Light before the Blessed Sacrament burns to the Glory of God, and in fond remembrance of David Blackman.

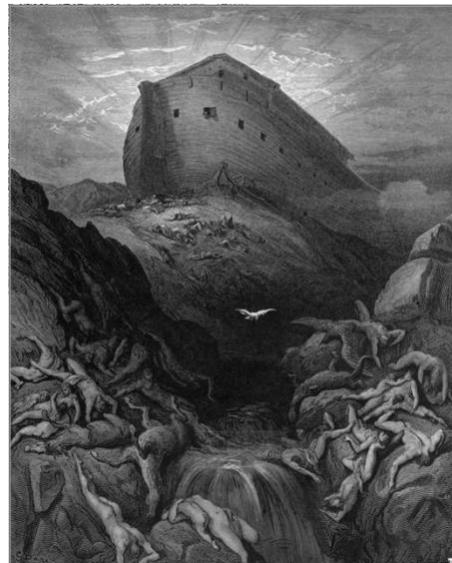
**Saint Ambrose** explains how the sacrament of baptism was prefigured in the story of the flood and Noah's Ark in the Book of Genesis. The wood of the Ark, the flood waters and the dove which returns with the olive branch all prefigure different aspects of baptism.

### **NOAH, FLOOD, DOVE & NEW CREATION**

By its own iniquities all flesh was corrupted. And God says:  
My Spirit shall not remain among men, because they are flesh.  
This goes to show that carnal impurity and the pollution of grave  
sin turn away the grace of the Spirit.

Since that had happened, God sought to repair his disfigured  
creation. He sent the flood and commanded Noah, the just man,  
to go up into the ark. As the waters of the flood were receding  
Noah sent first a raven (which did not return) and then a dove,  
which came back with an olive branch, as we read in the  
scriptures.

And now you see the water, you see the wood, you see the dove,  
and you still doubt the mystery?



### **WATER, WOOD, DOVE**

The water is the water into which the flesh is dipped,  
to wash away all the sins of the flesh. And so is all sin buried.

The wood is the wood on which the Lord Jesus was fastened  
when he suffered for us.

The dove symbolizes the Holy Spirit's taking on the form of a  
dove, as you have learnt from the New Testament: the Spirit  
who brings peace to your soul and calm to your troubled mind.

*Engravings by Gustave Doré (1832–1883)*

## **St. Barnabas, Apostle and Martyr**

RECTOR  
The Rev. Canon Stewart Murray

SERVER  
Gary Rourke

AUDIO/VIDEO TECHNICIAN  
Devin Crawley

ORGANIST AND CHOIRMASTER  
Wesley Warren,  
M.Mus., F.R.C.O.(Chm), A.R.C.T.

CANTORS  
Christopher Yordy, Donald Russell

Music used with permission under ONE LICENSE 736715-A

70 JAMES STREET, OTTAWA, ON K1R 5M3

Phone: 613-232-6992 | e-mail: [stbarnabas@primus.ca](mailto:stbarnabas@primus.ca)

[www.stbarnabasottawa.com](http://www.stbarnabasottawa.com)