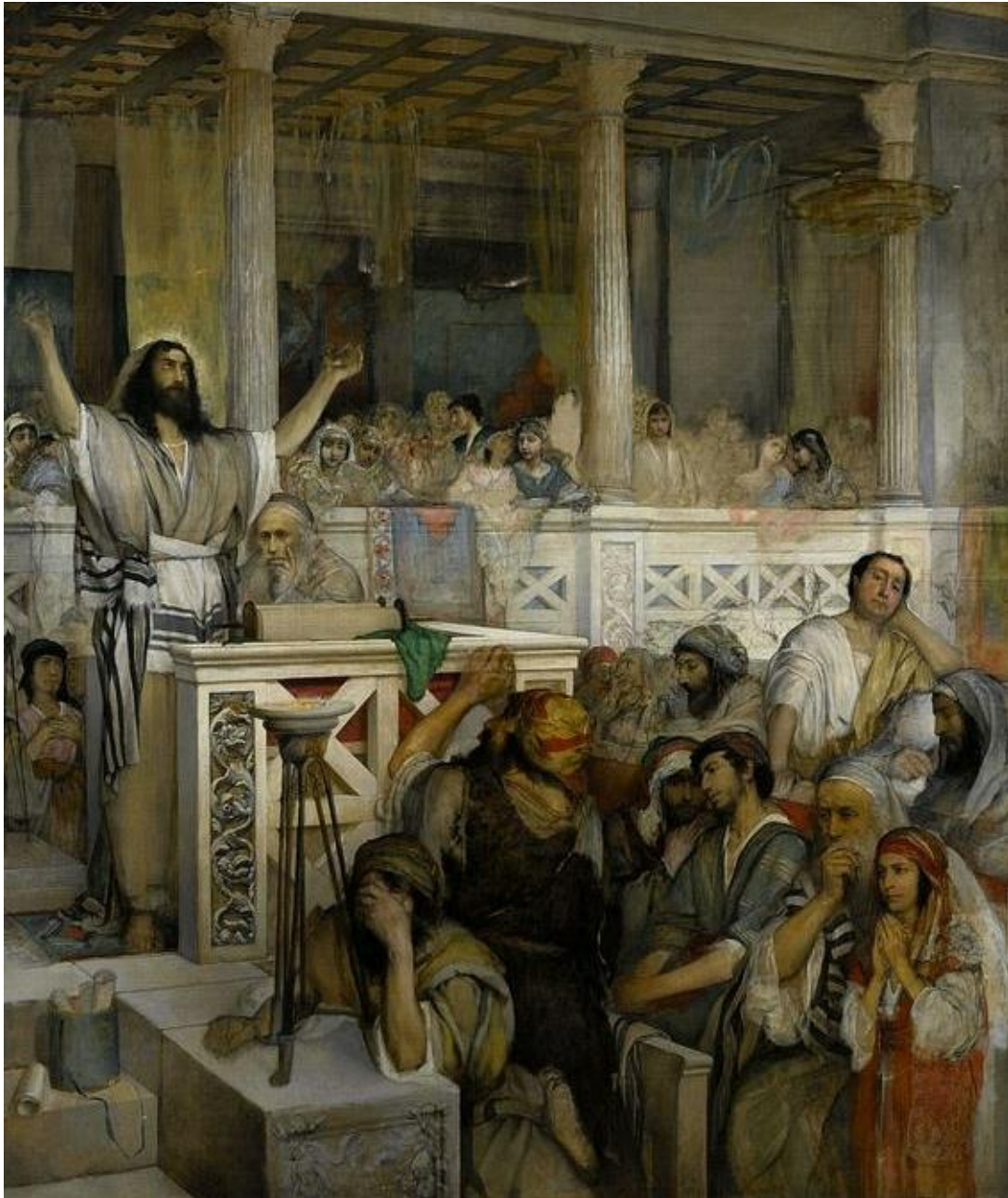




ST BARNABAS

Apostle & Martyr



Christ teaching in Capernaum, oil on canvas, c. 1878-1879, *Maurycy Gottlieb* (1856-1879)

31st January 2021

The Fourth Sunday after the Epiphany

Missa cantata

Organ Prelude Prelude and Bell Allegro

John Stanley (1712-1786)

Please stand for the entrance of the sacred ministers.

The Asperges

As a cantor sings the Asperges me, the Celebrant sprinkles Holy Water.

Cantor Thou shalt purge me, O Lord, with hyssop, and I shall be clean; thou shalt wash me, and I shall be whiter than snow. *Psalm 51:1* Have mercy upon me, O God, after thy great goodness. Glory be to the Father, and to the Son, and to the Holy Ghost: as it was in the beginning, is now, and ever shall be: world without end. Amen. Thou shalt purge me...

Celebrant O Lord, show thy mercy upon us.
People **And grant us thy salvation.**

Celebrant O Lord, hear my prayer.
People **An let my cry come unto thee.**

Celebrant The Lord be with you;
People **And with thy spirit.**

Celebrant Let us pray.

Graciously hear us, O Lord, holy Father Almighty, everlasting God: and vouchsafe to send thy holy Angel from heaven; to guard and cherish, to protect and visit, and to defend all who dwell in thy holy habitation. Through Christ our Lord.

People **Amen.**

Introit *Circumdederunt me* *Psalm 18:5-7*

The sorrows of death came about me; the pains of hell gat hold upon me: and in my tribulation I made my prayer unto the Lord, and he regarded my supplication out of his holy temple.
Ps. 18:2-3 I will love thee, O Lord, my strength: the Lord is my stony rock, my fortress, and my Saviour. Glory be ... The sorrows of death ...

Salutation and Collect for Purity

Celebrant The grace ✠ of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Ghost, be with you all.

People **And with thy spirit.**

ALMIGHTY God, unto whom all hearts be open, all desires known, and from whom no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of thy Holy Spirit, that we may perfectly love thee, and worthily magnify thy holy Name; through Christ our Lord. **Amen.**

Kyrie and Gloria

Missa de Angelis

Kyrie eleison	<i>Lord, have mercy upon us</i>
Christe eleison	<i>Christ, have mercy upon us</i>
Kyrie eleison	<i>Lord, have mercy upon us</i>

Celebrant GLORY be to God on high,
Cantors and in earth peace, good will towards men. We praise thee, we bless thee, we worship thee, we glorify thee, we give thanks to thee for thy great glory, O Lord God, heavenly King, God the Father Almighty.
O Lord, the only-begotten Son, Jesu Christ; O Lord God, Lamb of God, Son of the Father, that takest away the sin of the world, have mercy upon us. Thou that takest away the sin of the world, receive our prayer. Thou that sittest at the right hand of God the Father, have mercy upon us. For thou only art holy; thou only art the Lord; thou only, O Christ, with the Holy Ghost, art most high in the glory of God the Father. Amen.

The Collect of the Day

Celebrant The Lord be with you;
People **And with thy spirit.**

Celebrant O GOD, who knowest us to be set in the midst of so many and great dangers, that by reason of the frailty of our nature we cannot always stand upright: Grant to us such strength and protection, as may support us in all dangers, and carry us through all temptations; through Jesus Christ our Lord. **Amen.**

THE LITURGY OF THE WORD

Deuteronomy 18:15-20

“The Lord your God will raise up for you a prophet like me from among you, from your brothers—it is to him you shall listen— just as you desired of the Lord your God at Horeb on the day of the assembly, when you said, ‘Let me not hear again the voice of the Lord my God or see this great fire any more, lest I die.’ And the Lord said to me, ‘They are right in what they have spoken. I will raise up for them a prophet like you from among their brothers. And I will put my words in his mouth, and he shall speak to them all that I command him. And whoever will not listen to my words that he shall speak in my name, I myself will require it of him. But the prophet who presumes to speak a word in my name that I have not commanded him to speak, or who speaks in the name of other gods, that same prophet shall die.’

Reader The Word of the Lord
People **Thanks be to God.**

Psalm 111 *Confitebor tibi*

I WILL give thanks unto the LORD with my whole heart, / in the council of the faithful and in the congregation.
The works of the LORD are great, / sought out of all them that have pleasure therein.
His work is worthy to be praised and had in honour; / and his righteousness endureth for ever.
The merciful and gracious LORD hath so done his marvellous works, / that they ought to be had in remembrance.
He hath given meat unto them that fear him; / he shall ever be mindful of his covenant.
He hath showed his people the power of his works, / in giving them the heritage of the nations.
The works of his hands are verity and judgement; / all his precepts are sure;
They stand fast for ever and ever, / and are done in truth and equity.
He sent redemption unto his people; / he hath commanded his covenant for ever; holy and reverend is his Name.
The fear of the LORD is the beginning of wisdom; / a good understanding have all they that do thereafter; his praise endureth for ever.

1 Corinthians 8:1-13

Now concerning food offered to idols: we know that “all of us possess knowledge.” This “knowledge” puffs up, but love builds up. If anyone imagines that he knows something, he does not yet know as he ought to know. But if anyone loves God, he is known by God.

Therefore, as to the eating of food offered to idols, we know that “an idol has no real existence,” and that “there is no God but one.” For although there may be so-called gods in heaven or on earth—as indeed there are many “gods” and many “lords”—yet for us there is one God, the Father, from whom are all things and for whom we exist, and one Lord, Jesus Christ, through whom are all things and through whom we exist.

However, not all possess this knowledge. But some, through former association with idols, eat food as really offered to an idol, and their conscience, being weak, is defiled. Food will not commend us to God. We are no worse off if we do not eat, and no better off if we do. But take care that this right of yours does not somehow become a stumbling block to the weak. For if anyone sees you who have knowledge eating in an idol's temple, will he not be encouraged, if his conscience is weak, to eat food offered to idols? And so by your knowledge this weak person is destroyed, the brother for whom Christ died. Thus, sinning against your brothers and wounding their conscience when it is weak, you sin against Christ. Therefore, if food makes my brother stumble, I will never eat meat, lest I make my brother stumble.

*Reader
People*

The Word of the Lord
Thanks be to God.

Gradual

Adjutor in opportunitatibus

Psalm 9:9-10, 18-19

The Lord will be a refuge in the time of trouble; and they that know thy Name will put their trust in thee: for thou, Lord, hast never failed them that seek thee. *℟.* For the poor shall not always be forgotten; the patient abiding of the meek shall not perish for ever: up, Lord, and let not man have the upper hand.

Alleluia

Adorabo ad Templum

Psalm 138:2

Alleluia. Alleluia. I will worship toward thy holy temple: and praise thy Name. Alleluia.

The Gospel

St Mark 1:21-28

*Celebrant
People*

The Lord be with you.
And with thy spirit.

Celebrant

✠ The Holy Gospel is written in the first chapter of the Gospel according to St Mark, beginning at the twenty-first verse.

People

Glory be to thee, O Lord.

And they went into Capernaum, and immediately on the Sabbath he entered the synagogue and was teaching. And they were astonished at his teaching, for he taught them as one who had authority, and not as the scribes. And immediately there was in their synagogue a man with an unclean spirit. And he cried out, “What have you to do with us, Jesus of Nazareth? Have you come to destroy us? I know who you are—the Holy One of God.” But Jesus rebuked him, saying, “Be silent, and come out of him!” And the unclean spirit, convulsing him and crying out with a loud voice, came out of him. And they were all amazed, so that they questioned among themselves, saying, “What is this? A new teaching with authority! He commands even the unclean spirits, and they obey him.” And at once his fame spread everywhere throughout all the surrounding region of Galilee.

Celebrant The Gospel of the Lord.
People **Praise be to thee, O Christ.**

Sermon

Fr Stewart Murray

Nicene Creed

Missa de Angelis

Celebrant I BELIEVE in one God
the Father Almighty, Maker of heaven and earth, And of all things visible and invisible:
And in one Lord Jesus Christ, the only-begotten Son of God, Begotten of the Father before all
worlds; God, of God; Light, of Light; Very God, of very God; Begotten, not made; Being of one
substance with the Father; Through whom all things were made: Who for us men and for our
salvation came down from heaven, And was incarnate by the Holy Ghost of the Virgin Mary,
And was made man, And was crucified also for us under Pontius Pilate. He suffered and was
buried, And the third day he rose again according to the Scriptures, And ascended into heaven,
And sitteth on the right hand of the Father. And he shall come again with glory to judge both the
quick and the dead: Whose kingdom shall have no end.

And I believe in the Holy Ghost, The Lord, The Giver of Life, Who proceedeth from the
Father and the Son, Who with the Father and the Son together is worshipped and glorified, Who
spake by the Prophets. And I believe One, Holy, Catholic, and Apostolic Church. I acknowledge
one Baptism for the remission of sins. And I look for the Resurrection of the dead,

✠ And the Life of the world to come. Amen.

THE INTERCESSION

A server leads the prayers for the Church, ending each petition with:

Reader Lord, in thy mercy,
People **Hear our prayer.**

The Invitation to Confession and Absolution

Celebrant YE that do truly and earnestly repent you of your sins, and are in love and charity with your
neighbours, and intend to lead the new life, following the commandments of God, and walking
from henceforth in his holy ways: Draw near with faith, and take this holy Sacrament to your
comfort; and make your humble confession to Almighty God, meekly kneeling upon your knees.

All **ALMIGHTY God, Father of our Lord Jesus Christ, Maker of all things, Judge of all men:
We acknowledge and confess our manifold sins and wickedness, Which we from time to
time most grievously have committed, By thought, word, and deed, Against thy Divine
Majesty. We do earnestly repent, And are heartily sorry for these our misdoings. Have
mercy upon us, most merciful Father; For thy Son our Lord Jesus Christ's sake, Forgive
us all that is past; And grant that we may ever hereafter Serve and please thee In newness
of life, To the honour and glory of thy Name; Through Jesus Christ our Lord. Amen.**

Celebrant ALMIGHTY God, our heavenly Father, who of his great mercy hath promised forgiveness of
sins to all them that with hearty repentance and true faith turn unto him: Have mercy upon you;
pardon and deliver you from all your sins; confirm and strengthen you in all goodness; and bring
you to everlasting life; through Jesus Christ our Lord. **Amen.**

THE OFFERTORY

Offertory *Bonum est confiteri*

Psalm 92:1

It is a good thing to give thanks unto the Lord: and to sing praises unto thy Name, O Most Highest.

Offertory Hymn

Lobe den Herren

1. PRAISE to the LORD, the Almighty, the King of creation;
O my soul, praise him, for he is thy health and salvation:
All ye who hear,
Now to his temple draw near
Joining in glad adoration.
2. Praise to the LORD, who o'er all things so wondrously reigneth,
Shelters thee under his wings, yea, so gently sustaineth:
Hast thou not seen
How thy entreaties have been
Granted in what he ordaineth?
3. Praise to the LORD, who doth prosper thy work, and defend thee;
Surely his goodness and mercy here daily attend thee:
Ponder anew
What the Almighty can do.
If with his love he befriend thee.
6. Praise to the LORD! O let all that is in me adore him!
All that hath life and breath come now with praises before him!
Let the Amen
Sound from his people again:
Gladly for aye we adore him.

Secret (Prayer over the Gifts)

Celebrant GRANT, we beseech thee, Almighty God: that the frailty of our mortal nature may by this oblation of our sacrifice, be cleansed from all iniquity and defended against all temptations; through Jesus Christ, thy Son our Lord, who liveth and reigneth with thee in the unity of the Holy Ghost, ever one God, world without end. **Amen.**

Mass Intentions of the Day

Celebrant Pray, brethren, that my sacrifice and yours be acceptable unto God the Father almighty.
People **May the Lord receive the sacrifice at thy hands, to the praise and glory of His Name, to our benefit and to that of all His Holy Church.**

THE CANON OF THE MASS

Celebrant THE Lord be with you;

People **And with thy spirit.**

Celebrant Lift up your hearts;

People **We lift them up unto the Lord.**

Celebrant Let us give thanks unto our Lord God;

People **It is meet and right so to do.**

Celebrant IT is very meet, right, and our bounden duty, that we should at all times, and in all places give thanks unto thee, O Lord, Holy Father, Almighty, Everlasting God, Creator and Preserver of all things.

THEREFORE with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee and saying:

Sanctus and Benedictus

Missa de Angelis

HOLY, Holy, Holy, Lord God of hosts, Heaven and earth are full of thy glory.
Glory be to thee, O Lord Most High.

BLESSED ✠ is he that cometh in the Name of the Lord: Hosanna in the highest.

Celebrant BLESSING and glory and thanksgiving be unto thee Almighty God, our heavenly Father, who of thy tender mercy didst give thine only Son Jesus Christ to take our nature upon him, and to suffer death upon the Cross for our redemption; who made there, by his one oblation of himself once offered, a full, perfect, and sufficient sacrifice, oblation, and satisfaction, for the sins of the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memorial of that his precious death, until his coming again.

Hear us, O merciful Father, we most humbly beseech thee; and grant that we receiving these thy creatures of bread and wine, according to thy Son our Saviour Jesus Christ's holy institution, in remembrance of his death and passion, may be partakers of his most blessed Body and Blood; who, in the same night that he was betrayed, took Bread; and, when he had given thanks, he brake it; and gave it to his disciples, saying, Take, eat; this is my Body which is given for you: Do this in remembrance of me. ✠ Likewise after supper he took the Cup; and, when he had given thanks, he gave it to them, saying, Drink ye all, of this; for this is my Blood of the new Covenant, which is shed for you and for many for the remission of sins: Do this, as oft as ye shall drink it, in remembrance of me. ✠

Wherefore, O Father, Lord of heaven and earth, we thy humble servants, with all thy holy Church, remembering the precious death of thy beloved Son, his mighty resurrection, and glorious ascension, and looking for his coming again in glory, do make before thee, in this sacrament of the holy Bread of eternal life and the Cup of everlasting salvation, the memorial which he hath commanded; And we entirely desire thy fatherly goodness mercifully to accept this our sacrifice of praise and thanksgiving, most humbly beseeching thee to grant, that by the merits and death of thy Son Jesus Christ, and through faith in his blood, we and all thy whole Church may obtain remission of our sins, and all other benefits of his passion; And we pray that by the power of thy Holy Spirit, all we who are partakers of this holy Communion may be fulfilled with thy grace and heavenly benediction; through Jesus Christ our Lord, by whom and with whom, in the unity of the Holy Spirit, all honour and glory be unto thee, O Father Almighty, world without end.

People **Amen.**

THE COMMUNION

The Lord's Prayer

Celebrant Let us pray. As our Saviour Christ hath commanded and taught us, we are bold to say,
All **Our Father who art in heaven, Hallowed be thy Name, Thy kingdom come, Thy will be done, on earth as it is in heaven. Give us this day our daily bread; And forgive us our trespasses, As we forgive them that trespass against us; And lead us not into temptation, But deliver us from evil. For thine is the kingdom, the power, and the glory, For ever and ever. Amen.**

The Fraction and Pax

Celebrant The Peace of the Lord be always with you.
People **And with thy spirit.**

The Prayer of Humble Access

All **We do not presume to come to this thy Table, O merciful Lord, Trusting in our own righteousness, But in thy manifold and great mercies. We are not worthy So much as to gather up the crumbs under thy Table. But thou art the same Lord, Whose property is always to have mercy: Grant us therefore, gracious Lord, So to eat the Flesh of thy dear Son Jesus Christ, And to drink his Blood, That our sinful bodies may be made clean by his Body, And our souls washed through his most precious Blood, And that we may evermore dwell in him, And he in us. Amen.**

Agnus Dei

Missa de Angelis

O LAMB of God, that takest away the sin of the world, have mercy upon us.
O Lamb of God, that takest away the sin of the world, have mercy upon us.
O Lamb of God, that takest away the sin of the world, grant us thy peace.

Invitation to Communion

Celebrant Behold the Lamb of God ...
All **Lord, I am not worthy that Thou shouldst come under my roof,
but speak the word only and my soul shall be healed.**

Communion *Illumina faciem*

Psalm 31:19-20

Shew thy servant the light of thy countenance, and save me for thy mercies' sake: let me not be confounded, O Lord, for I have called upon thee.

Act of Spiritual Communion

In Union, dear Lord, with the faithful at every altar of thy Church where thy blessed Body and Blood are being offered to the Father, I desire to offer thee praise and thanksgiving. I believe that thou art truly present in the Holy Sacrament. And since I cannot now receive thee sacramentally, I beseech thee to come spiritually into my heart. I unite myself unto thee, and embrace thee with all the affections of my soul. Let me never be separated from thee. Let me live and die in thy love. Amen.

May the Body and Blood of our Lord Jesus Christ preserve my body and soul unto everlasting life. Amen.

THANKSGIVING AND DISMISSAL

Prayer after Communion

Celebrant ALMIGHTY and everliving God,

All **we most heartily thank thee that thou dost graciously feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Saviour Jesus Christ; assuring us thereby of thy favour and goodness towards us; and that we are living members of his mystical body, which is the blessed company of all faithful people; and are also heirs through hope of thy everlasting kingdom.**

And here we offer and present unto thee, O Lord, ourselves, our souls and bodies, to be a reasonable, holy, and living sacrifice unto thee. And although we are unworthy, yet we beseech thee to accept this our bounden duty and service, not weighing our merits, but pardoning our offences; through Jesus Christ our Lord, to whom, with thee and the Holy Ghost, be all honour and glory, world without end. Amen.

The Blessing

Celebrant THE peace of God, which passeth all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord: And the blessing of God Almighty, ✠ the Father, the Son, and the Holy Ghost, be amongst you and remain with you always. **Amen.**

The Dismissal

Celebrant The Lord be with you.

People **And with thy spirit.**

Celebrant Let us depart in peace.

People **Thanks be to God.**

Post-Communion Hymn

Monkland

- | | |
|--|--|
| 1. LET us with a gladsome mind
Praise the LORD, for he is kind:
For his mercies aye endure,
Ever faithful, ever sure. | 3. He the golden-tressèd sun
Caused all day his course to run:
For his mercies aye endure,
Ever faithful, ever sure. |
| 2. He with all-commanding might
Filled the new-made world with light:
For his mercies aye endure,
Ever faithful, ever sure. | 4. All things living he doth feed,
His full hand supplies their need:
For his mercies aye endure,
Ever faithful, ever sure. |
| 5. Let us then with gladsome mind,
Praise the LORD, for he is kind.
For his mercies aye endure,
Ever faithful, ever sure. | |

Announcements and the Angelus

Celebrant The Angel of the Lord brought tidings unto Mary;

People **And she conceived by the Holy Ghost.**

Celebrant Hail, Mary, full of grace: the Lord is with thee;

Blessèd art thou amongst women, and blessèd is the fruit of thy womb, Jesus.

People **Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death.**

Celebrant Behold the handmaid of the Lord;

People **Be it unto me according to thy word.**

Celebrant Hail, Mary...

People **Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death.**

Celebrant And the Word was made flesh.

People **And dwelt among us.**

Celebrant Hail, Mary...

People **Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death.**

Celebrant Pray for us, O holy Mother of God;

People **That we may be made worthy of the promises of Christ.**

Celebrant We beseech thee, O Lord, pour Thy grace into our hearts; that as we have known the Incarnation of Thy Son Jesus Christ by the message of an angel, so by His ✠ Cross and Passion we may be brought unto the glory of His Resurrection; through the same Jesus Christ our Lord. **Amen.**

Celebrant The Lord be with you;
People **And with thy spirit.**

Celebrant Let us bless the Lord;
People **Thanks be to God.**

Celebrant May the Divine assistance remain with us always, and may the souls ✠ of the faithful departed, through the mercy of God, rest in peace. **Amen.**

Organ Postlude Gaudeamus

S. Sidney Campbell (1909-1974)

In memoriam

The Light before the Blessèd Sacrament burns to the Glory of God and in memory of John Buck,
from his cousins Ronald and Peter Bentley.



St. Barnabas, Apostle and Martyr

The Anglo-Catholic Parish in the Diocese of Ottawa
Celebrating 132 years of worship and service: 1889-2021

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