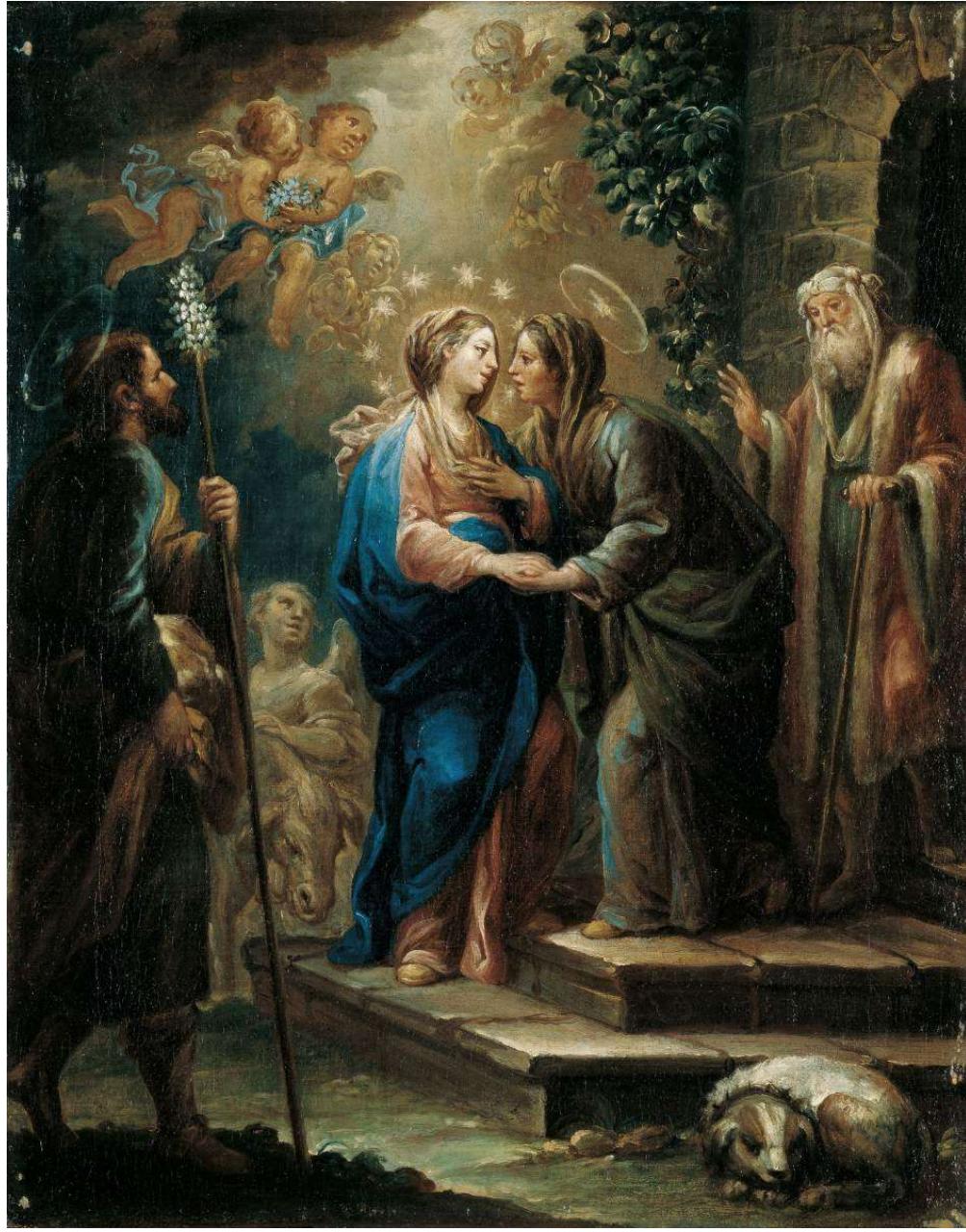




ST BARNABAS

Apostle & Martyr



Visitation, Jerónimo Antonio Ezquerra (ca.1660-1733)

19th December 2021

The Fourth Sunday in Advent

Missa cantata

Organ Prelude Prelude on a 2nd Mode Melody *Florence Durell Clark (1891-1977)*

Please note that mask wearing is required, and no congregational singing is permitted.

Please stand for the entrance of the sacred ministers.

Lighting of the Advent Wreath

Versicle The Angel of the Lord appeared unto Mary;

Response **All generations shall call her blessed.**

Versicle Behold the handmaid of the Lord;

Response **Be it unto me according to thy word.**

Versicle And the Word was made flesh;

Response **And dwelt among us.**

Celebrant We praise thee, our Father, for the wonderful news announced to Mary. We thank thee for her trust and love, and for her ready obedience to thy will. Give us grace and obedience, that we may be counted worthy to bear the good news to the world, and that thy Son came to save all people.

People **Amen. Come, Lord Jesus.**

Opening Hymn with Asperges 321

St. Cecilia

Holy Water is sprinkled as a reminder that through the waters of baptism we are made members of Christ's Holy Catholic Church.

1 THY kingdom come, O GOD,
 Thy rule, O CHRIST, begin;
 Break with thine iron rod
 The tyrannies of sin.

2 Where is thy reign of peace,
 And purity, and love?
 When shall all hatred cease,
 As in the realms above?

3 When comes the promised time
 That war shall be no more,
 And lust, oppression, crime
 Shall flee thy face before?

4 We pray thee, LORD, arise,
 And come in thy great might;
 Revive our longing eyes,
 Which languish for thy sight.

Introit

Remember us, O Lord, with the favour that thou bearest unto thy people; O visit us with thy salvation : that we, beholding the felicity of thy chosen, may rejoice in the gladness of thy people; and my glory with thine inheritance. *Ps.* We have sinned with our fathers : we have done amiss and dealt wickedly. Glory be ... Remember us ...

Salutation and Collect for Purity

Celebrant The grace  of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Ghost, be with you all.

People **And with thy spirit.**

ALMIGHTY God, unto whom all hearts be open, all desires known, and from whom no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of thy Holy Spirit, that we may perfectly love thee, and worthily magnify thy holy Name; through Christ our Lord. **Amen.**

Kyrie	<i>Missa L' hora passa</i>	<i>Lodovico Viadana (c.1561-1627)</i>
<i>Choir</i>	Kyrie eleison Christe eleison Kyrie eleison	<i>Lord, have mercy upon us Christ, have mercy upon us Lord, have mercy upon us</i>

The Collect of the Day

Celebrant The Lord be with you
People **And with thy spirit.**
Celebrant Let us pray.

Heavenly Father, who chose the Virgin Mary, full of grace, to be the mother of our Lord and Saviour, now fill us with your grace, that we in all things may embrace your will and with her rejoice in your salvation; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

Almighty God, give us grace to cast away the works of darkness and put on the armour of light, now in the time of this mortal life in which your Son Jesus Christ came to us in great humility, that on the last day, when he shall come again in his glorious majesty to judge both the living and the dead, we may rise to the life immortal; through him who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

THE LITURGY OF THE WORD

Micah 5:2-5A

But you, O Bethlehem of Ephrathah, who are one of the little clans of Judah, from you shall come forth for me one who is to rule in Israel, whose origin is from of old, from ancient days. Therefore he shall give them up until the time when she who is in labor has brought forth; then the rest of his kindred shall return to the people of Israel.

And he shall stand and feed his flock in the strength of the Lord, in the majesty of the name of the Lord his God. And they shall live secure, for now he shall be great to the ends of the earth; and he shall be the one of peace.

Reader The Word of the Lord
People **Thanks be to God.**

Psalm 89

MY song shall be alway of the loving-kindness of the LORD; / with my mouth will I ever be showing thy faithfulness from one generation to another.

For I have said, ‘Loving-kindness shall be built up for ever; / thy faithfulness shalt thou establish in the heavens.’

‘I HAVE made a covenant with my chosen: / I have sworn unto David my servant; Thy seed will I establish for ever, / and set up thy throne from one generation to another.’

I have found David my servant: / with my holy oil have I anointed him.

My hand shall hold him fast, / and my arm shall strengthen him.

The enemy shall not be able to do him violence: / the son of wickedness shall not hurt him. I will beat down his foes before his face, / and smite them that hate him.

My faithfulness also and my mercy shall be with him: / and in my Name shall his horn be exalted.

I will set his hand also on the sea, / and his right hand on the rivers.

He shall call me, “Thou art my Father, / my God, and the rock of my salvation.”

Hebrews 10:5-10

Consequently, when Christ came into the world, he said, “Sacrifices and offerings you have not desired, but a body you have prepared for me; in burnt offerings and sin offerings you have taken no pleasure. Then I said, ‘See, God, I have come to do your will, O God’ (in the scroll of the book it is written of me).”

When he said above, “You have neither desired nor taken pleasure in sacrifices and offerings and burnt offerings and sin offerings” (these are offered according to the law), then he added, “See, I have come to do your will.” He abolishes the first in order to establish the second. And it is by God’s will that we have been sanctified through the offering of the body of Jesus Christ once for all.

*Reader
People*

The Word of the Lord
Thanks be to God.

Gradual Hymn 192

- 1 THE GOD whom earth, and sea, and sky
Adore, and laud, and magnify,
Whose might they own, whose praise
they swell,
In Mary’s womb vouchsafed to dwell.
- 2 The LORD whom sun and moon obey,
Whom all things serve from day to day,
Was by the HOLY GHOST conceived
Of her who through his grace believed.

- Puer nobis nascitur*
- 3 How blest that Mother, in whose shrine
The world’s Creator, LORD Divine,
Whose hand contains the earth and sky,
Once deigned, as in his ark, to lie.
 - 4 Blest in the message Gabriel brought,
Blest by the work the SPIRIT wrought;
From whom the great Desire of earth
Took human flesh and human birth.

Gradual

The Lord is nigh unto all them that call upon him : yea, all such as call upon him faithfully. *V.*
My mouth shall speak the praise of the Lord : and let all flesh give thanks unto his holy Name.
Alleluia, alleluia. V. Come, O Lord, and tarry not : forgive the misdeeds of thy people. Alleluia.

The Gospel *Luke 1:39-45*

Celebrant
People

And with thy spirit.
✠ The Holy Gospel is written in the first chapter of the Gospel according to St Luke, beginning at the thirty-ninth verse.

Celebrant
People

Glory be to thee, O Lord.

In those days Mary set out and went with haste to a Judean town in the hill country, where she entered the house of Zechariah and greeted Elizabeth. When Elizabeth heard Mary’s greeting, the child leaped in her womb. And Elizabeth was filled with the Holy Spirit and exclaimed with a loud cry, “Blessed are you among women, and blessed is the fruit of your womb. And why has this happened to me, that the mother of my Lord comes to me? For as soon as I heard the sound of your greeting, the child in my womb leaped for joy. And blessed is she who believed that there would be a fulfillment of what was spoken to her by the Lord.”

Celebrant
People

The Gospel of the Lord.
Praise be to thee, O Christ.

Sermon

Fr Stewart Murray

Nicene Creed

Merbecke

Celebrant I BELIEVE in one God

Choir the Father Almighty, Maker of heaven and earth, And of all things visible and invisible:

And in one Lord Jesus Christ, the only-begotten Son of God, Begotten of the Father before all worlds; God, of God; Light, of Light; Very God, of very God; Begotten, not made; Being of one substance with the Father; Through whom all things were made: Who for us men and for our salvation came down from heaven, And was incarnate by the Holy Ghost of the Virgin Mary, And was made man, And was crucified also for us under Pontius Pilate. He suffered and was buried, And the third day he rose again according to the Scriptures, And ascended into heaven, And sitteth on the right hand of the Father. And he shall come again with glory to judge both the quick and the dead: Whose kingdom shall have no end.

And I believe in the Holy Ghost, The Lord, The Giver of Life, Who proceedeth from the Father and the Son, Who with the Father and the Son together is worshipped and glorified, Who spake by the Prophets. And I believe One, Holy, Catholic, and Apostolic Church. I acknowledge one Baptism for the remission of sins. And I look for the Resurrection of the dead,

✠ And the Life of the world to come. Amen.

THE INTERCESSION

A leader leads the prayers for the Church, ending each petition with:

Reader Lord, in thy mercy,

People Hear our prayer.

The Invitation to Confession and Absolution

Celebrant YE that do truly and earnestly repent you of your sins, and are in love and charity with your neighbours, and intend to lead the new life, following the commandments of God, and walking from henceforth in his holy ways: Draw near with faith, and take this holy Sacrament to your comfort; and make your humble confession to Almighty God, meekly kneeling upon your knees.

All ALMIGHTY God, Father of our Lord Jesus Christ, Maker of all things, Judge of all men: We acknowledge and confess our manifold sins and wickedness, Which we from time to time most grievously have committed, By thought, word, and deed, Against thy Divine Majesty. We do earnestly repent, And are heartily sorry for these our misdoings. Have mercy upon us, most merciful Father; For thy Son our Lord Jesus Christ's sake, Forgive us all that is past; And grant that we may ever hereafter Serve and please thee In newness of life, To the honour and glory of thy Name; Through Jesus Christ our Lord. Amen.

Celebrant ALMIGHTY God, our heavenly Father, who of his great mercy hath promised forgiveness of sins to all them that with hearty repentance and true faith turn unto him: Have mercy upon you; pardon and deliver you from all your sins; confirm and strengthen you in all goodness; and bring you to everlasting life; through Jesus Christ our Lord. Amen.

THE OFFERTORY

Offertory

Be strong, fear not; behold, our God will come with a recompense : he will come, and save us.

Offertory Hymn 391

Culbach

- | | |
|---|--|
| 1 SONGS of praise the angels sang,
Heaven with alleluias rang,
When creation was begun,
When GOD spake and it was done. | 3 Heaven and earth must pass away,
Songs of praise shall crown that day;
GOD will make new heavens and earth,
Songs of praise shall hail their birth. |
| 2 Songs of praise awoke the morn
When the Prince of Peace was born;
Songs of praise arose when he
Captive led captivity. | 4 Saints below, with heart and voice,
Still in songs of praise rejoice;
Learning here, by faith and love,
Songs of praise to sing above. |

Secret (Prayer over the Gifts)

Celebrant Gracious God, by the power of the Spirit who sanctified the mother of your Son, make holy all we offer you this day. We ask this in the name of Jesus Christ the Lord. **Amen.**

Mass Intentions of the Day

Celebrant Pray, brethren, that my sacrifice and yours be acceptable unto God the Father almighty.
People **May the Lord receive the sacrifice at thy hands, to the praise and glory of His Name, both to our benefit and to that of all His Holy Church.**

THE CANON OF THE MASS

Celebrant THE Lord be with you;
People **And with thy spirit.**

Celebrant Lift up your hearts;
People **We lift them up unto the Lord.**

Celebrant Let us give thanks unto our Lord God;
People **It is meet and right so to do.**

Celebrant IT is very meet, right, and our bounden duty, that we should at all times, and in all places give thanks unto thee, O Lord, Holy Father, Almighty, Everlasting God, Creator and Preserver of all things.

THEREFORE with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee and saying:

Sanctus and Benedictus

Missa L' hora passa

Choir HOLY, Holy, Holy, Lord God of hosts, Heaven and earth are full of thy glory. Glory be to thee, O Lord Most High.

BLESSED ✠ is he that cometh in the Name of the Lord: Hosanna in the highest.

Celebrant BLESSING and glory and thanksgiving be unto thee Almighty God, our heavenly Father, who of thy tender mercy didst give thine only Son Jesus Christ to take our nature upon him, and to suffer death upon the Cross for our redemption; who made there, by his one oblation of himself once offered, a full, perfect, and sufficient sacrifice, oblation, and satisfaction, for the sins of the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memorial of that his precious death, until his coming again.

Hear us, O merciful Father, we most humbly beseech thee; and grant that we receiving these thy creatures of bread and wine, according to thy Son our Saviour Jesus Christ's holy institution, in remembrance of his death and passion, may be partakers of his most blessed Body and Blood;

who, in the same night that he was betrayed, took Bread; and, when he had given thanks, he brake it; and gave it to his disciples, saying, Take, eat; this is my Body which is given for you: Do this in remembrance of me. ¶ Likewise after supper he took the Cup; and, when he had given thanks, he gave it to them, saying, Drink ye all, of this; for this is my Blood of the new Covenant, which is shed for you and for many for the remission of sins: Do this, as oft as ye shall drink it, in remembrance of me. ¶

Wherefore, O Father, Lord of heaven and earth, we thy humble servants, with all thy holy Church, remembering the precious death of thy beloved Son, his mighty resurrection, and glorious ascension, and looking for his coming again in glory, do make before thee, in this sacrament of the holy Bread of eternal life and the Cup of everlasting salvation, the memorial which he hath commanded; And we entirely desire thy fatherly goodness mercifully to accept this our sacrifice of praise and thanksgiving, most humbly beseeching thee to grant, that by the merits and death of thy Son Jesus Christ, and through faith in his blood, we and all thy whole Church may obtain remission of our sins, and all other benefits of his passion; And we pray that by the power of thy Holy Spirit, all we who are partakers of this holy Communion may be fulfilled with thy grace and heavenly benediction; through Jesus Christ our Lord,

by whom and with whom, in the unity of the Holy Spirit, all honour and glory be unto thee, O Father Almighty, world without end.

People

Amen.

THE COMMUNION

The Lord's Prayer

Celebrant Let us pray. As our Saviour Christ hath commanded and taught us, we are bold to say,

All **Our Father who art in heaven, Hallowed be thy Name, Thy kingdom come, Thy will be done, on earth as it is in heaven. Give us this day our daily bread; And forgive us our trespasses, As we forgive them that trespass against us; And lead us not into temptation, But deliver us from evil. For thine is the kingdom, the power, and the glory, For ever and ever. Amen.**

The Fraction and Pax

Celebrant The Peace of the Lord be always with you.

People **And with thy spirit.**

The Prayer of Humble Access

All **We do not presume to come to this thy Table, O merciful Lord, Trusting in our own righteousness, But in thy manifold and great mercies. We are not worthy So much as to gather up the crumbs under thy Table. But thou art the same Lord, Whose property is always to have mercy: Grant us therefore, gracious Lord, So to eat the Flesh of thy dear Son Jesus Christ, And to drink his Blood, That our sinful bodies may be made clean by his Body, And our souls washed through his most precious Blood, And that we may evermore dwell in him, And he in us. Amen.**

Agnus Dei

Missa L' hora passa

Choir O LAMB of God, that takest away the sin of the world, have mercy upon us.
O Lamb of God, that takest away the sin of the world, have mercy upon us.
O Lamb of God, that takest away the sin of the world, grant us thy peace.

Invitation to Communion

Celebrant Behold the Lamb of God ...
All **Lord, I am not worthy that Thou shouldest come under my roof,
but speak the word only and my soul shall be healed.**

Communion

Behold, a Virgin shall conceive, and bear a Son : and his Name shall be called Emmanuel.

Communion will be received in one kind only, and will be administered at a rail situated at the foot of the Chancel steps in the Nave. Please observe the distance markers on the carpet as you advance towards the rail. You may kneel or stand as the Sacred Host is placed into your hand. Once consumed, replace your mask, and return to your pew by one of the side aisles.

Ablutions Motet

The Angel Gabriel *Basque Carol*

THANKSGIVING AND DISMISSAL

Prayer after Communion

Celebrant The Lord be with you;
People **And with thy spirit.**

Celebrant Let us pray.

All ALMIGHTY and everliving God,
we most heartily thank thee that thou dost graciously feed us, in these holy mysteries, with
the spiritual food of the most precious Body and Blood of thy Son our Saviour Jesus
Christ; assuring us thereby of thy favour and goodness towards us; and that we are living
members of his mystical body, which is the blessed company of all faithful people; and are
also heirs through hope of thy everlasting kingdom.

And here we offer and present unto thee, O Lord, ourselves, our souls and bodies, to be a
reasonable, holy, and living sacrifice unto thee. And although we are unworthy, yet we
beseech thee to accept this our bounden duty and service, not weighing our merits, but
pardoning our offences; through Jesus Christ our Lord, to whom, with thee and the Holy
Ghost, be all honour and glory, world without end. Amen.

The Blessing

Celebrant THE peace of God, which passeth all understanding, keep your hearts and minds in the
knowledge and love of God, and of his Son Jesus Christ our Lord: And the blessing of God
Almighty,
✠ the Father, the Son, and the Holy Ghost, be amongst you and remain with you always.
Amen.

The Dismissal

Celebrant The Lord be with you.

People **And with thy spirit.**

Celebrant Let us depart in peace.

People **Thanks be to God.**

Post-Communion Hymn 62

1 O COME, O come, Emmanuel,
And ransom captive Israel,
That mourns in lonely exile here,
Until the SON of GOD appear.
Rejoice ! Rejoice ! Emmanuel
Shall come to thee, O Israel.

2 O come, thou Rod of Jesse, free
Thine own from Satan's tyranny;
From depths of hell thy people save,
And give them victory o'er the grave.
Rejoice ! Rejoice ! Emmanuel
Shall come to thee, O Israel.

Veni Emmanuel

3 O come, thou Day-spring, come and cheer
Our spirits by thine Advent here;
Disperse the gloomy clouds of night,
And death's dark shadows put to flight.
Rejoice ! Rejoice ! Emmanuel
Shall come to thee, O Israel.

4 O come, thou Key of David, come,
And open wide our heavenly home;
Make safe the way that leads on high,
And close the path to misery.
Rejoice ! Rejoice ! Emmanuel
Shall come to thee, O Israel.

5 O come, O come, thou LORD of might,
Who to thy tribes, from Sinai's height,
In ancient times didst give the law
In cloud, and majesty, and awe.
Rejoice ! Rejoice ! Emmanuel
Shall come to thee, O Israel.

ANNOUNCEMENTS AND ANGELUS

Celebrant The Angel of the Lord brought tidings unto Mary;

People **And she conceived by the Holy Ghost.**

Celebrant Hail, Mary, full of grace : the Lord is with thee;
Blessèd art thou amongst women, and blessed is the fruit of thy womb, Jesus.

People **Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death.**

Celebrant Behold the handmaid of the Lord;

People **Be it unto me according to thy word.**

Celebrant Hail, Mary ...

People **Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death.**

Celebrant And the Word was made flesh.

People **And dwelt among us.**

Celebrant Hail, Mary ...

People **Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death.**

Celebrant Pray for us, O holy Mother of God;

People **That we may be made worthy of the promises of Christ.**

Celebrant We beseech thee, O Lord, pour Thy grace into our hearts; that as we have known the Incarnation of Thy Son Jesus Christ by the message of an angel, so by His ✕ Cross and Passion we may be brought unto the glory of His Resurrection; through the same Jesus Christ our Lord. **Amen.**

Celebrant The Lord be with you;

People **And with thy spirit.**

Celebrant Let us bless the Lord;

People **Thanks be to God.**

Celebrant May the Divine assistance remain with us always and may the souls ✕ of the faithful departed, through the mercy of God, rest in peace. **Amen.**

Organ Postlude Fuga sopra il Magnificat (BWV 733) **J.S. Bach (1685-1750)**

*Do remember to call Ronald at 613-822-1911
by this Wednesday (December 22) at the latest
if you wish to contribute towards the cost of the Christmas flowers
and have names included in the Christmas bulletins.*

Thank you to all those who helped with yesterday's "Clean-up".



St. Barnabas, Apostle and Martyr

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