

CHURCH OF ST BARNABAS, APOSTLE AND MARTYR

Our Church stands on the unceded traditional territory of the Algonquin Nation

Greeter, 8:30 am: Chris Bowers

Warden on duty: William Hallett

Attendance last week: 8:30 am: 15 10:30 am: 78

PARISH DIRECTORY

RECTOR

The Rev. Canon Stewart Murray
613-668-6992
parishoffice@primus.ca

ASSOCIATE PRIEST

The Rev. Canon James Beall
613-447-7834

HONORARY ASSISTANTS

Canon Matthew Borden
Fr Donald Tudin

ORGANIST AND CHOIRMASTER

Wesley Warren, M.Mus.,
F.R.C.O.(Chm), A.R.C.T.

RECTOR'S WARDEN

Gary Rourke (613-276-0921)

PEOPLE'S WARDEN

William Hallett (613-745-1890)

DEPUTY PEOPLE'S WARDEN

Diane Roussel (613-745-7302)

TREASURER

Christopher Bowers (613-371-9857)
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SITIO STUDENTS & YOUNG ADULTS

Fiona SC Laverty (709-771-1662)
fionaslaverty@outlook.com

WORSHIP SCHEDULE

MONDAY, DECEMBER 2ND

8:00 pm Compline by Candlelight

TUESDAY, DECEMBER 3RD

9:30 am Morning Prayer

10:00 am Mass

St. Francis Xavier, Missionary

WEDNESDAY, DECEMBER 4TH

4:45 pm Evening Prayer

5:15 pm Mass

Nicholas Ferrer, Deacon

THURSDAY, DECEMBER 5TH

12:15 pm Mass

Clement of Alexandria

FRIDAY, DECEMBER 6TH

7:00 am Morning Prayer

7:30 am Mass

St. Nicholas, Bishop

READINGS FOR NEXT SUNDAY,

DECEMBER 8TH, ADVENT II

8:30 am **Low Mass**

Rom 15:4-13

Luke 21:25-33

10:30 am **High Mass**

Is 11:1-10

Ps 72:1-7; 18-19

Rom 15:4-13

Matt 3:1-12

ST BARNABAS

Apostle & Martyr

THE ANGLO-CATHOLIC PARISH IN THE DIOCESE OF OTTAWA
CELEBRATING 130 YEARS OF WORSHIP AND SERVICE, 1889-2019



1 December 2019

The First Sunday in Advent

Welcome!

We are a diverse and vibrant Christian community, faithfully proclaiming the Gospel of Jesus Christ in the mystery of word and sacrament. We are committed to excellence in music, liturgy, and classical Christian teaching and preaching. We invite you to join us as we worship the Lord in the beauty of holiness.

70 JAMES STREET, OTTAWA, ONTARIO K1R 5M3

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Office Hours: Tuesday and Thursday, 9:00 am – 12:00 noon

www.stbarnabasottawa.com



Advent I

1 December 2019

8:00 am Mattins is said in the Chapel.

8:30 am Low Mass begins on page 67 of the *Book of Common Prayer*. The Collect, Epistle and Gospel for today are found on pages 95-97.

Introit Unto thee, O Lord, lift I up my soul; O my God, in thee have I trusted, let me not be confounded: neither let mine enemies triumph over me; for all they that look for thee shall not be ashamed. *Ps.* Show me thy ways, O Lord: and teach me thy paths. Glory be... Unto thee, O Lord...

The Gradual Psalm is printed on the opposite page.

10:30 am

Litany in Procession and Solemn High Mass

The Order of the Holy Sacrifice of the Mass (white booklet)

The Great Litany (insert booklet)

Hymnal: *The Book of Common Praise* (blue book)

Mass setting: *Missa Seraphica* – Anon.

Creed - John Merbecke (c.1510-c.1585)

Prelude *Chorale Prelude on "Nun komm der Heiden Heiland"*, BWV 659
- J.S. Bach (1685–1750)

Blessing and Lighting of the Advent Wreath

Versicle Today you shall know that the Lord will come and save you;

Response **And we shall see the glory of the Lord.**

Versicle Jesus, Son of Righteousness;

Response **Come and give us light.**

Prayer Bless O Lord, this wreath, and these candles which we light in preparation for your coming; and so warm our hearts with the fire of your love that we may welcome you with joy and gladness, and make you known to all people. May our Advent Wreath be a reminder to us of your crown of thorns and of your eternal Crown of Glory.

People **Amen. Come, Lord Jesus.**

The Great Litany Litany booklet (*BCP*, p. 30)

Collect Almighty God, give us grace that we may cast away the works of darkness, and put upon us the armour of light, now in the time of this mortal life, in which thy Son Jesus Christ came to visit us in great humility; that in the last day, when he shall come again in his glorious Majesty, to judge both the quick and the dead, we may rise to the life immortal; through him who liveth and reigneth with thee and the Holy Spirit, now and ever. **Amen.**

Proclamation of the Word (see insert)

pp. 3-5

Isaiah 2:1-5

Psalms 122. *Laetatus sum.*

Romans 13:11-14

Gradual Hymn 63 *Hark! a herald voice is sounding*

MERTON

Gradual For all they that look for thee: shall not be ashamed, O Lord. Make known to me thy ways, O Lord: and teach me thy paths. Alleluia, alleluia. Show us thy mercy, O Lord: and grant us thy salvation. Alleluia.

Holy Gospel Matthew 24:36-44 (see insert)

p. 4

Sermon Fr Stewart Murray

Nicene Creed

p. 5

The Peace

p. 8

Offertory Unto thee, O Lord, lift I up my soul; O my God, in thee have I trusted, let me not be confounded: neither let mine enemies triumph over me; for all they that look for thee shall not be ashamed.

Offertory Hymn 60 *Lo! he comes with clouds descending*

HELMSLEY

Canon of the Mass

pp. 9-16

Communion The Lord shall show loving-kindness: and our land shall give her increase.

All baptized Christians are welcome to receive the Holy Eucharist.

Communion Hymn 66 *Creator of the starry height*

CONDITOR ALME SIDERUM

Ablutions Motet *Carol of the Advent* - Besançon Noël, arr. M. Shaw

Thanksgiving and Dismissal

pp. 16-18

Post Communion Hymn 62 *O come, O come, Emmanuel*

VENI EMMANUEL

Announcements and Angelus

p. 21

Postlude *Chaconne in G minor* - Louis Couperin (c.1626-1661), arr. Bonnet

In memoriam

The Light before the Blessed Sacrament burns to the Glory of God and in loving memory of James Broughall, by his daughter Rosemary.
The Light before the Lady Altar is given to the Glory of God and in loving memory of Adelchi (Dick) Liut by Ronald and Peter Bentley.



Notes and Notices

1 December 2019

*A warm Welcome is extended to all visitors and newcomers worshiping with us today. Please fill out a **Welcome Card**, and sign our Visitors' Book in the Narthex following the service. After High Mass, do join us for refreshments in the Fred Allen Memorial Hall.*

Upcoming Events

Tuesday, December 3rd – *The first Christians in Corinth receive a letter from Paul: Listening and discussing with Fr Raths in the library at 7 pm.*

Friday, December 6th – Parish Movie Night and Potluck, **5:30 pm.**

Sunday, December 8th – Advent Procession with Carols at **7 pm.**

Sunday, December 15th – Choral Compline at Good Shepherd Barrhaven, 3500 Fallowfield, led by the Vocata Trio, at **7:30 pm.** See poster in Narthex.

Nota bene

Young children and their caregivers are invited to join us for the second early years church program at **10:30 am** this morning. We will meet in the library following the Lighting of the Advent Candle. This program is open to parishioners as well as those from outside the parish. For more information, please contact Catherine at 613-761-1646.

From Darkness to Light. Please join us for our annual Advent Procession with Carols which will be held on Sunday, **December 8th at 7 pm.** It is a traditional service of carols, hymns, and readings for the season of Advent, and replaces Evensong and Benediction in the month of December. A reception, to which all are welcome, will follow in the Parish Hall.

Christmas Baskets for the parish's sick and shut-ins will be readied for delivery on **Sunday, December 15th.** We endeavor to include small bottles of jams, packages of teas and cookies, clementines, hard candies, etc. Monetary donations for small plants would be appreciated for those who do not receive food baskets.

The **2020 Church Calendars**, published by St. Peter Publications, will be available from Wesley Warren following services today at \$8 per copy.

Centre 454 will host their Christmas Party on December 5th at Christ Church Cathedral. Help is needed in sorting gifts, preparing food, and volunteering on the day of the dinner.

Our **Annual Christmas Clean-up** will take place **Saturday, December 21st.** Please bring lots of energy, rags, dusters, etc.! Many hands make light work. For more information, please contact Ronald Bentley.

The **Mass Schedule** for December is available on the table in the Narthex.

The choir's CD recording "**Exultate Deo**" is available at \$20 per copy.

A **summary of results** from the questionnaire distributed at the Town Hall on October 20 is available in the Narthex.

The Ewashko Singers and the Bell Choir of De La Salle High School will present a Christmas Concert entitled "**Christmas Bells**" with our organist, Wesley Warren as guest soloist and accompanist, on Saturday, **December 14th at 7:30 pm**, here at St. Barnabas. Tickets \$25 (regular) and \$20 (seniors and students), available at the door.

Prayers of the People

In the Anglican Cycle of Prayer, we pray for mission agencies and their work throughout the Anglican Communion.

In our Diocesan Cycle of Prayer, we pray for Emmanuel, Arnprior; St. Luke's Table; the chaplain to the Ottawa Police Service; and Emmanuel Church, Ramleh, Israel.

In our Parish, we pray for Derek Robertson, Gary Rourke, Terry and Pierette Santoni, and Henry and Sharon Schlarb.

We remember those for whom our prayers have been asked: Janet Martin and all the family as they mourn the loss of her sister-in-law Colleen, Patricia Boyce, Geoffrey, Joshua, Roger Beland, Emma and Family, Harvey Cottrell, Vera Iodko, The Rev. Deacon Henry Stauffenberg, Jarod, David Blackman, Murray Nash, Issac, Emily, Mary and Rob, Ronald Bentley, Bishop John Chapman, Bishop William Love, Fr. Borden, Joe O'Brien, Maurice Therrien, Mary Davis, Hugh, Mary Fereday, Quinn Smith, Morris Redman, Phyllis James, Venice Barrett, Fr. Steven Kelly, Tracey, Tony Fereday, Bart Beglo, Carol Anne, Patrick, Lou MacKenzie, Thomas Tims, Rick Peche, and for all living with anxiety and depression.

For troubled areas of the world, we pray for the Middle East, with the continuing troubles in Syria, Palestine, Gaza, and Israel, Yemen, Sri Lanka, the Kurdish people, all suffering from disease, war, terrorism, and natural disaster, especially those affected by hurricane Dorian, and for our Canadian Forces and aid workers serving worldwide.

For those celebrating a birthday: Patricia Boyce, George Rae, Henry Schlarb.
For all the faithful departed: Colleen Anne Martin, Deans Berry, Agnes Du Bois D'Aische, Arthur Colman, Harold Cullen, Fr. Peter Meggs, James Broughall, Adelchi Liut, and members of our family and friends.

Christian Virtue: An Advent Talk-and-Discussion Series

Peter Scotchmer, a parishioner and retired English teacher and department head, is offering a series of one-hour talk-and-discussion lectures on several Christian Virtues as these make their presence felt in a number of significant literary works. These lectures will take place at **9:30 am each Sunday during Advent** before the 10:30 am High Mass and will be scheduled as follows:

Dec. 1: Introduction to the series;

Dec. 8: Temperance: Fitzgerald's *The Great Gatsby*;

Dec. 15: Diligence: Bunyan's *Pilgrim's Progress*;

Dec. 22: Love: Shakespeare's *King Lear*.

The series is projected to continue in January if interest warrants. While it is helpful for participants to have read each work in advance, no prior knowledge of each is assumed. Interest is the sole requirement.

Advent and the Four Last Things

The First Sunday in Advent marks the beginning of the liturgical year in the West. The name of the season is derived from the Latin, *adventus*, meaning, coming/arrival and is a translation of the Greek, *parousia*, which refers to the Second Coming of Christ. However, cultural Christmas creep has had the effect of preempting Advent, thereby obliterating the eschatological aspect of the season, along with its penitential nature (somber sobriety does not make for a jolly office Christmas party). As Evan Daniel, in his history on the Prayer-Book explains,

Each of the great festivals of the Church is the centre of a sacred season, which begins with a period of solemn preparation, and ends with one of holy joy. Thus Christmas is preceded by the season of Advent, which was formerly observed in much the same way as Lent, though with less strictness, and it is followed by the twelve days of festal joy which terminate with Epiphany. The services for Advent are intended to prepare us for a devout and profitable celebration of Christmas and for Christ's second coming.

The Advent season is therefore multi-dimensional. It looks backward in time to the coming of the Son of God as the Infant of Bethlehem two thousand years ago; it looks forward to the end of time, to the consummation of history in the coming of the Son of God as Judge.

These two comings of our Lord are combined in the collect for the First Sunday of Advent, which, like that of the First Sunday in Lent, is repeated throughout the season. Based upon the Epistle, it reminds us that we cannot celebrate aright the first Advent unless we prepare for the second. The language of the collect compels us to amendment of life. Furthermore, the Gospel appointed for the First Sunday in Advent ominously advises us to “keep awake therefore, for you do not know on what day your Lord is coming.” Consequently, the **Four Last Things – Death, Judgement, Hell, and Heaven** – have been traditional themes for Advent meditation.

The Cover Art for the four Sundays in Advent will thus reflect this theme, with depictions taken from Hieronymus Bosch's **The Seven Deadly Sins and the Four Last Things**, c.1500. Although a common theme in the Middle Ages, and especially in the 15th century as a popular book by Denis the Carthusian attests, the Four Last Things are seldom addressed today. The central image of Bosch's work contains the 'Eye of God', in whose pupil Christ emerges from His sarcophagus, surrounded by the text, 'Beware, Beware, God sees'. This may be a reference to Nicholas of Cusa's *Vision of God*: 'O how marvelous is thy glance, my God... how fair and lovely it is unto all that love thee! How dread it is unto all them that have abandoned thee, O Lord my God!'

In his depiction of **Death**, Bosch illustrates the *ars moriendi* – la science de bien Mourir/the art of dying – another popular theme as well as a devotional treatise of the 15th century. In the last moments of life, it suggests that we will be sorely tempted by the devil, but that we ought to be patient in suffering (James 5:7-11), with our eyes firmly fixed on Christ. Death, lurking behind the sick man's bed is about to strike, whilst a demon and an angel perch on the headboard of

his bed, vying for his soul. A priest has administered last rites, and a religious holds a crucifix before the eyes of the sick man (Hold thou thy cross before my closing eyes...). Christian death however begins at Baptism in which we sacramentally/spiritually die with Christ, and, as the painting suggests, if we die in the grace of God, physical death will be a completion of 'dying with Christ'. An important example of *ars moriendi* literature is the Anglican divine Jeremy Taylor's treatise, *Holy Dying*, which admonishes the believer to 'live in a state of daily preparation for death'.

The Three Comings of the Lord – St. Bernard of Clairveaux

We know that there are three comings of the Lord. The third lies between the other two. It is invisible, while the other two are visible. In the first coming he was seen on earth, dwelling among men; he himself testifies that they saw him and hated him. In the final coming all flesh will see the salvation of our God, and they will look on him whom they pierced. The intermediate coming is a hidden one; in it only the elect see the Lord within their own selves, and they are saved. In his first coming our Lord came in our flesh and in our weakness; in this middle coming he comes in spirit and in power; in the final coming he will be seen in glory and majesty.

In case someone should think that what we say about this middle coming is sheer invention, listen to what our Lord himself says: If anyone loves me, he will keep my word, and my Father will love him, and we will come to him. There is another passage of Scripture which reads: He who fears God will do good, but something further has been said about the one who loves, that is, that he will keep God's word. Where is God's word to be kept? Obviously in the heart, as the prophet says: I have hidden your words in my heart, so that I may not sin against you.

Keep God's word in this way. Let it enter into your very being, let it take possession of your desires and your whole way of life. Feed on goodness, and your soul will delight in its richness. Remember to eat your bread, or your heart will wither away. Fill your soul with richness and strength. Because this coming lies between the other two, it is like a road on which we travel from the first coming to the last. In the first, Christ was our redemption; in the last, he will appear as our life; in this middle coming, he is our rest and consolation.

If you keep the word of God in this way, it will also keep you. The Son with the Father will come to you. The great Prophet who will build the new Jerusalem will come, the one who makes all things new. This coming will fulfill what is written: As we have borne the likeness of the earthly man, we shall also bear the likeness of the heavenly man. Just as Adam's sin spread through all mankind and took hold of all, so Christ, who created and redeemed all, will glorify all, once he takes possession of all.

Advent Devotions

Devotional booklets of daily Advent readings, **Let the Heavens be Glad: inspiration from Henri J.M. Nouwen**, may be found at the back of the Nave.

The Advent issue of the **Anglican Planet** is available on the table in the Narthex.