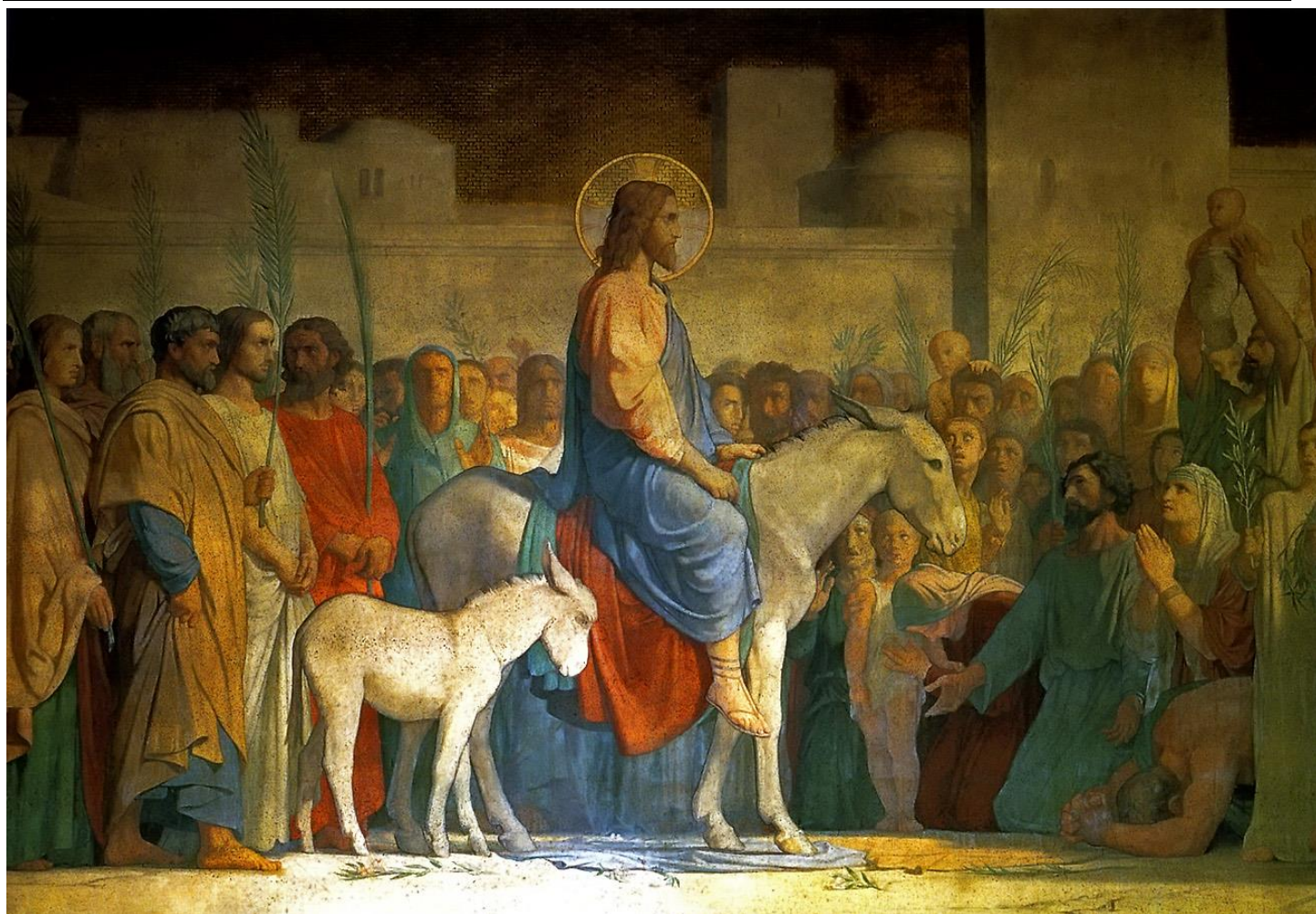




# ST BARNABAS

Apostle & Martyr



*Christ's Entry into Jerusalem, 1846, Jean-Hippolyte Flandrin (1809-1864)*

*28<sup>th</sup> March 2021*

## Palm Sunday

Liturgy of the Palms, Procession,  
and Liturgy of the Passion

## The Liturgy of the Palms

### Entrance Antiphon

*Plainsong*

Hosanna to the son of David: blessed is he that cometh in the Name of the Lord. O King of Israel: Hosanna in the highest.

*Celebrant*

Dear friends in Christ,  
during Lent we have been preparing for the celebration of our Lord’s paschal mystery.  
On this day our Lord Jesus Christ entered the holy city of Jerusalem in triumph.  
The people welcomed him with palms and shouts of praise,  
but the path before him led to self-giving, suffering, and death.  
Today we greet him as our King, although we know his crown is thorns and his throne a cross.  
We follow him this week from the glory of the palms to the glory of the resurrection by way  
of the dark road of suffering and death.  
United with him in his suffering on the cross, may we share his resurrection and new life.

Let us pray.

Assist us mercifully with your help, Lord God of our salvation, that we may enter with joy into  
the celebration of those mighty acts whereby you give us life and immortality;  
through Jesus Christ our Lord. **Amen.**

### The Gospel of the Palms *St Luke 19: 28-40*

*Celebrant*

The Lord be with you.

*People*

**And with thy spirit.**

*Celebrant*

The Holy Gospel is written in the nineteenth chapter of the Gospel according to St Luke  
beginning at the twenty-eighth verse.

*People*

**Glory be to thee, O Lord.**

And when he had said these things, he went on ahead, going up to Jerusalem. When he drew  
near to Bethphage and Bethany, at the mount that is called Olivet, he sent two of the disciples,  
saying, “Go into the village in front of you, where on entering you will find a colt tied, on which  
no one has ever yet sat. Untie it and bring it here. If anyone asks you, ‘Why are you untying it?’  
you shall say this: ‘The Lord has need of it.’” So those who were sent went away and found it  
just as he had told them. And as they were untying the colt, its owners said to them, “Why are  
you untying the colt?” And they said, “The Lord has need of it.” And they brought it to Jesus,  
and throwing their cloaks on the colt, they set Jesus on it. And as he rode along, they spread their  
cloaks on the road. As he was drawing near—already on the way down the Mount of Olives—  
the whole multitude of his disciples began to rejoice and praise God with a loud voice for all the  
mighty works that they had seen, saying, “Blessed is the King who comes in the name of the  
Lord! Peace in heaven and glory in the highest!” And some of the Pharisees in the crowd said to  
him, “Teacher, rebuke your disciples.” He answered, “I tell you, if these were silent, the very  
stones would cry out.”

*Celebrant*

The Gospel of the Lord.

*People*

**Praise be to thee, O Christ.**

## The Blessing and Distribution of the Palms

*Celebrant* The Lord be with you;  
*People* **And with thy spirit.**  
*Celebrant* Lift up your hearts;  
*People* **We lift them up unto the Lord.**  
*Celebrant* Let us give thanks unto our Lord God;  
*People* **It is meet and right so to do.**

We beseech, Thee, O Lord, to bless + and sanctify these branches of palms, that we who bear them in Thy Name may ever hail Jesus as our King; through the same Thy Son, Jesus Christ our Saviour, to whom with Thee and the Holy Ghost, be all honour and glory, world without end.  
**Amen.**

*The Priest then blesses the palms with Holy Water and incense and then distributes the palms.*

## THE PROCESSION

*Celebrant* Let us go forth in peace.  
*People* + **In the Name of the Lord. Amen.**

## Processional Hymn 130

*St. Theodulph*

- |  |   |
|--|---|
| <p>1. ALL glory, laud, and honour<br/>To thee, Redeemer, King,<br/>To whom the lips of children<br/>Made sweet hosannas ring.</p> <p>2. Thou art the King of Israel,<br/>Thou David's royal Son,<br/>Who in the LORD'S Name comest,<br/>The King and blessed One.<br/><i>All glory, laud, and honour.</i></p> <p>3. The company of angels<br/>Are praising thee on high,<br/>And mortal men and all things<br/>Created make reply.<br/><i>All glory, laud, and honour.</i></p> | <p>4. The people of the Hebrews<br/>With palms before thee went:<br/>Our praise and prayer and anthems<br/>Before thee we present.<br/><i>All glory, laud, and honour.</i></p> <p>5. To thee before thy Passion<br/>They sang their hymns of praise;<br/>To thee now high exalted<br/>Our melody we raise.<br/><i>All glory, laud, and honour.</i></p> <p>6. Thou didst accept their praises,<br/>Accept the prayers we bring,<br/>Who in all good delightest,<br/>Thou good and gracious King.<br/><i>All glory, laud, and honour.</i></p> |
|--|---|

## Station at the Rood

*Celebrant* O Saviour of the World, who by Thy Cross and Precious Blood hast redeemed us:  
*People* **Save and help us, we humble beseech Thee, O Lord.**  
*Celebrant* O GOD, who didst send forth thy Son, Jesus Christ our Lord, into the world for our salvation, that he might humble himself to be made like unto us, and call us back to thee: before whom, at his coming to Jerusalem for the fulfilling of the Scriptures, the multitude of the people that believed with faithful devotion strawed their raiment and palm branches in the way: grant, we beseech thee; that we may so prepare for him the way of faith, that, every stone of stumbling and rock of offence being done away, our works may blossom before thee with branches of righteousness: and that we may be found worthy to follow in his footsteps: Who liveth and reigneth with thee, in the unity of the Holy Ghost, ever one God, world without end. **Amen.**

## The Prophetic Anthem

O Jerusalem, look towards the east and behold: lift thine eyes, O Jerusalem, and behold the power of thy King.

## The Sermon

*Fr David Rath*s

## The Collect of the Day

*Celebrant* The Lord be with you;

*People* **And with thy spirit.**

*Celebrant* Let us pray.

*Celebrant* ALMIGHTY and everlasting God, who, of thy tender love towards mankind, hast sent thy Son our Saviour Jesus Christ, to take upon him our flesh, and to suffer death upon the cross, that all mankind should follow the example of his great humility: Mercifully grant, that we may both follow the example of his patience, and also be made partakers of his resurrection; through the same Jesus Christ our Lord. **Amen.**

## THE LITURGY OF THE WORD

### Isaiah 50: 4-9

The Lord God has given me  
the tongue of those who are taught,  
that I may know how to sustain with a word  
him who is weary.  
Morning by morning he awakens;  
he awakens my ear  
to hear as those who are taught.  
The Lord God has opened my ear,  
and I was not rebellious;  
I turned not backwards.  
I gave my back to those who strike,  
and my cheeks to those who pull out the beard;  
I hid not my face  
from disgrace and spitting.  
But the Lord God helps me;  
therefore I have not been disgraced;  
therefore I have set my face like a flint,  
and I know that I shall not be put to shame.  
He who vindicates me is near.  
Who will contend with me?  
Let us stand up together.  
Who is my adversary?  
Let him come near to me.  
Behold, the Lord God helps me;  
who will declare me guilty?

*Reader* The Word of the Lord

*People* **Thanks be to God.**

**Psalm 31: 10-19** *In te, Domine, speravi.*

HAVE mercy upon me, O LORD, for I am in trouble, / and mine eye is consumed for very heaviness; yea, my soul and my body.  
For my life is waxen old with sorrow, / and my years with mourning.  
My strength faileth me because of my adversity, / and my bones are consumed.  
I am become a reproach because of all mine enemies, / and especially unto my neighbours;  
And they of mine acquaintance are afraid of me; / and they that see me in the street flee from me.  
I am clean forgotten, as a dead man out of mind; / I am become like a broken vessel.  
For I have heard the whispering of the multitude, and fear is on every side; / while they conspire together against me, and plot to take away my life.  
But my hope hath been in thee, O LORD; / I have said, 'Thou art my God.'  
My times are in thy hand; / deliver me from the hand of mine enemies, and from them that persecute me.  
Show thy servant the light of thy countenance, / and save me for thy mercy's sake.

**Philippians 2: 5-11**

Have this mind among yourselves, which is yours in Christ Jesus, who, though he was in the form of God, did not count equality with God a thing to be grasped, but made himself nothing, taking the form of a servant, being born in the likeness of men. And being found in human form, he humbled himself by becoming obedient to the point of death, even death on a cross. Therefore God has highly exalted him and bestowed on him the name that is above every name, so that at the name of Jesus every knee should bow, in heaven and on earth and under the earth, and every tongue confess that Jesus Christ is Lord, to the glory of God the Father.

*Reader*            The Word of the Lord  
*People*            **Thanks be to God.**

**Gradual Hymn 120**

*Dunfermline*

- |   |   |
|---|---|
| 1. O DEAREST LORD, thy sacred head<br>With thorns was pierced for me;<br>O pour thy blessing on my head<br>That I may think for thee.     | 3. O dearest LORD, thy sacred feet<br>With nails were pierced for me;<br>O pour thy blessing on my feet<br>That they may follow thee. |
| 2. O dearest LORD, thy sacred hands<br>With nails were pierced for me;<br>O shed thy blessing on my hands<br>That they may work for thee. | 4. O dearest LORD, thy sacred heart<br>With spear was pierced for me;<br>O pour thy spirit in my heart<br>That I may live for thee.   |

**The Passion of Our Lord Jesus Christ according to St Matthew 27: 1-54**

WHEN the morning was come, all the chief priests and elders of the people took counsel against Jesus, to put him to death. And when they had bound him, they led him away, and delivered him to Pontius Pilate the governor. Then Judas who had betrayed him, when he saw that he was condemned, repented himself, and brought again the thirty pieces of silver to the chief priests and elders, saying, I have sinned, in that I have betrayed the innocent blood. And they said, What is that to us? see thou to that. And he cast down the pieces of silver in the temple, and departed, and went and hanged himself. And the chief priests took the silver pieces, and said, It is not lawful for to put them into the treasury, because it is the price of blood. And they took counsel, and bought with them the potter's field, to bury strangers in. Wherefore that field was called, The field of



blood, unto this day. (Then was fulfilled that which was spoken by Jeremiah the prophet, saying, And they took the thirty pieces of silver, the price of him that was valued, whom they of the children of Israel did value, and gave them for the potter's field, as the Lord appointed me.)

And Jesus stood before the governor; and the governor asked him, saying, Art thou the King of the Jews? And Jesus said unto him, Thou sayest. And when he was accused by the chief priests and elders, he answered nothing. Then saith Pilate unto him, Hearest thou not how many things they witness against thee? And he gave him no answer, not even to a single charge, insomuch that the governor marvelled greatly. Now at that feast the governor was wont to release unto the people a prisoner, whom they would. And they had then a notable prisoner, called Barabbas. Therefore when they were gathered together, Pilate said unto them, Whom will ye that I release unto you? Barabbas, or Jesus which is called the Christ? For he knew that for envy they had delivered him. And while he was sitting on the judgement-seat, his wife sent unto him, saying, Have thou nothing to do with that just man: for I have suffered many things this day in a dream because of him. But the chief priests and elders persuaded the multitude that they should ask Barabbas, and destroy Jesus. The governor answered and said unto them, Which of the two will ye that I release unto you? They said, Barabbas. Pilate saith unto them, What shall I do then with Jesus which is called the Christ? They all say unto him, Let him be crucified. And the governor said, Why, what evil hath he done? But they cried out the more, saying, Let him be crucified. When Pilate saw that he could prevail nothing, but that the tumult increased, he took water, and washed his hands before the multitude, saying, I am innocent of the blood of this just person: see ye to it. Then answered all the people, and said, His blood be on us, and on our children. Then released he Barabbas unto them: and when he had scourged Jesus he delivered him to be crucified.

Then the soldiers of the governor took Jesus into the common hall, and gathered unto him the whole band of soldiers. And they stripped him, and put on him a scarlet robe. And when they had platted a crown of thorns they put it upon his head, and a reed in his right hand: and they bowed the knee before him, and mocked him, saying, Hail, King of the Jews. And they spit upon him, and took the reed, and smote him on the head. And after that they had mocked him they took the robe off from him, and put his own raiment on him, and led him away to crucify him.

And as they came out they found a man of Cyrene, Simon by name; him they compelled to bear his cross. And when they were come unto a place called Golgotha, that is to say, a place of a skull, they gave him vinegar to drink mingled with gall: and when he had tasted thereof, he would not drink. And they crucified him, and parted his garments, casting lots. And sitting down they watched him there; and set up over his head his accusation written, THIS IS JESUS THE KING OF THE JEWS. Then were there two thieves crucified with him; one on the right hand, and another on the left. And they that passed by reviled him, wagging their heads, and saying, Thou that destroyest the temple, and buildest it in three days, save thyself: if thou be the Son of God, come down from the cross. Likewise also the chief priests mocking him, with the scribes and elders, said, He saved others, himself he cannot save: if he be the King of Israel, let him now come down from the cross, and we will believe him. He trusted in God; let him deliver him now, if he will have him: for he said, I am the Son of God. The thieves also, which were crucified with him, cast the same in his teeth.

Now from the sixth hour there was darkness over all the land unto the ninth hour. And about the ninth hour Jesus cried with a loud voice, saying, Eli, Eli, lama sabachthani? that is to say, My God, my God, why hast thou forsaken me? Some of them that stood there, when they heard that, said, This man calleth for Elijah. And straightway one of them ran, and took a sponge, and filled it with vinegar, and put it on a reed, and gave him to drink. The rest said, Let be, let us see whether Elijah will come to save him. Jesus, when he had cried again with a loud voice, gave up the spirit. And behold, the veil of the temple was rent in twain from the top to the bottom, and the earth did quake, and the rocks rent, and the graves were opened, and many bodies of saints which slept arose, and came out of the graves after his resurrection, and went into the holy city, and appeared unto many. Now when the centurion and they that were with him, watching Jesus, saw the earthquake and those things that were done, they feared greatly, saying, Truly this was the Son of God.

## Nicene Creed

*John Merbecke (c. 1510 - c. 1585)*

*Celebrant*

I BELIEVE in one God

*Cantor*

the Father Almighty, Maker of heaven and earth, And of all things visible and invisible:

And in one Lord Jesus Christ, the only-begotten Son of God, Begotten of the Father before all worlds; God, of God; Light, of Light; Very God, of very God; Begotten, not made; Being of one substance with the Father; Through whom all things were made: Who for us men and for our salvation came down from heaven, And was incarnate by the Holy Ghost of the Virgin Mary, And was made man, And was crucified also for us under Pontius Pilate. He suffered and was buried, And the third day he rose again according to the Scriptures, And ascended into heaven, And sitteth on the right hand of the Father. And he shall come again with glory to judge both the quick and the dead: Whose kingdom shall have no end.

And I believe in the Holy Ghost, The Lord, The Giver of Life, Who proceedeth from the Father and the Son, Who with the Father and the Son together is worshipped and glorified, Who spake by the Prophets. And I believe One, Holy, Catholic, and Apostolic Church. I acknowledge one Baptism for the remission of sins. And I look for the Resurrection of the dead,

✠ And the Life of the world to come. Amen.

## THE INTERCESSION

*A server leads the prayers for the Church, ending each petition with:*

*Reader*

Lord, in thy mercy,

*People*

**Hear our prayer.**

## The Invitation to Confession and Absolution

*Celebrant*

YE that do truly and earnestly repent you of your sins, and are in love and charity with your neighbours, and intend to lead the new life, following the commandments of God, and walking from henceforth in his holy ways: Draw near with faith, and take this holy Sacrament to your comfort; and make your humble confession to Almighty God, meekly kneeling upon your knees.

*All*

**ALMIGHTY God, Father of our Lord Jesus Christ, Maker of all things, Judge of all men: We acknowledge and confess our manifold sins and wickedness, Which we from time to time most grievously have committed, By thought, word, and deed, Against thy Divine Majesty. We do earnestly repent, And are heartily sorry for these our misdoings. Have mercy upon us, most merciful Father; For thy Son our Lord Jesus Christ's sake, Forgive us all that is past; And grant that we may ever hereafter Serve and please thee In newness of life, To the honour and glory of thy Name; Through Jesus Christ our Lord. Amen.**

*Celebrant*

ALMIGHTY God, our heavenly Father, who of his great mercy hath promised forgiveness of sins to all them that with hearty repentance and true faith turn unto him: Have mercy upon you; pardon and deliver you from all your sins; confirm and strengthen you in all goodness; and bring you to everlasting life; through Jesus Christ our Lord. **Amen.**

## THE OFFERTORY

**Offertory**

*Improperium expectavit*

*Psalm 69: 21-22*

Thy rebuke hath broken my heart, I am full of heaviness: I looked for some to have pity on me, but there was no man: neither found I any to comfort me; they gave me gall to eat, and when I was thirsty they gave me vinegar to drink.

## Offertory Hymn 596

*Love Unknown*

1. MY song is love unknown,  
My SAVIOUR'S love to me,  
Love to the loveless shown,  
That they might lovely be.  
O who am I,  
That for my sake  
My LORD should take  
Frail flesh, and die?
2. He came from his blest throne,  
Salvation to bestow;  
But men made strange, and none  
The longed-for CHRIST would know  
But O, my friend,  
My friend indeed,  
Who at my need  
His life did spend!
3. Sometimes they strew his way,  
And his sweet praises sing;  
Resounding all the day  
Hosannas to their king.  
Then 'Crucify!'  
Is all their breath,  
And for his death  
They thirst and cry.
4. Why, what hath my LORD done?  
What makes this rage and spite?  
He made the lame to run,  
He gave the blind their sight.  
Sweet injuries!  
Yet they at these  
Themselves displease,  
And 'gainst him rise.
5. They rise, and needs will have  
My dear LORD made away;  
A murderer they save,  
The Prince of Life they slay.  
Yet cheerful he  
To suffering goes,  
That he his foes  
From thence might free.
6. Here might I stay and sing,  
No story so divine;  
Never was love, dear King,  
Never was grief like thine.  
This is my Friend,  
In whose sweet praise  
I all my days  
Could gladly spend.

### Secret (Prayer over the Gifts)

*Celebrant* GRANT, we beseech thee, O God: that the gift which we offer in the sight of thy majesty may obtain for us grace to serve thee with devotion, and bring us in the end to everlasting felicity: Who liveth and reigneth with thee in the unity of the Holy Ghost, ever one God, world without end. **Amen.**

### Mass Intentions of the Day

*Celebrant* Pray, brethren, that my sacrifice and yours be acceptable unto God the Father Almighty.

*People* **May the Lord receive the sacrifice at thy hands, to the praise and glory of His Name, to our benefit and to that of all His Holy Church.**

### THE CANON OF THE MASS

*Celebrant* THE Lord be with you;

*People* **And with thy spirit.**

*Celebrant* Lift up your hearts;

*People* **We lift them up unto the Lord.**

*Celebrant* Let us give thanks unto our Lord God;

*People* **It is meet and right so to do.**

*Celebrant* IT is very meet, right, and our bounden duty, that we should at all times, and in all places give thanks unto thee, O Lord, Holy Father, Almighty, Everlasting God, Creator and Preserver of all things.



FOR the redemption of the world by the death and passion of our Saviour Christ, both God and Man; who did humble himself, even to the death upon the Cross for us sinners, who lay in darkness and the shadow of death; that he might make us the children of God, and exalt us to everlasting life.

THEREFORE with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee and saying:

**Sanctus and Benedictus**

*Merbecke*

HOLY, Holy, Holy, Lord God of hosts, Heaven and earth are full of thy glory.  
Glory be to thee, O Lord Most High.

BLESSED ✠ is he that cometh in the Name of the Lord: Hosanna in the highest.

*Celebrant*

BLESSING and glory and thanksgiving be unto thee Almighty God, our heavenly Father, who of thy tender mercy didst give thine only Son Jesus Christ to take our nature upon him, and to suffer death upon the Cross for our redemption; who made there, by his one oblation of himself once offered, a full, perfect, and sufficient sacrifice, oblation, and satisfaction, for the sins of the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memorial of that his precious death, until his coming again.

Hear us, O merciful Father, we most humbly beseech thee; and grant that we receiving these thy creatures of bread and wine, according to thy Son our Saviour Jesus Christ's holy institution, in remembrance of his death and passion, may be partakers of his most blessed Body and Blood; who, in the same night that he was betrayed, took Bread; and, when he had given thanks, he brake it; and gave it to his disciples, saying, Take, eat; this is my Body which is given for you: Do this in remembrance of me. ✠ Likewise after supper he took the Cup; and, when he had given thanks, he gave it to them, saying, Drink ye all, of this; for this is my Blood of the new Covenant, which is shed for you and for many for the remission of sins: Do this, as oft as ye shall drink it, in remembrance of me. ✠

Wherefore, O Father, Lord of heaven and earth, we thy humble servants, with all thy holy Church, remembering the precious death of thy beloved Son, his mighty resurrection, and glorious ascension, and looking for his coming again in glory, do make before thee, in this sacrament of the holy Bread of eternal life and the Cup of everlasting salvation, the memorial which he hath commanded; And we entirely desire thy fatherly goodness mercifully to accept this our sacrifice of praise and thanksgiving, most humbly beseeching thee to grant, that by the merits and death of thy Son Jesus Christ, and through faith in his blood, we and all thy whole Church may obtain remission of our sins, and all other benefits of his passion; And we pray that by the power of thy Holy Spirit, all we who are partakers of this holy Communion may be fulfilled with thy grace and heavenly benediction; through Jesus Christ our Lord, by whom and with whom, in the unity of the Holy Spirit, all honour and glory be unto thee, O Father Almighty, world without end.

*People*

**Amen.**

**THE COMMUNION**

**The Lord's Prayer**

*Celebrant*

Let us pray. As our Saviour Christ hath commanded and taught us, we are bold to say,

*All*

**Our Father who art in heaven, Hallowed be thy Name, Thy kingdom come, Thy will be done, on earth as it is in heaven. Give us this day our daily bread; And forgive us our trespasses, As we forgive them that trespass against us; And lead us not into temptation, But deliver us from evil. For thine is the kingdom, the power, and the glory, For ever and ever. Amen.**

## The Fraction and Pax

*Celebrant* The Peace of the Lord be always with you.  
*People* **And with thy spirit.**

## The Prayer of Humble Access

*All* **We do not presume to come to this thy Table, O merciful Lord, Trusting in our own righteousness, But in thy manifold and great mercies. We are not worthy So much as to gather up the crumbs under thy Table. But thou art the same Lord, Whose property is always to have mercy: Grant us therefore, gracious Lord, So to eat the Flesh of thy dear Son Jesus Christ, And to drink his Blood, That our sinful bodies may be made clean by his Body, And our souls washed through his most precious Blood, And that we may evermore dwell in him, And he in us. Amen.**

## Agnus Dei

*Merbecke*

O LAMB of God, that takest away the sin of the world, have mercy upon us.  
O Lamb of God, that takest away the sin of the world, have mercy upon us.  
O Lamb of God, that takest away the sin of the world, grant us thy peace.

## Invitation to Communion

*Celebrant* Behold the Lamb of God ...  
*All* **Lord, I am not worthy that Thou shouldst come under my roof,  
but speak the word only and my soul shall be healed.**

## Communion *Pater, si non potest*

*St Matthew 26: 42*

O my Father, if this cup may not pass away from me, except I drink it: thy will be done.

## Music at Communion Hymn 139

*Passion Chorale*

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|---|--|
| <p>1. O SACRED head surrounded<br/>By crown of piercing thorn!<br/>O bleeding head, so wounded,<br/>Reviled, and put to scorn!<br/>Death's pallid hue comes o'er thee,<br/>The glow of life decays,<br/>Yet angel-hosts adore thee,<br/>And tremble as they gaze.</p> <p>2. I see thy strength and vigour<br/>All fading in the strife,<br/>And death with cruel rigour<br/>Bereaving thee of life;</p> | <p>O agony and dying!<br/>O love to sinners free!<br/>JESU, all grace supplying,<br/>O turn thy face on me.</p> <p>3. In this thy bitter Passion,<br/>Good Shepherd, think of me<br/>With thy most sweet compassion,<br/>Unworthy though I be:<br/>Beneath thy Cross abiding<br/>For ever would I rest,<br/>In thy dear love confiding,<br/>And with thy presence blest.</p> |
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## Act of Spiritual Communion

*In Union, dear Lord, with the faithful at every altar of thy Church where thy blessed Body and Blood are being offered to the Father, I desire to offer thee praise and thanksgiving. I believe that thou art truly present in the Holy Sacrament. And since I cannot now receive thee sacramentally, I beseech thee to come spiritually into my heart. I unite myself unto thee, and embrace thee with all the affections of my soul. Let me never be separated from thee. Let me live and die in thy love. Amen.*

## THANKSGIVING AND DISMISSAL

### Prayer after Communion

*Celebrant* ALMIGHTY and everliving God,

*All* we most heartily thank thee that thou dost graciously feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Saviour Jesus Christ; assuring us thereby of thy favour and goodness towards us; and that we are living members of his mystical body, which is the blessed company of all faithful people; and are also heirs through hope of thy everlasting kingdom.

And here we offer and present unto thee, O Lord, ourselves, our souls and bodies, to be a reasonable, holy, and living sacrifice unto thee. And although we are unworthy, yet we beseech thee to accept this our bounden duty and service, not weighing our merits, but pardoning our offences; through Jesus Christ our Lord, to whom, with thee and the Holy Ghost, be all honour and glory, world without end. Amen.

### The Blessing

*Celebrant* THE peace of God, which passeth all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord: And the blessing of God Almighty, ✠ the Father, the Son, and the Holy Ghost, be amongst you and remain with you always. Amen.

### The Dismissal

*Celebrant* The Lord be with you.

*People* **And with thy spirit.**

*Celebrant* Let us depart in peace.

*People* **Thanks be to God.**

### Post-Communion Hymn 589 v.1-5

*Breslau*

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| <p>1. TAKE up thy cross, the SAVIOUR said<br/>If thou wouldst my disciple be;<br/>Deny thyself, the world forsake,<br/>And humbly follow after me.</p> <p>2. Take up thy cross; let not its weight<br/>Fill thy weak spirit with alarm;<br/>His strength shall bear thy spirit up,<br/>And brace thy heart, and nerve thine arm.</p> | <p>3. Take up thy cross, nor heed the shame,<br/>Nor let thy foolish pride rebel;<br/>Thy LORD for thee the Cross endured,<br/>To save thy soul from death and hell.</p> <p>4. Take up thy cross then in his strength,<br/>And calmly every danger brave;<br/>'Twill guide thee to a better home,<br/>And lead to victory o'er the grave.</p> <p>5. Take up thy cross and follow CHRIST,<br/>Nor think till death to lay it down;<br/>For only he who bears the cross<br/>May hope to wear the glorious crown.</p> |
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### Announcements and the Angelus

*Celebrant* The Angel of the Lord brought tidings unto Mary;

*People* **And she conceived by the Holy Ghost.**

*Celebrant* Hail, Mary, full of grace: the Lord is with thee;  
Blessèd art thou amongst women, and blessèd is the fruit of thy womb, Jesus.

*People* **Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death.**

*Celebrant* Behold the handmaid of the Lord;

*People* **Be it unto me according to thy word.**

*Celebrant* Hail, Mary...

*People* **Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death.**

*Celebrant* And the Word was made flesh.

*People* **And dwelt among us.**

*Celebrant* Hail, Mary...

*People* **Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death.**

*Celebrant* Pray for us, O holy Mother of God;

*People* **That we may be made worthy of the promises of Christ.**

*Celebrant* We beseech thee, O Lord, pour Thy grace into our hearts; that as we have known the Incarnation of Thy Son Jesus Christ by the message of an angel, so by His ✠ Cross and Passion we may be brought unto the glory of His Resurrection; through the same Jesus Christ our Lord. **Amen.**

*Celebrant* The Lord be with you;

*People* **And with thy spirit.**

*Celebrant* Let us bless the Lord;

*People* **Thanks be to God.**

*Celebrant* May the Divine assistance remain with us always, and may the souls ✠ of the faithful departed, through the mercy of God, rest in peace. **Amen.**

**Organ Postlude** Adagio for Strings, Op. 11

*Samuel Barber* (1910-1981)



## St. Barnabas, Apostle and Martyr

The Anglo-Catholic Parish in the Diocese of Ottawa  
 Celebrating 132 years of worship and service: 1889-2021

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